

## XXII Biegi Niepodległości

11.11.2015, Ruda Śląska



Open	Imię	Nazwisko	Nr	Klub	Kat.	2,5km	5km	7,5km	Czas
1	MARCIN	CIEPŁAK	102	CHEMIKA RYBNIK	KAT5 \ 1	00:09:05	00:18:20	00:27:43	00:36:47
2	KAMIL	CZAPLA	191	CHEMIKA-RYBNIK	KAT5 \ 2	00:09:06	00:18:20	00:27:43	00:36:51
3	PAWEŁ	NAWROT	119	BIEG Z CHRYSUSEM!	KAT5 \ 3	00:09:06	00:18:20	00:27:44	00:37:01
4	KAMIL	BEZNER	295	BIEG Z CHRYSUSEM	KAT5 \ 4	00:09:07	00:18:23	00:27:55	00:37:17
5	DAMIAN	POŁEĆ	140	TL POGOŃ RUDA ŚLĄSKA	KAT5 \ 5	00:18:25	00:09:06	00:28:07	00:37:49
6	ADRIAN	POŁEĆ	60		KAT5 \ 6	00:09:08	00:18:26	00:28:20	00:38:18
7	PIOTR	BIELIŃSKI	152	SOKÓŁ KNURÓW	KAT5 \ 7	00:09:12	00:18:54	00:28:46	00:38:22
8	KAMIL	KRAWCZYK	34	SPORTOWE PIEKARY	KAT5 \ 8	00:09:13	00:18:38	00:28:28	00:38:24
9	ARKADIUSZ	POŁEĆ	253	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT5 \ 9	00:09:23	00:19:04	00:28:54	00:38:41
10	MATEUSZ	WŁOSTOWSKI	217	MKS MOSIR BYTOM	KAT5 \ 10	00:09:24	00:19:14	00:29:10	00:38:46
11	MARCIN	JARCZYK	275		KAT5 \ 11	00:09:21	00:19:18	00:29:20	00:39:01
12	ADAM	JAGIEŁA	257	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT6 \ 1	00:09:22	00:19:18	00:29:16	00:39:06
13	MIROSŁAW	POŁEĆ	139	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT6 \ 2	00:09:34	00:19:27	00:29:33	00:39:36
14	RAFAŁ	ULFIK	237	RMD MONTRAIL TEAM	KAT5 \ 12	00:09:33	00:19:31	00:29:39	00:39:39
15	MACIEJ	ŚNIEGÓRSKI	202	SKLEP BIEGACZA	KAT5 \ 13	00:09:50	00:19:45	00:29:54	00:39:39
16	ARTUR	ROSIŃSKI	156	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT5 \ 14	00:09:12	00:19:14	00:29:33	00:40:05
17	MICHAŁ	GARCZARCZYK	105	SKLEPBIEGACZA.PL	KAT5 \ 15	00:09:38	00:19:44	00:29:59	00:40:10
18	WOJCIECH	HOLONA	24	SBD ENERGETYK RYBNIK	KAT6 \ 3	00:09:40	00:19:35	00:29:50	00:40:11
19	ANDRZEJ	GRZESIK	228	ZAWISZA	KAT7 \ 1	00:09:48	00:19:54	00:30:11	00:40:28
20	DAWID	ZACZEK	178	TL POGOŃ RUDA ŚLĄSKA	KAT5 \ 16	00:09:11	00:19:34	00:30:05	00:40:38
21	PAWEŁ	WYLĘŻEK	125	SPORTOWE PIEKARY	KAT5 \ 17	00:09:46	00:19:59	00:30:25	00:40:46
22	DOMINIKA	WIŚNIEWSKA-ULFIK	236	RMD MONTRAIL TEAM	KAT2 \ 1	00:09:46	00:19:58	00:30:30	00:41:08

23	MAREK	NAWROT	118	BIEG Z CHRYSYSEM!	KAT5 \ 18	00:10:31	00:20:44	00:31:01	00:41:18
24	ANDRZEJ	WRZESIŃSKA	189		KAT7 \ 2	00:09:57	00:20:18	00:30:48	00:41:20
25	PRZEMYSŁAW	BASA	194	KRS TKKF JASTRZĄB" RUDA ŚLĄSKA"	KAT6 \ 4	00:10:22	00:20:35	00:31:08	00:41:40
26	KATARZYNA	CZYŻ	199	TL POGOŃ RUDA ŚLĄSKA	KAT3 \ 1	00:10:08	00:20:41	00:31:14	00:41:47
27	DALIA	DELEWSKA	197	SKLEPBIEGACZA.PL/ MKS-MOS PŁOMIEŃ SOSNOWIEC	KAT2 \ 2	00:10:11	00:20:49	00:31:27	00:41:59
28	DARIUSZ	SZKODA	282		KAT5 \ 19	00:10:23	00:21:04	00:31:44	00:42:08
29	ANDRZEJ	GŁUSZEK	172		KAT6 \ 5	00:10:32	00:20:59	00:31:46	00:42:08
30	KRZYSZTOF	KOZIOŁ	33		KAT6 \ 6	00:10:17	00:20:48	00:31:33	00:42:09
31	AGNIESZKA	KOBIERSKA	165	AZS AWF KATOWICE	KAT2 \ 3	00:10:07	00:20:41	00:31:26	00:42:14
32	JAN	DEŃCA	130		KAT8 \ 1	00:10:28	00:21:05	00:31:49	00:42:17
33	TADEUSZ	SKORUPA	71	MISTRZ AMATOR	KAT8 \ 2	00:10:45	00:21:18	00:31:53	00:42:19
34	JANUSZ	PYTEL	222	SOKÓŁ ZAKOPANE	KAT7 \ 3	00:10:24	00:21:07	00:31:55	00:42:33
35	KAMIL	KUBICKI	167		KAT5 \ 20	00:09:24	00:19:44	00:31:14	00:42:37
36	MATEUSZ	UCHEREK	89		KAT5 \ 21	00:10:12	00:20:50	00:31:48	00:42:42
37	ADAM	OCHWAT	170	ADS MASNA KRYTYCZNA	KAT5 \ 22	00:10:20	00:21:12	00:32:27	00:42:50
38	KRZYSZTOF	SARWIŃSKI	280	ADSMASA KRYTYCZNA	KAT5 \ 23	00:10:17	00:21:11	00:32:26	00:42:52
39	JÓZEF	CHMIELORZ	7		KAT5 \ 24	00:10:36	00:21:41	00:32:28	00:43:00
40	BARTŁOMIEJ	ZBĄSKI	98		KAT5 \ 25	00:10:26	00:21:15	00:32:27	00:43:15
41	ANNA	SZYJKA	185	MKS SMS VICTORIA RACIBÓRZ	KAT2 \ 4	00:10:11	00:21:00	00:32:05	00:43:19
42	ANDRZEJ	PACUŁA	52	AKMB PĘDZIWIATR GLIWICE	KAT7 \ 4	00:10:50	00:21:44	00:32:43	00:43:44
43	PIOTR	PALACZ	229	POGOŃ RUDA	KAT6 \ 7	00:10:27	00:21:28	00:32:42	00:43:44
44	KRZYSZTOF	CHOMICZ	205	16 BPD	KAT6 \ 8	00:10:26	00:21:26	00:32:41	00:43:49
45	BOGUSŁAW	OPRYSZEK	259	IT MBW KRAKÓW	KAT5 \ 26	00:10:36	00:21:43	00:32:55	00:43:50
46	KRZYSZTOF	LEŚNIKOWSKI	192		KAT6 \ 9	00:10:50	00:21:52	00:33:00	00:43:59
47	BOGUSŁAW	BOŻEK	5	STS BIEGATON	KAT6 \ 10	00:10:38	00:21:42	00:32:55	00:44:15
48	PAWEŁ	ŚWIERKOT	84		KAT5 \ 27	00:11:39	00:22:45	00:33:42	00:44:24
49	RAFAŁ	TUREK	249		KAT6 \ 11	00:10:34	00:21:43	00:33:24	00:44:54
50	STANISŁAW	ROGASCH	64	KTB KRAKÓW	KAT7 \ 5	00:11:37	00:22:42	00:33:59	00:44:56

51	JANUSZ	SZELIGOWSKI	79		KAT6 \ 12	00:11:17	00:22:29	00:33:48	00:44:59
52	MONIKA	BIELIŃSKA	129		KAT2 \ 5	00:10:30	00:22:08	00:33:23	00:45:01
53	ZBIGNIEW	FIJAŁKOWSKI	163	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT7 \ 6	00:10:48	00:22:10	00:33:36	00:45:04
54	KRZYSZTOF	MAJEK	42		KAT6 \ 13	00:11:16	00:22:28	00:33:48	00:45:05
55	ELŻBIETA	LEWICKA	110	NIEZRZESZONA	KAT3 \ 2	00:10:48	00:22:10	00:33:40	00:45:06
56	MAREK	MACIEJEWSKI	223	TRUCHTACZ	KAT7 \ 7	00:10:35	00:21:51	00:33:26	00:45:18
57	MARCIN	SZNAPKA	296		KAT5 \ 28	00:11:30	00:22:52	00:34:15	00:45:34
58	JACEK	MARTIN	113	PARK ŚLĄSKI	KAT6 \ 14	00:11:16	00:22:29	00:33:52	00:45:34
59	EUGENIUSZ	WADELSKI	91	BRAK	KAT6 \ 15	00:11:01	00:22:24	00:34:01	00:45:41
60	TOMASZ	MATEJEK	45	ŚCIEŻKI BIEGOWE	KAT6 \ 16	00:11:35	00:22:47	00:34:13	00:45:43
61	TOMASZ	MAŚLANKA	290		KAT6 \ 17	00:10:48	00:22:03	00:33:50	00:45:53
62	JERZY	PODGÓRSKI	59	LACHO TEAM	KAT6 \ 18	00:11:11	00:22:38	00:34:25	00:45:53
63	KRZYSZTOF	KĘPA	27	ADS MASNA KRYTYCZNA	KAT6 \ 19	00:11:22	00:22:50	00:34:32	00:45:54
64	BOGDAN	CEBULA	240	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT7 \ 8	00:10:55	00:22:25	00:34:14	00:46:03
65	PAWEŁ	KONSEK	30	ŻORY - KLESZCZÓWKA	KAT5 \ 29	00:11:30	00:22:42	00:34:22	00:46:06
66	BEATA	WRÓŃSKA	96		KAT2 \ 6	00:11:09	00:22:42	00:34:25	00:46:08
67	EWA	FLIEGERT	214	CHEMIKA-RYBNIK	KAT4 \ 1	00:11:40	00:23:19	00:35:01	00:46:21
68	MAREK	SZESZKO	176	KRSTKKIF JASTRZĄB	KAT7 \ 9	00:11:38	00:23:16	00:34:50	00:46:21
69	STEFAN	NIEDZIELA	270		KAT7 \ 10	00:10:49	00:22:13	00:34:31	00:46:27
70	ADRIAN	GARBACZ	162		KAT5 \ 30	00:11:55	00:23:41	00:35:12	00:46:34
71	IWONA	ĆWIK	242		KAT2 \ 7	00:11:05	00:22:55	00:34:50	00:46:38
72	ORLICKI	STANISŁAW	87		KAT7 \ 11	00:11:46	00:23:21	00:35:17	00:46:44
73	JERZY	POŁEĆ	254	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT7 \ 12	00:11:25	00:23:15	00:35:11	00:46:51
74	RAFAŁ	JÓSKOWSKI	175	4INVEST NIERUCHOMOSCI KOMERCYJNE	KAT6 \ 20	00:11:03	00:22:42	00:34:43	00:46:52
75	SABINA	SZAJBEL	77		KAT3 \ 3	00:11:02	00:22:48	00:34:56	00:46:54
76	MIROSŁAW	DZIK	104		KAT6 \ 21	00:11:47	00:23:20	00:35:06	00:47:05
77	ADAM	JUZYK	26	BIEGAMY Z SERCEM	KAT6 \ 22	00:11:41	00:23:19	00:35:08	00:47:06
78	SEBASTIAN	POŁEĆ	148	KRSTKKIF JASTRZĄB	KAT5 \ 31	00:11:24	00:23:16	00:35:14	00:47:11

79	EUGENIUSZ	SZNAPKA	81		KAT8 \ 3	00:11:38	00:23:23	00:35:11	00:47:17
80	MICHALINA	JANOWSKA	215	KB ENERGETYK RYBNIK	KAT2 \ 8	00:11:36	00:23:18	00:34:49	00:47:17
81	ZBIGNIEW	RYCHLIK	135		KAT6 \ 23	00:11:39	00:23:18	00:35:12	00:47:20
82	KRZYSZTOF	RZEPKA	187		KAT7 \ 13	00:11:21	00:23:16	00:35:18	00:47:33
83	BOGUSŁAW	ZGODA	212		KAT7 \ 14	00:12:05	00:24:08	00:36:06	00:47:37
84	ZBIGNIEW	BOŃCZUK	218		KAT6 \ 24	00:11:44	00:23:44	00:35:56	00:47:42
85	ADRIAN	SZOŁTYSEK	122		KAT5 \ 32	00:11:19	00:23:17	00:35:47	00:48:00
86	PIOTR	PACUŁA	53	AKMB PĘDZIWIATR GLIWICE	KAT7 \ 15	00:11:59	00:23:57	00:36:00	00:48:02
87	GRZEGORZ	SIECZKOWSKI	69		KAT7 \ 16	00:11:19	00:23:26	00:35:58	00:48:05
88	PATRYCJA	SUCHOWIECKA	198	TL POGOŃ RUDA ŚLĄSKA	KAT2 \ 9	00:11:39	00:23:49	00:36:25	00:48:08
89	RAFAŁ	ROSKOSZ	67	OBERSCHLESIEŃ TEAM ROHOL TARNOWSKIE GORY	KAT6 \ 25	00:12:31	00:24:30	00:36:24	00:48:12
90	KAMIL	GORAUS	196	ADS MASNA KRYTYCZNA	KAT5 \ 33	00:11:25	00:23:34	00:36:13	00:48:14
91	KRZYSZTOF	OLEKSY	50	ADS MASNA KRYTYCZNA	KAT6 \ 26	00:11:56	00:23:50	00:36:04	00:48:26
92	MARIAN	SKRZYPSKI	244		KAT8 \ 4	00:11:38	00:23:29	00:35:55	00:48:29
93	MARCIN	TRZOPEK	85		KAT5 \ 34	00:11:36	00:23:46	00:36:22	00:48:31
94	EWA	KUZIOR	182		KAT2 \ 10	00:11:42	00:23:44	00:36:12	00:48:34
95	ANETA	RAJDA	231	KRS TKKF JASTRZĄB RUDA	KAT3 \ 4	00:12:13	00:24:21	00:36:34	00:48:40
96	MACIEJ	KARWOT	131		KAT6 \ 27	00:12:24	00:24:39	00:36:52	00:48:45
97	WOJCIECH	KULIK	38		KAT6 \ 28	00:12:29	00:24:36	00:36:52	00:48:47
98	ANNA	KASIEL	262		KAT2 \ 11	00:11:16	00:23:39	00:36:22	00:48:58
99	MARIUSZ	GRABOWSKI	190	NIGHT RUNNERS ŚLĄSK	KAT5 \ 35	00:11:16	00:23:39	00:36:22	00:48:59
100	ANNA	SOLECKA	256	PĘDZIWIATR GLIWICE	KAT3 \ 5	00:12:08	00:24:28	00:36:46	00:49:14
101	SYLWESTER	SZKLORZ	193		KAT6 \ 29	00:12:00	00:24:30	00:36:49	00:49:19
102	JANUSZ	PRZYŁUDZKI	61	STS BIEGATON	KAT8 \ 5	00:12:14	00:24:33	00:36:56	00:49:26
103	REMIGIUSZ	MAJOK	164		KAT6 \ 30	00:12:56	00:25:11	00:37:20	00:49:27
104	KRZYSZTOF	KOŹLICKI	133	RUDA BIEGA	KAT6 \ 31	00:11:53	00:24:10	00:36:45	00:49:32
105	KRZYSZTOF	KOPIŃSKI	31	POWERSPORT	KAT6 \ 32	00:12:31	00:24:51	00:37:20	00:49:38
106	ŁUKASZ	KURZEJA	154		KAT6 \ 33	00:11:15	00:23:06	00:37:13	00:49:41

107	ARKADIUSZ	CZAJKOWSKI	173		KAT6 \ 34	00:13:04	00:25:23	00:37:36	00:49:47
108	DOROTA	WYLECIAŁ	97	TRUCHTACZ MYSŁOWICE	KAT4 \ 2	00:11:53	00:24:13	00:36:52	00:49:48
109	PAWEŁ	PIETRYSZAK	159		KAT5 \ 36	00:13:12	00:25:39	00:37:59	00:49:57
110	MICHAŁ	GRUSZKA	19		KAT6 \ 35	00:12:01	00:24:14	00:37:04	00:49:59
111	MARCIN	LIS							00:49:59
112	KRZYSZTOF	OZDARSKI	51	OPEL ACTIVE TEAM	KAT6 \ 36	00:12:55	00:25:21	00:37:51	00:50:02
113	PAWEŁ	ZAGÓRSKI	210	KB BRANICE	KAT6 \ 37	00:13:10	00:25:31	00:37:57	00:50:08
114	MARIAN	KAWECKI	132	KB BRANICE	KAT8 \ 6	00:13:10	00:25:31	00:37:57	00:50:13
115	JACEK	WEGNER	93		KAT6 \ 38	00:12:17	00:24:56	00:37:44	00:50:27
116	KATARZYNA	MALEJKA	43	ADS MASNA KRYTYCZNA	KAT3 \ 6	00:12:55	00:25:22	00:37:54	00:50:27
117	DANIEL	MAGALSKI	111	BIEGAMYNASLASKU.PL	KAT5 \ 37	00:12:51	00:25:23	00:38:14	00:50:39
118	GRZEGORZ	BRYŁA	101		KAT6 \ 39	00:12:24	00:24:37	00:37:42	00:50:41
119	MAREK	HAJDA	22		KAT6 \ 40	00:12:40	00:25:21	00:38:25	00:50:42
120	MAREK	PILCH	58		KAT8 \ 7	00:12:21	00:25:00	00:37:55	00:50:42
121	RAFAŁ	WYLOTEK	268		KAT6 \ 41	00:12:53	00:25:30	00:38:11	00:50:43
122	EDWARD	ANTOLAK	1	SATURN CZELADŹ	KAT8 \ 8	00:12:07	00:24:52	00:37:54	00:50:47
123	RAFAŁ	SZCZEPAŃSKI	78	OPEL ACTIVE TEAM	KAT6 \ 42	00:12:35	00:25:20	00:38:05	00:50:48
124	ROBERT	GRYGIEL	279		KAT6 \ 43	00:11:58	00:24:43	00:38:08	00:50:55
125	PRZEMYSŁAW	ZIELIŃSKI	74		KAT5 \ 38	00:13:16	00:25:55	00:38:47	00:50:56
126	RAFAŁ	SZYMUŚ	232		KAT6 \ 44	00:12:50	00:25:35	00:38:29	00:51:06
127	MARIUSZ	CEBULA	294	WWW.SPORTICUKRYCE.PL	KAT6 \ 45	00:11:46	00:24:26	00:37:44	00:51:08
128	BEATA	ANDROSZ	264		KAT3 \ 7	00:12:10	00:25:01	00:38:00	00:51:09
129	ŁUKASZ	NAWROT	117	BIEG Z CHRYSZTUSEM!	KAT5 \ 39	00:12:33	00:25:30	00:38:27	00:51:26
130	MARLENA	ROLNIK	65		KAT2 \ 12	00:12:39	00:25:56	00:38:54	00:51:30
131	ADAM	MISIURA	166		KAT5 \ 40	00:11:45	00:24:28	00:38:00	00:51:31
132	TOMASZ	KUZIOR	183		KAT6 \ 46	00:12:11	00:24:47	00:38:10	00:51:32
133	DAWID	PŁASZCZYMAKA	245		KAT5 \ 41	00:13:22	00:26:15	00:39:08	00:51:36
134	KRZYSZTOF	DAJKA							00:51:54
135	SIERGIUSZ	BIAŁUCHA	82	SAINT-GOBAIN SQUAD	KAT6 \ 47	00:13:45	00:26:38	00:39:37	00:51:55

136	JAKUB	BRZOWICZ	151		KAT5 \ 42	00:12:13	00:25:18	00:38:45	00:51:57
137	DARIUSZ	URBANEK	90		KAT5 \ 43	00:13:09	00:25:52	00:39:00	00:52:09
138	FABIAN	BOGOL	241		KAT5 \ 44	00:12:55	00:25:47	00:38:50	00:52:15
139	TOMASZ	ŚLIWKA	273		KAT6 \ 48	00:13:19	00:26:15	00:39:28	00:52:16
140	MAREK	KOWALCZYK-KUDZIARZ	32	DRUŻYNA KOPERNIKA	KAT6 \ 49	00:12:28	00:25:19	00:38:44	00:52:16
141	JAROSŁAW	WĘGLER	266	JASTRZĄB	KAT6 \ 50	00:12:56	00:25:57	00:39:05	00:52:37
142	JÓZEF	WIORA	195		KAT6 \ 51	00:13:24	00:26:39	00:40:00	00:52:38
143	GÓRKA	ALEKSANDER	10	POGOŃ RUDA ŚLĄSKA	KAT6 \ 52	00:13:14	00:26:07	00:39:22	00:52:41
144	DAWID	BUBAŁA	221	TL POGOŃ RUDA ŚLĄSKA	KAT5 \ 45	00:13:15	00:27:53	00:40:21	00:52:48
145	ANDRZEJ	FLORECKI	16	AKMB PĘDZIWIATR GLIWICE	KAT8 \ 9	00:13:11	00:26:32	00:39:54	00:52:53
146	BARTOSZ	BEHRENDT	281	NIGHTRUNNERS	KAT6 \ 53	00:12:19	00:25:14	00:39:02	00:52:59
147	TOMASZ	CZOIK	8	NIGHT RUNNERS GLIWICE	KAT5 \ 46	00:12:19	00:25:14	00:39:01	00:53:00
148	WITOLD	TWARDOSZ	298		KAT6 \ 54	00:12:49	00:26:08	00:39:48	00:53:01
149	STANISŁAW	CEBULA	284	STADION ŚLĄSKI	KAT8 \ 10	00:13:14	00:26:18	00:39:49	00:53:07
150	JUSTYNA	JANUS	271	NIGHT RUNNERS ŚLĄSK	KAT2 \ 13	00:12:30	00:25:49	00:39:32	00:53:07
151	KRZYSZTOF	PADO	54		KAT5 \ 47	00:13:16	00:26:34	00:39:58	00:53:07
152	MARCIN	PRUSKI	180		KAT6 \ 55	00:12:52	00:25:44	00:39:22	00:53:09
153	OLA	GORAJ ZAJĄC	160	NIGHT RUNNERS GLIWICE	KAT3 \ 8	00:16:48	00:34:51	00:53:11	00:53:11
154	MAGDALENA	KRZON	208	KBS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT2 \ 14	00:13:48	00:26:56	00:40:09	00:53:15
155	MARIUSZ	ADAMCZYK	288	KLUB JASTRZĄB	KAT6 \ 56	00:13:47	00:26:56	00:40:08	00:53:17
156	IRENEUSZ	KRZON	206	KBS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT6 \ 57	00:13:48	00:26:56	00:40:08	00:53:17
157	TOMASZ	RZEŻUCHA	68			00:14:33	00:27:54	00:40:44	00:53:21
158	JÓZEL	MACZUGA	250		KAT7 \ 17	00:14:18	00:27:42	00:40:41	00:53:22
159	PRZEMYSŁAW	BARGIEL	204	6300 RUDA ŚLĄSKA	KAT6 \ 58	00:14:03	00:27:32	00:40:56	00:53:25
160	REMIGIUSZ	ROLNIK	66		KAT6 \ 59	00:12:31	00:25:58	00:39:52	00:53:29
161	ALEKSANDRA	OCHWAT	171	ADS MASNA KRYTYCZNA	KAT3 \ 9	00:13:22	00:26:43	00:40:13	00:53:31
162	LUDWIK	KOZIOŁEK	251		KAT7 \ 18	00:14:03	00:27:19	00:40:32	00:53:40
163	ŁUKASZ	KRZYSTAŁA	36	BRAK	KAT5 \ 48	00:13:56	00:27:08	00:40:25	00:53:44

164	MAGDALENA	SZYMUŚ	233		KAT3 \ 10	00:13:04	00:26:25	00:40:04	00:53:47
165	MIROSŁAW	DRÓŻGA	12		KAT5 \ 49	00:14:01	00:27:32	00:41:02	00:53:55
166	KORNEL	MILBRANT	116		KAT5 \ 50	00:14:19	00:28:25	00:41:04	00:53:57
167	KRZYSZTOF	KUCZERA	219		KAT5 \ 51	00:13:32	00:27:02	00:40:44	00:53:58
168	WIOLETTA	BRYCHCY	255	SBD ENERGETYK RYBNIK	KAT3 \ 11	00:13:09	00:26:32	00:40:10	00:54:04
169	DARIUSZ	PUCHAŁA	62	W POGONI ZA DUCHEM	KAT5 \ 52	00:13:55	00:27:08	00:40:45	00:54:09
170	DOROTA	DELEWSKA	11		KAT3 \ 12	00:13:17	00:26:42	00:40:34	00:54:13
171	SŁAWOMIR	GRELA	224		KAT7 \ 19	00:13:31	00:27:00	00:40:39	00:54:18
172	MATEUSZ	WIECZOREK	158		KAT5 \ 53	00:13:15	00:26:56	00:40:52	00:54:21
173	MAKSYMILIAN	RAWŁUSZEWICZ	276		KAT5 \ 54	00:14:18	00:27:24	00:41:34	00:54:26
174	WALDEMAR	RAWŁUSZEWICZ	277		KAT6 \ 60	00:14:17	00:27:23	00:41:34	00:54:26
175	JAKUB	WAWRZYCZEK	226	EWANGELICZNI BIEGAJĄ	KAT5 \ 55	00:14:45	00:27:59	00:41:14	00:54:31
176	DARIUSZ	NICIŃSKI	220	6300	KAT6 \ 61	00:14:03	00:27:33	00:41:05	00:54:44
177	MARCIN	ROMANIAK	289		KAT5 \ 56	00:12:15	00:25:48	00:40:31	00:54:45
178	KRZYSZTOF	BRYSKI	263		KAT6 \ 62	00:14:05	00:27:28	00:41:06	00:54:48
179	PIOTR	HAHN	21	FABRIKA NORDIKA	KAT5 \ 57	00:13:31	00:27:02	00:40:55	00:54:56
180	BARTOSZ	HORMIK	238		KAT6 \ 63	00:13:08	00:27:01	00:41:05	00:54:57
181	MONIKA	PIECZKA	200		KAT2 \ 15	00:13:02	00:26:51	00:41:10	00:54:57
182	MATEUSZ	SŁODKIEWICZ	283		KAT5 \ 58	00:13:30	00:27:05	00:41:07	00:55:03
183	ADAM	POSTULKA	272		KAT6 \ 64	00:13:51	00:27:26	00:41:28	00:55:08
184	DOROTA	SZESZKO	177		KAT4 \ 3	00:13:37	00:27:32	00:41:45	00:55:36
185	KINGA	SZYMONEK	123		KAT2 \ 16	00:13:13	00:27:28	00:41:45	00:55:45
186	MICHAŁ	PAWŁOWSKI	55		KAT5 \ 59	00:14:07	00:27:48	00:41:47	00:55:45
187	JAN	SZENDZIELORZ	80		KAT7 \ 20	00:13:47	00:28:00	00:41:55	00:55:47
188	JAN	MUSIALIK	47		KAT6 \ 65	00:14:13	00:28:22	00:42:04	00:55:52
189	WIKTORIA	PALACZ	230	POGOŃ RUDA	KAT2 \ 17	00:12:10	00:25:57	00:41:07	00:55:52
190	DANIEL	ROCH	168		KAT5 \ 60	00:15:32	00:29:23	00:43:12	00:55:56
191	JAROSŁAW	PIŁAT	188		KAT6 \ 66	00:15:23	00:29:23	00:43:10	00:56:07
192	SZYMON	PIETRYGA	258		KAT5 \ 61	00:12:50	00:26:27	00:41:42	00:56:07

193	KRZYSZTOF	BOBEŁ	4		KAT5 \ 62	00:13:08	00:26:53	00:41:40	00:56:09
194	DAMIAN	STARY	75	ADS MASNA KRYTYCZNA	KAT6 \ 67	00:13:23	00:27:31	00:42:19	00:56:21
195	BEATA	JANKOWSKA	25		KAT2 \ 18	00:13:41	00:27:49	00:42:19	00:56:33
196	STANISŁAW	PIĄTEK	57		KAT7 \ 21	00:14:16	00:28:28	00:42:35	00:56:40
197	DARIUSZ	BIENEK	56	KBS TKKF JASTRZĄB RUDA ŚLĄSKA	KAT6 \ 68	00:14:20	00:28:22	00:42:29	00:56:41
198	ADAM	SITKO	186		KAT5 \ 63	00:13:16	00:27:02	00:41:12	00:56:45
199	DARIUSZ	STRENZIOK	225	AT TEAM	KAT6 \ 69	00:14:39	00:28:37	00:42:51	00:56:53
200	KRZYSZTOF	HERMAN	106		KAT5 \ 64	00:12:18	00:26:20	00:41:36	00:56:57
201	ZBIGNIEW	PALKA	260		KAT5 \ 65	00:12:24	00:26:05	00:41:42	00:56:57
202	ROBERT	BOŃCZUK	216		KAT6 \ 70	00:13:57	00:28:04	00:42:33	00:57:08
203	KRZYSZTOF	TROJANEK	143		KAT5 \ 66	00:12:12	00:24:54	00:37:40	00:57:16
204	MARCIN	MAZUREK	114		KAT5 \ 67	00:15:20	00:29:18	00:43:49	00:57:21
205	ADAM	MILER	174		KAT7 \ 22	00:14:13	00:28:45	00:43:11	00:57:26
206	ŁUKASZ	ZMUDA	100		KAT6 \ 71	00:14:33	00:28:33	00:43:18	00:57:34
207	EUGENIUSZ	DOŁGOPOŁY	149	KRF JASTRZĄB	KAT8 \ 11	00:15:40	00:30:19	00:44:03	00:57:35
208	JANUSZ	KOZŁOWSKI	141		KAT6 \ 72	00:13:52	00:28:06	00:43:01	00:57:35
209	GRAŻYNA	GRYCZMAN	291		KAT2 \ 19	00:14:17	00:28:24	00:42:51	00:57:36
210	KAMIL	GROCHOWINA	261		KAT5 \ 68	00:14:45	00:28:49	00:43:39	00:57:36
211	UKASZ	TOCZYDŁOWSKI	286		KAT5 \ 69	00:15:33	00:30:28	00:44:15	00:57:45
212	EDWARD	TYKA	88	NIESTOWARZYSZONY	KAT8 \ 12	00:14:53	00:29:05	00:43:25	00:57:51
213	MARIUSZ	WILK	94		KAT6 \ 73	00:13:24	00:27:58	00:42:49	00:57:54
214	PIOTR	FICENES	15		KAT5 \ 70	00:13:45	00:28:16	00:43:12	00:57:55
215	JERZY	BYTOMSKI	6		KAT8 \ 13	00:14:29	00:28:46	00:43:26	00:58:02
216	ANNA	GRYGIEL	278		KAT6 \ 74	00:13:57	00:28:41	00:43:27	00:58:05
217	AGNIESZKA	WIRA	235		KAT2 \ 20	00:14:44	00:28:52	00:43:40	00:58:12
218	KRZYSZTOF	PISZCZAŁKA	184		KAT6 \ 75	00:14:18	00:28:31	00:43:18	00:58:18
219	DARIUSZ	DUDEK	13	CHOPCY SZERYFA	KAT7 \ 23	00:14:31	00:28:46	00:43:12	00:58:22
220	PIOTR	NOWAK	181		KAT8 \ 14	00:14:13	00:28:45	00:43:35	00:58:40
221	PIOTR	KSIĄŻEK	297	KB JÓZEFINKA	KAT7 \ 24	00:15:09	00:30:01	00:44:38	00:58:56



222	JAN	PAC	120	KSS KOMANDOR	KAT7 \ 25	00:15:29	00:29:47	00:44:23	00:59:02
223	KATARZYNA	MILBRANT	115		KAT2 \ 21	00:14:18	00:28:25	00:43:19	00:59:05
224	MARCIN	NALEPA	274	NIGHT RUNNERS ZABRZE	KAT5 \ 71	00:15:12	00:30:32	00:45:56	00:59:05
225	ŁUKASZ	DOROCIAK	17	DRUZYNA BIEGOWA	KAT5 \ 72	00:13:35	00:28:21	00:43:47	00:59:06
226	IWONA	CIEŚLA	145		KAT3 \ 13	00:14:45	00:29:37	00:44:31	00:59:11
227	ANNA	MAGALSKA	227	TL POGOŃ RUDA ŚLĄSKA	KAT2 \ 22	00:14:33	00:29:14	00:44:16	00:59:20
228	OLIMPIA	BACZYK	265		KAT2 \ 23	00:16:50	00:36:37	00:59:33	00:59:33
229	WITOLD	BAK	203		KAT6 \ 76	00:13:58	00:28:45	00:44:02	00:59:35
230	JOANNA	MASZTALSKA	44		KAT2 \ 24	00:15:28	00:30:40	00:45:27	00:59:49
231	MATEUSZ	KONSEK	29		KAT5 \ 73	00:16:07	00:30:37	00:45:30	00:59:58
232	MATEUSZ	STARY	76	ADS MASNA KRYTYCZNA	KAT5 \ 74	00:15:21	00:30:04	00:45:06	01:00:03
233	KRZYSZTOF	DĄBROWSKI	142		KAT6 \ 77	00:15:17	00:30:10	00:45:20	01:00:06
234	ANDRZEJ	SŁOMKA	72		KAT6 \ 78	00:13:53	00:28:30	00:44:27	01:00:20
235	NATALIA	MADEJ	41	ADS MASNA KRYTYCZNA	KAT2 \ 25	00:15:16	00:29:58	00:45:05	01:00:22
236	JOANNA	SIEGIERT	234		KAT2 \ 26	00:14:27	00:29:31	00:44:55	01:00:31
237	KRZYSZTOF	KACZMARCZYK	153		KAT5 \ 75	00:14:31	00:29:03	00:44:37	01:00:34
238	ANDRZEJ	LABE	213	MCKS MOSIR CZELADŹ	KAT8 \ 15	00:14:45	00:29:37	00:45:17	01:00:35
239	ANNA	STACHURSKA	73	ZABIEGANNA.BLOG.PL	KAT2 \ 27	00:14:31	00:29:07	00:44:36	01:00:36
240	IRENEUSZ	CZUBAK	9		KAT6 \ 79	00:14:07	00:28:47	00:44:34	01:00:56
241	MACIEJ	LASOTA	39	GOL-DENT TEAM	KAT5 \ 76	00:14:25	00:29:29	00:45:11	01:00:59
242	CHRISTIAN	KRÓL	285		KAT7 \ 26	00:15:32	00:30:56	00:46:17	01:01:00
243	HENRYK	GOJ	18	MOSIR PIEKARY ŚLĄSKIE	KAT7 \ 27	00:15:42	00:30:56	00:46:15	01:01:01
244	MAŁGORZATA	KONSEK	28	M&M	KAT2 \ 28	00:16:07	00:31:09	00:46:25	01:01:26
245	MARCIN	GRZEGORZEK	20	M&M	KAT5 \ 77	00:16:07	00:31:10	00:46:26	01:01:26
246	RAFAŁ	RAWICZ-GROTOWSKI	144		KAT6 \ 80	00:14:51	00:29:51	00:45:39	01:01:32
247	MARIUSZ	ZŁOTOŚ	99	6300 ŚWIĘTOCHŁOWICE	KAT6 \ 81	00:15:56	00:31:16	00:46:41	01:01:41
248	RAFAŁ	KOZA	248		KAT6 \ 82	00:15:56	00:31:15	00:46:41	01:01:45
249	PAWEŁ	KRZYSTAŁA	37		KAT5 \ 78	00:16:48	00:32:36	00:47:57	01:01:51

250	MARTA	NALEPA	48		KAT2 \ 29	00:15:16	00:30:34	00:46:21	01:01:59
251	PIOTR	DUDZIAK	14	OPEL ACTIVE TEAM	KAT6 \ 83	00:15:37	00:31:05	00:46:50	01:02:02
252	JACEK	HERWY	23	ASSECO ACTIVE TEAM	KAT6 \ 84	00:15:47	00:30:58	00:46:44	01:02:17
253	LESZEK	BRZYSKI	247		KAT6 \ 85	00:15:46	00:31:18	00:47:06	01:02:18
254	MICHAŁ	KRZĄKAŁA	293		KAT5 \ 79	00:16:01	00:31:19	00:46:53	01:02:26
255	DANIEL	EIDER	155		KAT5 \ 80	00:16:03	00:31:21	00:46:55	01:02:37
256	BOŻENA	CICHOPEK	207	TKKF HADES MIKOŁÓW	KAT4 \ 4	00:15:36	00:30:55	00:46:42	01:02:45
257	PAWEŁ	KONTNAJ	239		KAT8 \ 16	00:16:01	00:31:28	00:47:10	01:02:47
258	MICHAŁ	SIECZKOWSKI	70	STP	KAT5 \ 81	00:13:29	00:28:47	00:45:49	01:02:54
259	JOANNA	KWIECIŃSKA	243		KAT2 \ 30	00:13:15	00:28:50	00:45:33	01:03:09
260	ANNA	MIŚKIEWICZ	46		KAT2 \ 31	00:15:44	00:31:15	00:47:26	01:03:14
261	PAWEŁ	KOŁODZIEJ	252		KAT5 \ 82	00:16:07	00:31:29	00:47:22	01:03:48
262	BRONISŁAW	BAK	2		KAT7 \ 28	00:16:16	00:31:51	00:47:39	01:03:49
263	MAŁGORZATA	STYGIENKO	35		KAT3 \ 14	00:15:08	00:30:59	00:47:24	01:03:52
264	MARIAN	CIESIOŁKA	103		KAT8 \ 17	00:16:48	00:32:51	00:48:40	01:04:02
265	HENRYK	PUTZ	157		KAT5 \ 83	00:15:01	00:31:42	00:48:52	01:04:17
266	PRZEMYSŁAW	DOŁGOPOŁY	150		KAT5 \ 84	00:15:54	00:31:54	00:48:39	01:04:37
267	JOANNA	ZGODA	211		KAT3 \ 15	00:16:12	00:31:59	00:48:26	01:04:41
268	ALDONA	KURKOWSKA	109	STADION ŚLĄSKI	KAT4 \ 5	00:15:15	00:31:18	00:47:49	01:04:49
269	WIESŁAW	RUCKI	169		KAT6 \ 86	00:13:04	00:29:26	00:47:17	01:04:53
270	JACEK	ŚLEZIAK	83		KAT6 \ 87	00:15:09	00:30:26	00:47:00	01:05:21
271	DARIA	NIEMIEC	49	MIEDONIA FIT	KAT2 \ 32	00:16:18	00:31:52	00:48:09	01:05:21
272	ANNA	TOCZYDŁOWSKA	287		KAT2 \ 33	00:15:33	00:31:11	00:47:57	01:05:26
273	ŁUKASZ	PIŃKOSZ	246		KAT5 \ 85	00:14:39	00:30:44	00:47:56	01:05:43
274	MARCIN	CZYŻYKOWSKI	161		KAT6 \ 88	00:16:48	00:34:51	00:53:10	01:05:48
275	SIDŁO	DOROTA	3	DRUŻYNA BIEGOWA	KAT2 \ 34	00:14:27	00:30:42	00:48:33	01:05:53
276	JOLANTA	WYSOCKA	127	UKS KOMETA GLIWICE	KAT4 \ 6	00:15:24	00:31:51	00:48:44	01:06:02
277	TOMASZ	ŚLIWKA	300		KAT6 \ 89	00:15:27	00:31:08	00:49:02	01:06:09
278	ADAM	KOTAS	267	KOTAS SPORT	KAT7 \ 29	00:14:57	00:31:00	00:48:30	01:06:33

279	BOŻENA	KOMOROWSKA	269		KAT3 \ 16	00:16:12	00:33:05	00:50:24	01:07:45
280	EDYTA	KRZON	108		KAT2 \ 35	00:16:38	00:32:52	00:50:37	01:08:16
281	SZYMON	NOCULA	209		KAT5 \ 86	00:16:37	00:32:51	00:50:36	01:08:17
282	GRZEGORZ	ŚLACHCIAK	147		KAT6 \ 90	00:15:52	00:33:09	00:50:41	01:08:20
283	UKASZ	KORZENIOWSKI	292		KAT5 \ 87	00:15:15	00:32:09	00:50:25	01:08:21
284	MARIA	MAJEK	112		KAT3 \ 17	00:17:34	00:34:32	00:52:03	01:08:23
285	ELŻBIETA	DUKAT	179		KAT4 \ 7	00:16:38	00:34:09	00:52:30	01:10:29
286	MALWINA	ŚLACHCIAK	146		KAT2 \ 36	00:14:26	00:31:52	00:51:00	01:11:00
287	MARIUSZ	RECZKO	63		KAT6 \ 91	00:17:23	00:36:07	00:56:14	01:16:18
288	MARTYNA	KASPRZAK	107	NIGHT RUNNERS ŚLĄSK	KAT2 \ 37	00:12:39	00:26:18		
289	MAJA	TWARDOSZ	86	POWERSPORT	KAT3 \ 18	00:15:22	00:31:59		
290	KAZIMIERZ	ŁOPATKA	40	MOSIR PIEKARY ŚLĄSKIE	KAT8 \ 18	00:20:02	00:40:34		
289	MAREK	LEWCZUK	201	SOKÓŁ KNURÓW	KAT8 \ 19	00:36:44			
290	ANNA	KOPIŃSKA	299		KAT3 \ 19				