

## Hajer Indoor Triathlon

**Organizator:** Stowarzyszenie Jastrzębski Sport

**Data:** 27.05.2023

**Miejsce:** Jastrzębie-Zdrój

**Dystans:** 18,3km



LP	MCE	IMIĘ	NAZWISKO	NR	K/M	K	M	MIASTO	KLUB	FALA	PŁYWANIE	T1	ROWER	T2	META
1	1	ARTUR	OZIMEK	20	M	1		SUSZEC	IM INSPIRATION/KSRG BORYNIA	F2	00:04:42	00:05:18	00:20:50	00:21:30	00:34:40
2	2	KRYSTIAN	ALBRECHT	37	M	2		JASTRZĘBIE-ZDRÓJ	GB GALOPUJĄCE ŚLIMAKI	F4	00:04:04	00:04:29	00:27:12	00:28:02	00:39:43
3	3	PRZEMYSŁAW	SKRZYSZOWSKI	8	M	3		GOŁKOWICE	SILESIA TRIATHLON TEAM	F1	00:05:05	00:05:39	00:27:11	00:27:53	00:39:58
4	4	RAFAL	GLENC	48	M	4		PSZOW	SILESIA TRIATHLON TEAM	F5	00:05:14	00:05:35	00:27:24	00:27:56	00:40:11
5	5	PAWEŁ	GÓRSKI	26	M	5		JASTRZĘBIE ZDRÓJ	TKKF PONIER	F3	00:04:11	00:05:14	00:29:06	00:29:36	00:41:03
6	6	TOMASZ	GRYGLIK	78	M	6		RUDZICZKA		F11	00:05:16	00:05:37	00:28:20	00:28:53	00:41:12
7	7	PAWEŁ	KLIMEK	75	M	7		STRUMIEŃ		F10	00:06:01	00:06:44	00:27:41	00:28:20	00:41:12
8	8	PAWEŁ	POŚPIECH	32	M	8		RYDUŁTOWY	SILESIA TRIATHLON TEAM	F3	00:05:08	00:06:07	00:27:54	00:28:28	00:41:13
9	9	BARTOSZ	MARGRAF	70	M	9		RUDA ŚLĄSKA		F8	00:04:32	00:04:51	00:29:01	00:29:55	00:42:55
10	10	SŁAWOMIR	SZUREK	82	M	10		RYDUŁTOWY	UKS PIĄTKA PLUS RYDUŁTOWY SILESIA TRIATHLON TEAM	F11	00:04:40	00:05:03	00:30:07	00:30:38	00:42:56
11	11	DAWID	GOŁYŚ	77	M	11		KNURÓW		F11	00:05:07	00:05:42	00:31:20	00:31:51	00:43:06
12	12	KRZYSZTOF	TIDE	83	M	12		GOLASOWICE	7PROTEAM	F11	00:04:13	00:04:34	00:30:52	00:31:27	00:43:36
13	13	TADEUSZ	SIEGMUND	67	M	13		JASTRZĘBIE-ZDRÓJ	TL ATHLETICS JASTRZĘBIE	F7	00:06:12	00:08:05	00:29:37	00:30:20	00:43:37
14	14	SZYMON	JĘCZMIONKA	27	M	14		PSZÓW	SILESIA TRIATHLON TEAM	F3	00:05:01	00:05:49	00:28:53	00:29:30	00:43:44
15	15	GRZEGORZ	POŁOMSKI	31	M	15		RYDUŁTOWY	POŁOMSCY TEAM	F3	00:09:27	00:10:56	00:31:01	00:31:35	00:43:59
16	16	KAROL	KNURA	79	M	16		KOBYLA	SILESIA TRIATHLON TEAM	F11	00:04:29	00:05:02	00:30:27	00:30:58	00:44:02
17	17	DAMIAN	LAZAR	64	M	17		ŻORY		F7	00:05:48	00:06:24	00:30:24	00:30:59	00:44:02
18	18	ADAM	SKROBOL	59	M	18		ŁĄKA	MG SPORT	F5	00:05:27	00:06:03	00:29:14	00:30:00	00:44:07
19	19	ARTUR	ŚNIEGOŃ	68	M	19		RYBNIK		F7	00:05:59	00:07:33	00:29:55	00:30:32	00:44:28
20	20	STANISŁAW	STASICZEK	42	M	20		PSZCZYNA		F4	00:08:43	00:12:13	00:30:01	00:30:46	00:45:13
21	22	BOGDAN	BŁĘDOWSKI	46	M	21		ROGÓW		F5	00:05:26	00:06:12	00:29:01	00:29:52	00:45:29
22	23	PRZEMYSŁAW	KOTKOWSKI	40	M	22		PAWŁOWICE		F4	00:10:20	00:12:01	00:32:30	00:33:05	00:45:44
23	25	MICHAŁ	SOBIESKI	41	M	23		SKRZYSZÓW		F4	00:05:25	00:06:41	00:30:29	00:31:19	00:46:11
24	26	TOMASZ	MILLER	74	M	24		LUBIN	DIABLAK TEAM	F9	00:04:48	00:06:25	00:32:14	00:33:06	00:46:57
25	27	MICHAŁ	BAC	52	M	25		JASTRZĘBIE-ZDRÓJ		F6	00:05:52	00:08:10	00:32:00	00:32:48	00:47:16
26	28	MAREK	ŁUKASIK	66	M	26		KRAKÓW	WM TRISELF	F7	00:05:08	00:05:48	00:32:14	00:32:55	00:47:22
27	29	MIROSLAW	JACKIEWICZ	85	M	27		JASTRZĘBIE-ZDRÓJ		F4	00:06:59	00:08:43	00:32:53	00:33:36	00:47:53
28	31	GRZEGORZ	RODACKI	7	M	28		JASTRZĘBIE ZDRÓJ		F1	00:06:05	00:07:23	00:31:01	00:31:36	00:48:01
29	32	ADAM	SZCZĘCH	51	M	29		CZYŻOWICE	ERIGO	F5	00:05:26	00:05:59	00:32:26	00:33:18	00:48:43
30	33	PAWEŁ	MENCEWICZ	50	M	30		GOŁKOWICE	SILESIA TRIATHLON TEAM / UKS PIĄTKA PLUS RYDUŁTOWY	F5	00:08:01	00:08:45	00:35:30	00:36:09	00:48:46
31	34	WOJCIECH	KIDOŃ	28	M	31		USTROŃ		F3	00:05:46	00:08:42	00:33:03	00:34:08	00:48:52
32	35	JANUSZ	HARAZIN	61	M	32		PAWŁOWICE	2 TM 4,7	F7	00:07:29	00:10:36	00:33:50	00:34:42	00:48:54
33	36	PAWEŁ	OSETEK	80	M	33		PSZÓW	PWR TEAM	F10	00:08:36	00:09:53	00:36:44	00:37:15	00:49:02
34	38	ŁUKASZ	KWIADOR	55	M	34		GLIWICE		F6	00:06:57	00:09:00	00:33:05	00:33:55	00:49:24
35	39	WALDEMAR	JAROSZ	87	M	35		JASTRZĘBIE-ZDRÓJ		F11	00:06:33	00:07:28	00:35:15	00:35:48	00:49:38
36	40	KAMIL	POSTAWKA	72	M	36		RYBNIK	WOLNY BIEGACZ TEAM	F8	00:05:15	00:06:32	00:34:56	00:35:31	00:49:43
37	41	JÓZEF	PAWELCZYK	76	M	37		RYBNIK	PWR TEAM	F10	00:06:27	00:07:53	00:36:09	00:36:39	00:49:45

38	42	WOJTEK	KRZYSTAŁA	29	M	38	WODZISŁAW ŚLĄSKI	F3	00:06:30	00:07:52	00:34:03	00:34:49	00:49:56	
39	43	TYBERIUSZ	ZAWADZKI	45	M	39	GOLASOWICE	F4	00:06:59	00:08:40	00:34:26	00:35:04	00:50:08	
40	44	PRZEMYSŁAW	BORKOWSKI	69	M	40	SOSNOWIEC	F8	00:06:38	00:07:43	00:34:47	00:35:22	00:50:10	
41	45	ADAM	WARJAS	36	M	41	SOSNOWIEC	F3	00:05:52	00:06:46	00:35:31	00:36:04	00:50:11	
42	47	SŁAWOMIR	ADAMCZYK	13	M	42	JASTRZĘBIE ZDRÓJ	F2	00:06:59	00:08:02	00:35:09	00:36:07	00:50:45	
43	48	TOMASZ	ZĘBIK	73	M	43	CIESZYN	F8	00:07:12	00:09:29	00:35:39	00:36:23	00:50:47	
44	49	JACEK	TOMCZOK	12	M	44	SIEMIANOWICE ŚLĄSKIE	BRAK	F1	00:05:29	00:07:19	00:34:00	00:34:46	00:51:56
45	52	STANISŁAW	BYWALEC	14	M	45	WODZISŁAW SL	F2	00:06:55	00:09:03	00:34:00	00:34:43	00:52:28	
46	53	DARIUSZ	WOREK	44	M	46	JASTRZĘBIE-ZDRÓJ	GKS JASTRZĘBIE	F4	00:08:52	00:12:04	00:37:53	00:38:36	00:52:31
47	54	ŁUKASZ	BRACHMAŃSKI	53	M	47	RYBNIK	F6	00:06:05	00:09:14	00:35:01	00:35:52	00:52:31	
48	56	KRYSTIAN	BIERNACKI	38	M	48	JASTRZĘBIE ZDRÓJ	F4	00:07:03	00:08:41	00:34:26	00:35:38	00:53:03	
49	57	GRZEGORZ	STAWICKI	10	M	49	PAWŁOWICE	RUNTEAM	F1	00:08:11	00:08:55	00:36:43	00:37:41	00:53:16
50	60	MAREK	CIURAJ	39	M	50	WODZISŁAW ŚLĄSKI	F4	00:08:30	00:09:51	00:37:10	00:37:52	00:53:41	
51	61	GRZEGORZ	GARLINSKI	18	M	51	JASTRZĘBIE-ZDRÓJ	F2	00:05:53	00:07:42	00:34:42	00:35:58	00:53:48	
52	63	KRZYSZTOF	KORDELA	6	M	52	JASTRZĘBIE-ZDRÓJ	F1	00:06:53	00:09:07	00:36:42	00:37:32	00:54:37	
53	66	SZYMON	STAWICKI	11	M	53	JASTRZĘBIE-ZDRÓJ	RUNTEAM PAWŁOWICE	F1	00:06:00	00:07:02	00:32:02	00:32:55	00:54:58
54	69	KAMIL	KOŹLAK	63	M	54	KRAKÓW	F7	00:05:43	00:07:16	00:33:51	00:34:42	00:56:46	
55	71	ADRIAN	ŁUKASIEWICZ	62	M	55	JASTRZĘBIE ZDRÓJ	KORDELA FIGHT CLUB	F7	00:06:28	00:08:57	00:38:30	00:39:52	00:58:54
56	72	SEBASTIAN	WIEWIÓRA	43	M	56	CHORZÓW	NEVER TOO LATE	F4	00:08:09	00:11:51	00:44:12	00:45:11	00:58:56
57	74	ROBERT	SZYMAŃSKI	24	M	57	JASTRZĘBIE ZDRÓJ	F2	00:12:15	00:15:58	00:38:58	00:40:54	01:06:36	
58	75	MARCIN	GRALAK	54	M	58	JASTRZĘBIE ZDRÓJ	F6	00:10:07	00:11:01	00:40:06	00:44:19	01:09:20	