## Promar - Run III Bieg Zawierciański

**Organizator:** Warto Biegać Zawiercie

**Data:** 25.05.2025

**Miejsce:** Zawiercie

**Dystans:** Bieg 5km

| LP | MCE | IMIĘ | NAZWISKO | NR | K/M | K | M | MIEJSCOWOŚĆ | KLUB | CZAS BRUTTO | CZAS NETTO | MIN/KM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 11 | EMILIA | WRONECKA | 143 | K | 1 | | KATOWICE | ALCHEMIA BIEGANIA | 00:21:07 | 00:21:06 | 04:13 |
| 2 | 13 | GABRIELA | GŁOWACKA | 28 | K | 2 | | ŁAZY | GRUPA VIRTU | 00:21:19 | 00:21:16 | 04:15 |
| 3 | 16 | BEATA | KOSAŁKA | 54 | K | 3 | | DĄBROWA GÓRNICZA | ALCHEMIA BIEGANIA | 00:22:37 | 00:22:32 | 04:31 |
| 4 | 27 | MONIKA | KRYSIAK | 60 | K | 4 | | CHORZÓW | | 00:24:15 | 00:24:12 | 04:51 |
| 5 | 28 | JOANNA | KARCZ | 45 | K | 5 | | MYSZKÓW | BĘDUSKA BRYGADA BIEGOWA | 00:24:18 | 00:24:06 | 04:51 |
| 6 | 29 | EWELINA | DZIECHCIARZ | 20 | K | 6 | | ZAWIERCIE | JURAJSKA AKADEMIA SPORTU | 00:24:19 | 00:24:12 | 04:51 |
| 7 | 31 | KAROLINA | KOWALIK | 58 | K | 7 | | PANIÓWKI | SAINT-GOBAIN SQUAD | 00:24:33 | 00:24:29 | 04:54 |
| 8 | 33 | GOSIA | KRZYSZTOFEK | 62 | K | 8 | | ZAWIERCIE | | 00:25:24 | 00:25:02 | 05:04 |
| 9 | 34 | OLIWIA | SROKA | 124 | K | 9 | | ZAWIERCIE | | 00:25:38 | 00:25:34 | 05:07 |
| 10 | 35 | MAŁGORZATA | MĘTLAK | 86 | K | 10 | | ZAWIERCIE | JURA TEAM OCR | 00:25:45 | 00:25:45 | 05:09 |
| 11 | 38 | MONIKA | SUS | 129 | K | 11 | | ZAWIERCIE | | 00:26:16 | 00:26:00 | 05:15 |
| 12 | 42 | DARIA | ŚCIŚLICKA | 133 | K | 12 | | CHRUSZCZOBRÓD | JURAJSKA AKADEMIA SPORTU | 00:27:35 | 00:27:25 | 05:31 |
| 13 | 43 | EWELINA | ŚCIŚLICKA | 134 | K | 13 | | CHRUSZCZOBRÓD | JURAJSKA AKADEMIA SPORTU | 00:27:50 | 00:27:38 | 05:34 |
| 14 | 45 | MARTA | MADEJ | 75 | K | 14 | | MYSZKÓW | | 00:28:24 | 00:28:18 | 05:40 |
| 15 | 54 | MAŁGORZATA | ŻMUDA | 151 | K | 15 | | ZAWIERCIE | KLUB SPORTOWY WARTO BIEGAĆ | 00:29:17 | 00:29:10 | 05:51 |
| 16 | 55 | MARTA | MUSIAŁ | 91 | K | 16 | | ZAWIERCIE | PRORUNNERSI | 00:29:18 | 00:28:56 | 05:51 |
| 17 | 57 | NATALIA | ZAWALSKA | 149 | K | 17 | | ŁAZY | JURAJSKA AKADEMIA SPORTU | 00:29:21 | 00:29:09 | 05:52 |
| 18 | 58 | JOANNA | RZEPKA | 115 | K | 18 | | ŻARKI | MKS2 | 00:29:25 | 00:29:07 | 05:53 |
| 19 | 59 | KATARZYNA | MATUSZEWSKA | 84 | K | 19 | | ZAWIERCIE | PRORUNNERSI | 00:29:28 | 00:29:07 | 05:53 |
| 20 | 60 | MAJA | POPCZYK | 111 | K | 20 | | ZAWIERCIE | JURAJSKA AKADEMIA SPORTU | 00:29:36 | 00:29:28 | 05:55 |
| 21 | 61 | AGATA | BROŻEK | 10 | K | 21 | | ZAWIERCIE | PRORUNNERSI | 00:29:41 | 00:29:23 | 05:56 |
| 22 | 66 | IZABELA | KUMKA | 65 | K | 22 | | KUSIĘTA | KUMKA EXPRESS | 00:29:47 | 00:29:30 | 05:57 |
| 23 | 67 | JULIA | KUPTSOVA | 67 | K | 23 | | ZAWIERCIE | PRORUNNERSI | 00:29:48 | 00:29:26 | 05:57 |
| 24 | 68 | DOMINIKA | PALIGA | 102 | K | 24 | | ZAWIERCIE | | 00:29:56 | 00:29:41 | 05:59 |
| 25 | 69 | ILONA | RZEPKA | 114 | K | 25 | | MYSZKÓW | MKS2 | 00:29:59 | 00:29:40 | 05:59 |
| 26 | 70 | KAROLINA | BEREDA | 6 | K | 26 | | WYSOKA | JURAJSKA AKADEMIA SPORTU | 00:30:03 | 00:29:51 | 06:00 |
| 27 | 72 | ANNA | KUWAK | 68 | K | 27 | | MYSZKÓW | KLUB SPORTOWY WARTO BIEGAĆ | 00:30:06 | 00:29:45 | 06:01 |
| 28 | 73 | IWONA | WALCZAK | 138 | K | 28 | | ZAWIERCIE | | 00:30:12 | 00:30:02 | 06:02 |
| 29 | 75 | ALEKSANDRA | WYRODEK | 145 | K | 29 | | PILICA | | 00:30:15 | 00:30:14 | 06:03 |
| 30 | 76 | KLAUDIA | MIZERA | 89 | K | 30 | | PORĘBA | | 00:30:26 | 00:30:23 | 06:05 |
| 31 | 79 | JAGODA | OMIELSKA | 98 | K | 31 | | ZAWIERCIE | PRORUNNERSI | 00:30:39 | 00:30:22 | 06:07 |
| 32 | 81 | MILENA | PILARCZYK | 106 | K | 32 | | BIELSKO-BIAŁA | | 00:30:48 | 00:30:33 | 06:09 |
| 33 | 82 | KATARZYNA | SOŚNIAK | 122 | K | 33 | | ZAWIERCIE | | 00:30:57 | 00:30:45 | 06:11 |
| 34 | 84 | KLEMENTYNA | NOCOŃ | 95 | K | 34 | | WIERBKA | | 00:32:09 | 00:31:43 | 06:25 |
| 35 | 86 | PATRYCJA | MAJOS | 80 | K | 35 | | OGRODZIENIEC | | 00:32:20 | 00:32:06 | 06:28 |
| 36 | 89 | AGNIESZKA | GRABDA | 31 | K | 36 | | ZAWIERCIE | | 00:32:32 | 00:32:13 | 06:30 |
| 37 | 90 | EWA | KUMKA | 66 | K | 37 | | CZĘSTOCHOWA | KUMKA EXPRESS | 00:32:59 | 00:32:42 | 06:35 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 38 | 91 | NATALIA | SĄKOL | 117 | K | 38 | JEZIOROWICE | | 00:33:16 | 00:32:54 | 06:39 |
| 39 | 92 | KAMILA | DWORAK | 19 | K | 39 | ZAWIERCIE | UM ZAWIERCIE | 00:33:17 | 00:33:07 | 06:39 |
| 40 | 93 | KALINA | ADAMOWSKA | 1 | K | 40 | MYSZKÓW | GRUPA KAKTUSA | 00:33:21 | 00:32:52 | 06:40 |
| 41 | 97 | SWIETLANA | KOZERA SIMONOWA | 59 | K | 41 | ŻARKI LETNISKO | KLUB SPORTOWY WARTO BIEGAĆ | 00:33:37 | 00:33:31 | 06:43 |
| 42 | 98 | ANNA | SIEJKA | 120 | K | 42 | ZAWIERCIE | UM ZAWIERCIE | 00:33:48 | 00:33:39 | 06:45 |
| 43 | 100 | SYLWIA | MADEJ - RATAJCZAK | 77 | K | 43 | ZAWIERCIE | KLUB SPORTOWY WARTO BIEGAĆ | 00:34:28 | 00:34:22 | 06:53 |
| 44 | 101 | ANNA | SZYMCZYK | 132 | K | 44 | ZAWIERCIE | PRORUNNERSI | 00:34:29 | 00:34:05 | 06:53 |
| 45 | 103 | ALEKSANDRA | SKABEK | 121 | K | 45 | ZAWIERCIE | | 00:34:44 | 00:34:38 | 06:56 |
| 46 | 104 | JUSTYNA | PLESIŃSKA | 110 | K | 46 | ZAWIERCIE | | 00:34:50 | 00:34:31 | 06:58 |
| 47 | 105 | JOANNA | GIESZCZYK | 25 | K | 47 | ZAWIERCIE | KLUB SPORTOWY WARTO BIEGAĆ | 00:35:06 | 00:34:59 | 07:01 |
| 48 | 108 | SYLWIA | GARDAS-ROK | 23 | K | 48 | ZAWIERCIE | MKS2 | 00:35:33 | 00:35:12 | 07:06 |
| 49 | 109 | JOANNA | GARDAS-PILARCZYK | 22 | K | 49 | ZAWIERCIE | MKS2 | 00:35:42 | 00:35:22 | 07:08 |
| 50 | 110 | BEATA | CZOP | 18 | K | 50 | ROKITNO SZLACHECKIE | | 00:35:45 | 00:35:22 | 07:09 |
| 51 | 111 | KAROLINA | STODÓŁKIEWICZ | 127 | K | 51 | ZAWIERCIE | UM ZAWIERCIE | 00:35:49 | 00:35:39 | 07:09 |
| 52 | 112 | ANETA | JAWORSKA | 43 | K | 52 | ZAWIERCIE | UM ZAWIERCIE | 00:35:49 | 00:35:39 | 07:09 |
| 53 | 114 | IWONA | MĘTLAK | 85 | K | 53 | ZAWIERCIE | | 00:36:19 | 00:36:16 | 07:15 |
| 54 | 116 | AGATA | HĄC | 37 | K | 54 | ZAWIERCIE | | 00:37:32 | 00:37:16 | 07:30 |
| 55 | 117 | KAROLINA | KUŹNIK | 69 | K | 55 | WIERUSZÓW | | 00:38:46 | 00:38:27 | 07:45 |
| 56 | 118 | AGNIESZKA | GRABOWSKA | 33 | K | 56 | ZAWIERCIE | UM ZAWIERCIE | 00:39:07 | 00:38:57 | 07:49 |
| 57 | 119 | ZDZISŁAWA | GÓRSKA-NIEĆ | 30 | K | 57 | ZAWIERCIE | UM ZAWIERCIE | 00:39:16 | 00:39:16 | 07:51 |
| 58 | 120 | MAGDALENA | KOTULECKA | 56 | K | 58 | ZAWIERCIE | UM ZAWIERCIE | 00:39:16 | 00:39:06 | 07:51 |
| 59 | 121 | ANNA | NIECKARZ | 93 | K | 59 | ZAWIERCIE | UM ZAWIERCIE | 00:39:18 | 00:39:08 | 07:51 |
| 60 | 122 | AGNIESZKA | HORBATIUK | 38 | K | 60 | WYSOKA | JURAJSKA AKADEMIA SPORTU | 00:41:06 | 00:41:06 | 08:13 |
| 61 | 123 | MAGDALENA | BILNICKA | 8 | K | 61 | ZAWIERCIE | UM ZAWIERCIE | 00:41:42 | 00:41:35 | 08:20 |
| 62 | 125 | MARLENA | ADAMUS | 3 | K | 62 | WYSOKA | | 00:42:23 | 00:41:57 | 08:28 |
| 63 | 126 | MARTA | MATUSIAK | 83 | K | 63 | WYSOKA | | 00:42:23 | 00:41:57 | 08:28 |
| 64 | 129 | KINGA | KOŁTON | 51 | K | 64 | ZAWIERCIE | ZACISZE KROMOŁÓW | 00:43:29 | 00:43:09 | 08:41 |
| 65 | 130 | ANETA | WIECZOREK | 140 | K | 65 | ZAWIERCIE | | 00:43:30 | 00:43:08 | 08:42 |
| 66 | 131 | HELENA | KOŁTON | 50 | K | 66 | ZAWIERCIE | ZACISZE KROMOŁÓW | 00:43:34 | 00:43:14 | 08:42 |