Bieg Dzika

Organizator: Akademia Wychowania Fizycznego im. Jerzego Kukuczki w Katowicach, KS AZS AWF Katowice

Data: 30.06.2019

Miejsce: Katowice

Dystans: Bieg - 1,2,3 lub cztery pętle po 4,882km

MCE	IMIĘ	NAZWISKO	NR	PŁEĆ	K	M	MIASTO	IL. OKR	KLUB	ROK	START	OKR. 1	OKR. 2	OKR. 3	OKR. 4	CZAS	CZAS NETTO	MIN/KM
1	PRZEMYSŁAW	BASA	40	M		1	RUDA ŚLĄSKA	4	KRS TKKF JATRZĄB RUDA ŚLĄSKA	1973	00:00:01	00:19:28	00:38:47	00:58:37	01:18:41	01:18:41	01:18:40	04:02
2	KRZYSZTOF	LEŚNIKOWSKI	159	M		2	CHORZÓW	4	AUGUSTEAM	1975	00:00:00	00:21:20	00:42:51	01:04:29	01:25:53	01:25:53	01:25:53	04:24
3	RAFAL	URLIK	36	M		3	KATOWICE	4	FC SZYSZOLANDIA KATOWICE	1985	00:00:00	00:20:02	00:41:45	01:04:16	01:27:25	01:27:25	01:27:25	04:29
4	MICHAŁ	FETLER	292	M		4	KATOWICE	4	HURAGAN LIGOTA	1975	00:00:01	00:21:05	00:43:46	01:07:37	01:31:16	01:31:16	01:31:15	04:40
5	MAREK	GOLONKA	119	M		5	MYSŁOWICE	4		1970	00:00:00	00:21:46	00:44:11	01:07:32	01:32:02	01:32:02	01:32:02	04:43
6	LUCJAN	SABUDA	254	M		6	KATOWICE	4	IRONS TYCHY	1965	00:00:00	00:22:10	00:45:13	01:08:59	01:33:06	01:33:06	01:33:06	04:46
7	RYSZARD	NIEDŹWIEDZKI	400	M		7	CZELADŹ	4	TKKF SATURN CZELADŹ	1962	00:00:00				01:33:50	01:33:50	01:33:50	04:48
8	ZENON	DUDZIK	23	M		8	KATOWICE	4		1962	00:00:04	00:22:17	00:45:46	01:09:55	01:34:15	01:34:15	01:34:11	04:49
9	BARTEK	PROBE	298	M		9	GLIWICE	4		1986	00:00:01	00:22:54	00:46:11	01:10:36	01:35:55	01:35:55	01:35:54	04:55
10	ŁUKASZ	JONIK	336	M		10	GIEDLAROWA	4	AZS AWF KATOWICE MTB TEAM	1985	00:00:11	00:23:19	00:47:22	01:11:37	01:36:12	01:36:12	01:36:01	04:55
11	TOMASZ	WIATER	234	M		11	CHORZÓW	4		1979	00:00:01	00:23:48	00:48:00	01:12:43	01:36:59	01:36:59	01:36:58	04:58
12	MARCIN	FOLUSIAK	256	M		12	KATOWICE	4		1973	00:00:00	00:22:31	00:46:20	01:11:32	01:38:00	01:38:00	01:38:00	05:01
13	DARIUSZ	KRZYŻOWSKI	145	M		13	ORZESZE	4		1968	00:00:02	00:23:16	00:47:42	01:12:50	01:38:35	01:38:35	01:38:33	05:03
14	RAFAŁ	KUBIAK	146	M		14	SOSNOWIEC	4	RR	1980	00:00:00	00:21:41	00:46:05	01:12:38	01:41:04	01:41:04	01:41:04	05:11
15	ZBIGNIEW	ŁUSZCZ	162	M		15	BYTOM	4		1969	00:00:12	00:23:28	00:47:43	01:13:46	01:42:02	01:42:02	01:41:50	05:13
16	MARIUSZ	OSOJCA	187	M		16	ORNONTOWICE	4	ZABIEGANI NAUCZYCIELE	1975	00:00:09	00:27:25	00:53:08	01:17:39	01:42:20	01:42:20	01:42:11	05:14
17	CLAUDIO	PIRAS	326	M		17	ZABRZE	4		1980	00:00:02	00:25:57	00:51:46	01:16:47	01:42:36	01:42:36	01:42:34	05:15
18	MATEUSZ	ŚCISŁY	226	M		18	ŚWIERKLANIEC	4	UFOKI ŚWIERKLANIEC	1995	00:00:05	00:24:41	00:50:16	01:16:44	01:42:47	01:42:47	01:42:42	05:16
19	PIOTR	GOLDA	378	M		19	GLIWICE	4		1972	00:00:34	00:29:51	00:56:03	01:21:41	01:47:25	01:47:25	01:46:50	05:28
20	PAWEŁ	SOBCZYK	212	M		20	SARNÓW	4		1963	00:00:18	00:27:24	00:54:38	01:21:52	01:48:14	01:48:14	01:47:56	05:32
21	KRZYSZTOF	DZIEWIĄTKA	269	M		21	WYRY	4		1994	00:00:20	00:26:58	00:54:48	01:20:46	01:49:08	01:49:08	01:48:48	05:34
22	ANDRZEJ	DEPTA	97	M		22	RUDA ŚLĄSKA	4		1967	00:00:15	00:28:03	00:55:42	01:24:23	01:54:06	01:54:06	01:53:52	05:50
23	DARIUSZ	KOWAL	140	M		23	OLKUSZ	4	SAINT-GOBAIN SQUAD	1974	00:00:04	00:27:19	00:55:51	01:25:28	01:54:59	01:54:59	01:54:55	05:53
24	MACIEJ	SIEKA	279	M		24	MYSŁOWICE	4		1975	00:00:26	00:28:48	00:56:06	01:24:49	01:55:16	01:55:16	01:54:50	05:53
25	MARTYNA	MUSKAŁA	175	K	1		CHORZÓW	4	HURAGAN LIGOTA	2002	00:00:22	00:27:23	00:56:22	01:26:17	01:55:25	01:55:25	01:55:03	05:53
26	ARKADIUSZ	STOLORZ	216	M		25	MYSŁOWICE	4		1985	00:00:08	00:27:29	00:54:29	01:25:28	01:55:28	01:55:28	01:55:20	05:54
27	KAMIL	SZCZEPANIAK	222	M		26	ŚWIĘTOCHŁOWICE	4	AUGUSTEAM	1995	00:00:00	00:24:36	00:52:32	01:22:35	01:58:22	01:58:22	01:58:22	06:04
28	PAWEŁ	KARLIK	277	M		27	KOBIÓR	4		1984	00:00:00	00:27:58	00:57:17	01:27:09	01:58:51	01:58:51	01:58:51	06:05
29	ROBERT	PIETER	195	M		28	CHORZÓW	4		1988	00:00:00	00:27:50	00:55:28	01:23:51	01:58:57	01:58:57	01:58:57	06:05
30	GRZEGORZ	DETKO	99	M		29	ANDRYCHÓW	4	MEAT - EXTRA	1969	00:00:29	00:30:09	00:59:16	01:29:54	02:02:59	02:02:59	02:02:30	06:16
31	SYLWESTER	MYNARSKI	303	M		30	BIELSKO-BIAŁA	4	DALEKO JESZCZE?	1972	00:00:15	00:31:12	01:02:50	01:34:14	02:06:15	02:06:15	02:06:00	06:27
32	LIGIA	MYNARSKA	302	K	2		BIELSKO-BIAŁA	4	DALEKO JESZCZE?	1973	00:00:15	00:31:12	01:02:49	01:34:15	02:06:15	02:06:15	02:06:00	06:27
33	EWELINA	KOBUS	135	K	3		KATOWICE	4	MK TEAM	1992	00:00:13	00:29:27	01:02:07	01:34:32	02:08:31	02:08:31	02:08:19	06:34
34	DAWID	STAROSZYŃSKI	214	M		31	KATOWICE	4		1987	00:00:11	00:26:41	00:59:21	01:36:27	02:16:09	02:16:09	02:15:58	06:58
35	ADAM	POLCZYK	200	M		32	TARNOWSKIE GÓRY	4	SREBRNE MIASTO TARNOWSKIE GÓRY	1978	00:00:07	00:30:48	01:04:59	01:42:28	02:20:05	02:20:05	02:19:57	07:10
36	BOGUSŁAWA	BORYCKA-ŚWIERZY	5	K	4		KATOWICE	4		1972	00:00:36	00:46:51	01:16:54	01:49:53	02:23:54	02:23:54	02:23:18	07:20
37	GRZEGORZ	SKWORC	367	M		33	SIEMIANOWICE ŚL	3	CO JA BIEGAM	1987	00:00:00	00:21:13	00:42:08	01:03:41		01:03:41	01:03:41	04:21
38	JAN	MROCZEK	174	M		34	RUDA ŚL.	3		1967	00:00:00	00:19:35	00:44:41	01:08:15		01:08:15	01:08:15	04:40
39	PAWEŁ	FURMAN	112	M		35	KATOWICE	3	HURAGAN LIGOTA	1981	00:00:03	00:23:16	00:47:20	01:12:42		01:12:42	01:12:39	04:58
40	MIREK	GRZONDZIEL	121	M		36	KATOWICE	3	HURAGAN LIGOTA	1975	00:00:02	00:23:05	00:47:12	01:12:42		01:12:42	01:12:40	04:58
41	JAN	ŻOŁGAŁA	306	M		37	KATOWICE	3	HURAGAN LIGOTA	1977	00:00:08	00:24:25	00:50:25	01:12:42		01:12:42	01:12:34	04:57
42	MIROSŁAW	WARZOCHA	71	M		38	MIKOŁÓW	3		1962	00:00:00	00:22:46	00:48:21	01:14:41		01:14:41	01:14:40	05:06
43	HENRYK	SENDOBRY	42	M		39	ŁAZISKA GÓRNE	3	ADOPCJANAODLEGLOSC.PL	1966	00:00:02	00:22:48	00:48:08	01:15:24		01:15:24	01:15:23	05:09
44	DARIUSZ	FURICH	111	M		40	SIEMIANOWICE ŚLĄSKIE	3	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	1971	00:00:12	00:25:49	00:51:08	01:16:35		01:16:35	01:16:24	05:13
45	MACIEJ	OLEJNICZAK	184	M		41	TARNOWSKIE GÓRY	3	BWH	1979	00:00:05	00:27:26	00:53:14	01:17:41		01:17:41	01:17:36	05:18
46	IGOR	KASZEWSKI	353	M		42	KATOWICE	3	NIGHT RUNNERS	1989	00:00:02	00:23:14	00:48:39	01:19:51		01:19:51	01:19:48	05:27
47	LESZEK	OŁDAKOWSKI	356	M		43	KATOWICE	3	PANEWNIKI	1954	00:00:01	00:25:22	00:51:56	01:19:52		01:19:52	01:19:50	05:27
48	JAN	KANTOROSIŃSKI	131	M		44	MYSŁOWICE	3		1958	00:00:32	00:26:29	00:53:30	01:21:10		01:21:10	01:20:37	05:30
49	ARKADIUSZ	PAWLIK	194	M		45	KATOWICE	3		1969	00:00:14	00:27:25	00:53:50	01:21:53		01:21:53	01:21:39	05:34
50	DAMIAN	OSOJCA	186	M		46	GLIWICE	3		1989	00:00:04	00:26:10	00:53:08	01:22:20		01:22:20	01:22:16	05:37
51	JANUSZ	PRZYŁUDZKI	354	M		47	MIKOŁÓW	3		1952	00:00:19	00:27:24	00:54:43	01:23:27		01:23:27	01:23:07	05:41
52	MATEUSZ	BANAŚ	355	M		48	KATOWICE	3	KATO PRO ACTIVE	1986	00:00:38	00:28:37	00:56:13	01:24:20		01:24:20	01:23:42	05:43
53	KAMILA	LACHERA	338	K	5		KATOWICE	3	CSC ADVENTURE ACADEMY	1981	00:00:02	00:28:14	00:58:45	01:29:03		01:29:03	01:29:01	06:05
54	MIROSŁAW	PTASIK	368	M		49	KOZIEGŁOWY	3		1967	00:00:19	00:27:43	00:58:47	01:31:16		01:31:16	01:30:56	06:13
55	KRZYSZTOF	WIECZOREK	236	M		50	KATOWICE	3	TRUCHTACZ MYSŁOWICE	1968	00:00:19	00:29:33	01:00:11	01:31:20		01:31:20	01:31:01	06:13
56	MAGDALENA	ŁUSZCZ	161	K	6		BYTOM	3	BTM RUNNERS	1972	00:00:12	00:28:33	01:02:27	01:35:13		01:35:13	01:35:01	06:29
57	KRZYSZTOF	DENDRA	314	M		51	PIEKARY ŚLĄSKIE	3	LECYMY DURŚ	1976	00:00:23	00:32:46	01:05:22	01:37:39		01:37:39	01:37:16	06:39
58	JOANNA	RÓŻAŃSKA	283	K	7		ORZESZE	3	LECYMY DURŚ	1984	00:00:23	00:36:32	01:10:15	01:44:48		01:44:48	01:44:25	07:08

59	JERZY	SZCZYPKA	369	M		52	KATOWICE	3		1953	00:00:04	00:31:45	01:07:41	01:47:29		01:47:29	01:47:25	07:20
60	MAŁGORZATA	CHUCHLA	74	K	8		KATOWICE	3		1969	00:00:10	00:33:20	01:13:18	01:53:57		01:53:57	01:53:47	07:46
61	PRZEMYSŁAW	DUDEK	262	M		53	TYCHY	3		1980	00:00:16	00:38:46	01:22:56	02:09:06		02:09:06	02:08:50	08:48
62	WOJCIECH	SZYMURA	225	M		54	RYBNIK	2	DECATHLON RYBNIK & PRZYJACIELE	1973	00:00:00	00:22:01	00:44:47			00:44:47	00:44:47	04:35
63	KRZYSZTOF	SIUTA	208	M		55	PIEKARY ŚLĄSKIE	2		1997	00:00:16	00:23:01	00:46:28			00:46:28	00:46:12	04:44
64	KAMIL	SZYMURA	224	M		56	RYBNIK	2	DECATHLON RYBNIK & PRZYJACIELE	2004	00:00:00	00:22:59	00:46:44			00:46:44	00:46:44	04:47
65	PIOTR	CZECHOWSKI	332	M		57	SOSNOWIEC	2	LUBIĘ BURPRESY	1978	00:00:00	00:22:25	00:48:07			00:48:07	00:48:07	04:56
66	ASIA	SZCZEPANEK	221	K	9		OLKUSZ	2	OLKUSZBIEGA.PL	1975	00:00:00	00:23:40	00:48:39			00:48:39	00:48:39	04:59
67	JACEK	MACHALICA	164	M		58	SIEMIANOWICE ŚLĄSKIE	2	FAMUŁA TEAM	1987	00:00:03	00:24:24	00:49:01			00:49:01	00:48:58	05:01
68	PAWEŁ	GRUSZKA	328	M		59	KATOWICE	2		1970	00:00:07	00:24:28	00:49:03			00:49:03	00:48:57	05:01
69	JACEK	KLAPETEK	65	M		60	KATOWICE	2	ŚKK GOLIAT	1969	00:00:13	00:24:26	00:49:09			00:49:09	00:48:56	05:01
70	JAROSŁAW	ŚWITA	227	M		61	WODZISŁAW ŚLĄSKI	2		1971	00:00:01	00:24:19	00:50:07			00:50:07	00:50:07	05:08
71	KATARZYNA	SŁOWIK	211	K	10		KATOWICE	2	HURAGAN LIGOTA	1978	00:00:21	00:24:25	00:50:25			00:50:25	00:50:04	05:08
72	MACIEK	KOZIARSKI	141	M		62	KATOWICE	2	HURAGAN LIGOTA	1979	00:00:04	00:24:26	00:50:25			00:50:25	00:50:21	05:09
73	DARIUSZ	HAUFA	122	M		63	KATOWICE	2		1993	00:00:04	00:25:54	00:50:26			00:50:26	00:50:22	05:09
74	PAWEŁ	KORZUS	290	M		64	SOSNOWIEC	2	LUBIĘ BURPRESY	1984	00:00:00	00:22:58	00:50:44			00:50:44	00:50:43	05:12
75	ALEKSANDER	BIAŁECKI	82	M		65	MYSŁOWICE	2		1975	00:00:00	00:24:42	00:51:09			00:51:09	00:51:09	05:14
76	ANNA	BIAŁECKA	81	K	11		MYSŁOWICE	2		1974	00:00:00	00:24:42	00:51:09			00:51:09	00:51:09	05:14
77	BARTOSZ	SZTAJER	305	M		66	BĘDZIN	2	LUBIĘ BURPRESY	1984	00:00:00	00:21:37	00:51:30			00:51:30	00:51:30	05:16
78	FRANCISZEK	MAREK	169	M		67	KATOWICE	2	ENERGOPROJEKT-KATOWICE	1982	00:00:08	00:25:51	00:51:41			00:51:41	00:51:33	05:17
79	ARTUR	GIEROK	61	M		68	KATOWICE	2		1976	00:00:11	00:25:50	00:51:48			00:51:48	00:51:38	05:17
80	MATEUSZ	BUCZYŃSKI	304	M		69	KATOWICE	2		1987	00:00:10	00:26:43	00:52:19			00:52:19	00:52:09	05:20
81	ADRIAN	GAŁĄZKA	113	M		70	ŚWIĘTOCHŁOWICE	2		1984	00:00:05	00:25:40	00:52:24			00:52:24	00:52:18	05:21
82	ALICJA	CZĄSTKIEWICZ	96	K	12		GLIWICE	2	POWERGIRLS	1984	00:00:09	00:27:54	00:52:27			00:52:27	00:52:18	05:21
83	JANUSZ	ŠVACH	220	M		71	KATOWICE	2	BROWAR DOMOWY GARAŻ	1976	00:00:01	00:24:40	00:53:16			00:53:16	00:53:15	05:27
84	ADAM	KULIK	296	M		72	CHORZÓW	2		1970	00:00:06	00:26:20	00:53:31			00:53:31	00:53:25	05:28
85	DARIUSZ	WALKOWSKI		M		73		2			00:00:00		00:54:00			00:54:00	00:54:00	05:32
86	PIOTR	WITAŁA	239	M		74	KATOWICE	2		1976	00:00:08	00:27:07	00:54:22			00:54:22	00:54:15	05:33
87	MONIKA	LISZKA	351	K	13		ŚWIĘTOCHŁOWICE	2		1976	00:00:04	00:26:33	00:54:24			00:54:24	00:54:20	05:34
88	MACIEJ	WOLNY	243	M		75	KATOWICE	2	HURAGAN LIGOTA	1975	00:00:32	00:27:59	00:54:39			00:54:39	00:54:07	05:33
89	SEBASTIAN	GABOR	288	M		76	KATOWICE	2	YOLT	1987	00:00:24	00:28:04	00:55:06			00:55:06	00:54:42	05:36
90	SEBASTIAN	SKRZYPIEC	209	M		77	KATOWICE	2	HURAGAN LIGOTA	1976	00:00:31	00:27:21	00:55:26			00:55:26	00:54:55	05:37
91	ALEKSANDER	NOWAKOWSKI	181	M		78	KATOWICE	2	PADEREWA	1973	00:00:10	00:26:30	00:55:43			00:55:43	00:55:33	05:41
92	KONRAD	REMBACZ	202	M		79	KATOWICE	2	PADEREWA	1984	00:00:12	00:26:30	00:55:46			00:55:46	00:55:34	05:41
93	ŁUKASZ	JĘDRZEJCZYK	313	M		80	MIKOŁÓW	2	COCA-COLA RUNNERS	1983	00:00:03	00:27:06	00:56:01			00:56:01	00:55:58	05:44
94	ZBIGNIEW	SAGAN	348	M		81	TYCHY	2		1976	00:00:19	00:27:19	00:56:14			00:56:14	00:55:55	05:44
95	URSZULA	WYKROTA	340	K	14		KATOWICE	2		1983	00:00:15	00:27:17	00:56:27			00:56:27	00:56:12	05:45
96	MAREK	GAŁĄZKA	114	M		82	ŚWIĘTOCHŁOWICE	2		1961	00:00:05	00:27:56	00:56:40			00:56:40	00:56:35	05:48
97	ANGELIKA	SAGAN	275	K	15		MIKOŁÓW	2	TKKF HADES	1993	00:00:03	00:26:56	00:56:43			00:56:43	00:56:40	05:48
98	JAN	WYDUCH	276	M		83	MIKOŁÓW	2	TKKF HADES MIKOŁÓW	1949	00:00:03	00:26:56	00:56:43			00:56:43	00:56:40	05:48
99	MATEUSZ	MARCAK	14	M		84	KATOWICE	2		1987	00:00:26	00:26:59	00:56:52			00:56:52	00:56:26	05:47
100	GOSIA	RACZYŃSKA	312	K	16		MYSŁOWICE	2	COCA - COLA RUNNERS	1975	00:00:03	00:27:06	00:56:53			00:56:53	00:56:50	05:49
101	MARCIN	BARANOWSKI	255	M		85	KATOWICE	2		1975	00:00:23	00:28:31	00:56:55			00:56:55	00:56:32	05:47
102	SZYMON	NOWAK	43	M		86	CHORZÓW	2	OVERWATCH	1988	00:00:27	00:28:34	00:56:56			00:56:56	00:56:30	05:47
103	GRZEGORZ	KAWALEC	132	M		87	ORZESZE	2		1975	00:00:08	00:27:08	00:57:55			00:57:55	00:57:48	05:55
104	LUDOMIR	SIERZPUTOWSKI	39	M		88	KATOWICE	2	NATURA BIEGU	2001	00:00:00	00:27:04	00:58:03			00:58:03	00:58:03	05:57
105	PIOTR	KLUSKA	134	M		89	KATOWICE	2	HURAGAN LIGOTA	1967	00:00:23	00:28:58	00:58:15			00:58:15	00:57:52	05:56
106	SZYMON	CZYŻ	273	M		90	CIESZYN	2		1996	00:00:03	00:27:18	00:58:23			00:58:23	00:58:19	05:58
107	MARTA	DZIEKAŃSKA	103	K	17		BĘDZIN	2	W POGONI ZA DUCHEM	1976	00:00:16	00:29:11	00:58:37			00:58:37	00:58:21	05:59
108	JANUSZ	SZALA	274	M		91	ŁAZISKA GÓRNE	2		1952	00:00:37	00:30:15	00:59:16			00:59:16	00:58:39	06:00
109	JERZY	SOSNA	392	M		92	SIEMIANOWICE ŚL	2		1958	00:00:02	00:27:25	00:59:29			00:59:29	00:59:27	06:05
110	MARCIN	KANIA	130	M		93	ŁAZISKA GÓRNE	2		1976	00:00:19	00:28:37	01:00:02			01:00:02	00:59:43	06:07
111	WOJCIECH	SZCZYPKA	370	M		94	KATOWICE	2		1990	00:00:05	00:28:13	01:00:36			01:00:36	01:00:31	06:12
112	DAMIAN	WIECZOREK	235	M		95	KATOWICE	2		1971	00:00:05	00:28:28	01:00:50			01:00:50	01:00:45	06:13
113	MARTA	DUSZYŃSKA	102	K	18		KATOWICE	2		1980	00:00:04	00:28:29	01:00:50			01:00:50	01:00:46	06:13
114	ANNA	PIOTROWSKA	198	K	19		KATOWICE	2	HURAGAN LIGOTA	1979	00:00:22	00:28:54	01:00:56			01:00:56	01:00:34	06:12
115	PATRYCJA	MACHAJSKA	163	K	20		KATOWICE	2	AUGUSTEAM	1995	00:00:01	00:24:40	01:01:04			01:01:04	01:01:03	06:15
116	ADAM	KŁOSOWICZ	289	M		96	BOGUCHWAŁOWICE	2	KŁOSKI TEAM	1980	00:00:35	00:29:56	01:01:05			01:01:05	01:00:30	06:12
117	ŁUKASZ	KUCZERA	27	M		97	RYBNIK	2	DECATHLON RYBNIK & PRZYJACIELE	1983	00:00:16	00:30:45	01:01:17			01:01:17	01:01:01	06:15
118	DANIEL	WIECZOREK	379	M		98	RUDA ŚL	2		1984	00:01:00	00:29:25	01:01:34			01:01:34	01:00:34	06:12
119	KATARZYNA	FIJAŁKOWSKA	107	K	21		SIEMIANOWICE ŚLĄSKIE	2	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	1987	00:00:09	00:28:59	01:01:44			01:01:44	01:01:35	06:18
120	PIOTR	BUJOCZEK	89	M		99	BYTOM	2		1977	00:00:35	00:31:29	01:03:39			01:03:39	01:03:04	06:28
121	BOGUSLAWA	KUPIBIDA	147	K	22		KATOWICE	2	SILESIA NORDIC TEAM	1959	00:00:36	00:31:47	01:03:43			01:03:43	01:03:06	06:28
122	BETINA	SKWORC	366	K	23		SIEMIANOWICE ŚL	2		1988	00:00:00	00:29:44	01:03:47			01:03:47	01:03:47	06:32
123	ANNA	PAWLIK	193	K	24		KATOWICE	2		1969	00:00:14	00:31:50	01:03:49			01:03:49	01:03:35	06:31
124	MARIA	BALON	30	K	25		SOSNOWIEC	2		1984	00:00:10	00:30:34	01:03:56			01:03:56	01:03:46	06:32
125	DOMINIKA	NEC	176	K	26		MYSŁOWICE	2		1980	00:00:08	00:31:13	01:04:05			01:04:05	01:03:57	06:33
126	GRZEGORZ	WELM	233	M		100	CZĘSTOCHOWA	2	ZABIEGANI CZĘSTOCHOWA	1970	00:00:11	00:34:09	01:04:33			01:04:33	01:04:23	06:36
127	MACIEJ	GOLAŃSKI	117	M		101	ŚWIEBODZIN	2	POZRUNIACY	1975	00:00:20	00:34:27	01:04:49			01:04:49	01:04:29	06:36
128	MICHAŁ	GOLAŃSKI	118	M		102	ŚWIEBODZIN	2	POZRUNIACY	2002	00:00:22	00:34:27	01:04:49			01:04:49	01:04:28	06:36

129	PIOTR	BARCZYK	78	M		103	CHORZÓW	2	ROCK AREA FANS	1974	00:00:08	00:30:33	01:06:08	01:06:08	01:05:59	06:45
130	MICHAŁ	URBAN	229	M		104	KATOWICE	2	HURAGAN LIGOTA	2000	00:00:28	00:30:35	01:06:09	01:06:09	01:05:41	06:44
131	LILA	BIENEK	83	K	27		KATOWICE	2	GBK SARENKI	1984	00:00:05	00:30:31	01:06:17	01:06:17	01:06:11	06:47
132	IWONA	NOWAK	179	K	28		SIEMIANOWICE ŚLĄSKIE	2		1974	00:00:11	00:28:59	01:06:53	01:06:53	01:06:42	06:50
133	KRZYSZTOF	SUCHON	9	M		105	PYSKOWICE	2		1965	00:00:42	00:32:08	01:07:01	01:07:01	01:06:19	06:47
134	ALDONA	PIELA-SKAWIŃSKA	261	K	29		ŚWIĘTOCHŁOWICE	2		1971	00:00:38	00:32:42	01:07:15	01:07:15	01:06:38	06:49
135	MARZENA	KLOC	263	K	30		KATOWICE	2	HURAGAN LIGOTA	1972	00:00:21	00:30:17	01:07:41	01:07:41	01:07:20	06:54
136	JAKUB	MELLER	50	M		106	LĘDZINY	2		2007	00:00:18	00:29:01	01:07:55	01:07:55	01:07:37	06:55
137	MARLENA	LAKSA	154	K	31		RUDA ŚLĄSKA	2		1974	00:00:27	00:34:51	01:10:47	01:10:47	01:10:20	07:12
138	MARZENA	WITAŁA	282	K	32		KATOWICE	2		1981	00:00:07	00:34:39	01:11:14	01:11:14	01:11:07	07:17
139	DANUTA	MROCZEK	173	K	33		RUDA ŚLĄSKA	2		1970	00:00:26	00:35:58	01:16:07	01:16:07	01:15:41	07:45
140	MARIAN	CIESIOŁKA	295	M		107	BYTOM	2		1949	00:00:00	00:37:18	01:16:59	01:16:59	01:16:59	07:53
141	MAGDALENA	SIEKA	207	K	34		MYSŁOWICE	2		1980	00:03:21	01:00:43	02:02:11	02:02:11	01:58:50	12:10
142	JAKUB	MAREKWICA	345	M		108	KATOWICE	1	MK TEAM	2006	00:00:00	00:19:24		00:19:24	00:19:24	03:58
143	PIOTR	WCISŁO	232	M		109	KATOWICE	1		2000	00:00:01	00:21:49		00:21:49	00:21:48	04:28
144	KRZYSZTOF	MAJEK	267	M		110	KATOWICE	1	AUGUST TEAM	1971	00:00:01	00:21:50		00:21:50	00:21:49	04:28
145	ROBERT	KĘSICKI	310	M		111	KATOWICE	1	SUPERBOHATER ROBERT	1982	00:00:02	00:21:56		00:21:56	00:21:54	04:29
146	PATRYK	JEZIORSKI	334	M		112	RUDA ŚLĄSKA	1		1999	00:00:09	00:22:10		00:22:10	00:22:02	04:31
147	MARCIN	ŁOBODA	300	M		113	USTROŃ	1	ŚWIRY STELLA	1980	00:00:11	00:22:19		00:22:19	00:22:08	04:32
148	ŁUKASZ	ŻĄDŁO	365	M		114	KATOWICE	1	CABALIO BLANCO	1979	00:00:00	00:22:23		00:22:23	00:22:22	04:35
149	FRANCISZEK	JANOWSKI	343	M		115	KATOWICE	1	TEAM PRO	2010	00:00:00	00:22:30		00:22:30	00:22:30	04:36
150	JACEK	MRÓZ	18	M		116	KATOWICE	1		1976	00:00:01	00:22:38		00:22:38	00:22:36	04:38
151	KOSMA	KALAMARZ	128	M		117	RYBNIK	1	KAMIL NV TEAM	1980	00:00:00	00:22:43		00:22:43	00:22:43	04:39
152	MAREK	MADEJ	165	M		118	CHORZÓW	1		1967	00:00:02	00:22:53		00:22:53	00:22:51	04:41
153	WOJCIECH	LITWIŃSKI	393	M		119	PIEKARY ŚLĄSKIE	1	KUŹNIA TRIATHLONU	1989	00:00:00	00:22:56		00:22:56	00:22:56	04:42
154	TOMASZ	LARA	158	M		120	KATOWICE	1		1976	00:00:04	00:22:58		00:22:58	00:22:55	04:42
155	DANIEL	SACAŁA	327	M		121	KATOWICE	1		1985	00:00:00	00:23:17		00:23:17	00:23:17	04:46
156	WOJCIECH	WCISŁO	4	M		122	KATOWICE	1		1978	00:00:03	00:23:27		00:23:27	00:23:24	04:48
157	JAROSŁAW	ŻUKOW	371	M		123	BYTOM	1	BTM RUNNERS	1974	00:00:35	00:23:44		00:23:44	00:23:09	04:45
158	JAN	MILKOWSKI	291	M		124	ŚWIĘTOCHŁOWICE	1	HARCIOLE	1967	00:00:01	00:23:48		00:23:48	00:23:47	04:52
159	ADAM	ŚWIERCZ	311	M		125	MYSŁOWICE	1	SZWAGRY	1987	00:00:02	00:24:10		00:24:10	00:24:08	04:57
160	JAN	JANOWSKI	344	M		126	KATOWICE	1		2007	00:00:00	00:24:21		00:24:21	00:24:21	04:59
161	ŁUKASZ	MIETŁA	293	M		127	KATOWICE	1	HURAGAN LIGOTA	1979	00:00:06	00:24:25		00:24:25	00:24:19	04:59
162	JAN	SOBOL	375	M		128	KRAKÓW	1		2003	00:00:00	00:24:31		00:24:31	00:24:31	05:01
163	BARTŁOMIEJ	BAUC	35	M		129	KATOWICE	1	UKRYTA OPCJA NIEMIECKA	1982	00:00:04	00:24:35		00:24:35	00:24:31	05:01
164	PAWEŁ	SOBOL	376	M		130	KRAKÓW	1		1976	00:00:00	00:24:38		00:24:38	00:24:38	05:03
165	GRZEGORZ	WAGNER	386	M		131	RUDA ŚLASKA	1		1985	00:00:07	00:24:53		00:24:53	00:24:46	05:04
166	GRZEGORZ	PASTERCZYK	192	M		132	KATOWICE	1		1975	00:00:10	00:24:57		00:24:57	00:24:48	05:05
167	KAROLINA	MOSKWA	172	K	35		CHORZÓW	1	BATORY LOTO	1984	00:00:08	00:24:59		00:24:59	00:24:51	05:05
168	SYLWESTER	SALAMON	278	M		133	MIKOŁOW	1		1979	00:00:09	00:25:48		00:25:48	00:25:39	05:15
169	PATRYCJUSZ	KORNAS	319	M		134	ORZESZE	1	HURAGAN LIGOTA	1980	00:00:07	00:25:49		00:25:49	00:25:42	05:16
170	SZYMON	GRZANKA	308	M		135	GLIWICE	1		2005	00:00:03	00:25:49		00:25:49	00:25:47	05:17
171	DAMIAN	TOMASIK	387	M		136	MYSŁOWICE	1		1988	00:00:26	00:25:53		00:25:53	00:25:28	05:13
172	KAMIL	KWAPISZ	153	M		137	RUDA ŚLĄSKA	1		1987	00:00:00	00:26:03		00:26:03	00:26:03	05:20
173	WIKTOR	PIECYK	59	M		138	KATOWICE	1		2007	00:00:30	00:26:14		00:26:14	00:25:44	05:16
174	JAROSŁAW	PIŁAT	197	M		139	RUDA ŚLĄSKA	1	KRS TKKF „JASTRZĄB" RUDA ŚLĄSKA	1979	00:00:17	00:26:15		00:26:15	00:25:59	05:19
175	JAKUB	KUBIK	264	M		140	SIEWIERZ	1		2008	00:00:10	00:26:20		00:26:20	00:26:10	05:22
176	KAMIL	CISOWSKI	342	M		141	MIKOŁÓW	1		1984	00:00:00	00:26:22		00:26:22	00:26:22	05:24
177	ANNA	GOGOLIN	325	K	36		ZABRZE	1		1979	00:00:02	00:26:22		00:26:22	00:26:20	05:24
178	KAROL	KAJZER	346	M		142	KATOWICE	1		2007	00:00:00	00:26:32		00:26:32	00:26:32	05:26
179	MATTHIAS	HERMANN	123	M		143	KATOWICE	1		1979	00:00:00	00:26:46		00:26:46	00:26:46	05:29
180	EWA	MADEJCZYK	166	K	37		KATOWICE	1		1985	00:00:23	00:26:46		00:26:46	00:26:23	05:24
181	KRZYSZTOF	KAJZER	347	M		144	KATOWICE	1		1982	00:00:03	00:26:46		00:26:46	00:26:44	05:28
182	MARCIN	JĘDYCZEK	380	M		145	MYSŁOWICE	1		1986	00:00:10	00:26:47		00:26:47	00:26:37	05:27
183	DARIUSZ	WCISŁO	231	M		146	KATOWICE	1		1969	00:00:02	00:26:50		00:26:50	00:26:47	05:29
184	JACEK	LANGER	155	M		147	CHORZÓW	1	AUGUSTEAM	1970	00:00:12	00:26:51		00:26:51	00:26:39	05:28
185	GRZEGORZ	GRYCMAN	260	M		148	KATOWICE	1	ADS MASNA	1976	00:00:09	00:26:52		00:26:52	00:26:42	05:28
186	EWA	STRZELCZYK	217	K	38		KATOWICE	1	HURAGAN LIGOTA	1978	00:00:07	00:26:54		00:26:54	00:26:47	05:29
187	MARCIN	DZIUBDZIELA	359	M		149	KATOWICE	1		1981	00:00:07	00:26:59		00:26:59	00:26:51	05:30
188	PAWEŁ	POSTOLSKI	349	M		150	ZABRZE	1		1976	00:00:09	00:27:07		00:27:07	00:26:58	05:31
189	ALAN	JARASZ	126	M		151	BYTOM	1		2005	00:00:14	00:27:08		00:27:08	00:26:54	05:31
190	CZESŁAW	BIŃKOWSKI	272	M		152	ORZESZE	1		1960	00:00:00	00:27:11		00:27:11	00:27:11	05:34
191	BERNADETTA	BEDNARSKA	79	K	39		TYCHY	1		1980	00:00:02	00:27:20		00:27:20	00:27:18	05:36
192	TOMASZ	SITKOWSKI	315	M		153	MYSŁOWICE	1	CARBON OCR RACING TEAM	1983	00:00:14	00:27:22		00:27:22	00:27:08	05:33
193	MAREK	SODOWSKI	385	M		154	SIEMIANOWICE ŚL	1	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	1986	00:00:13	00:27:23		00:27:23	00:27:10	05:34
194	JERZY	GOGOLIN	115	M		155	ZABRZE	1		1947	00:00:00	00:27:24		00:27:24	00:27:23	05:37
195	JAROSŁAW	DZIUBDZIELA	358	M		156	KATOWICE	1		1957	00:00:08	00:27:26		00:27:26	00:27:19	05:36
196	RAFAŁ	TOMCZAK	350	M		157	MIKOŁÓW	1	ZABIEGANI NAUCZYCIELE	1979	00:00:13	00:27:31		00:27:31	00:27:18	05:36
197	MAREK	LYSKO	31	M		158	KATOWICE	1		1976	00:00:39	00:27:37		00:27:37	00:26:58	05:31
198	TOMASZ	WĄTROBA	46	M		159	CHRUSZCZOBRÓD	1	UKRYTA OPCJA NIEMIECKA	1981	00:00:08	00:27:38		00:27:38	00:27:30	05:38
199	DAWID	KONDERAK	381	M		160	CHORZÓW	1		1984	00:00:18	00:27:39		00:27:39	00:27:21	05:36
200	MAKSYMILIAN	KOMUDA	137	M		161	BYTOM	1		2006	00:00:00	00:27:41		00:27:41	00:27:41	05:40

201	MARIUSZ	KACZMARCZYK	72	M		162	SIEMIANOWICE ŚLĄSKIE	1	VULCAN	1968	00:00:03	00:27:48			00:27:48	00:27:45	05:41
202	ARTUR	STYPKA	218	M		163	KATOWICE	1	OHIO TEAM	1971	00:00:11	00:27:55			00:27:55	00:27:44	05:41
203	MAŁGORZATA	WAWRO	230	K	40		KATOWICE	1		1969	00:00:23	00:27:57			00:27:57	00:27:33	05:39
204	IWONA	SATERNUS	205	K	41		KATOWICE	1		1976	00:00:00	00:27:59			00:27:59	00:27:59	05:44
205	MICHAŁ	DEPTA	98	M		164	RUDA ŚLĄSKA	1		1967	00:00:15	00:28:02			00:28:02	00:27:47	05:41
206	KAROL	PIECYK	58	M		165	KATOWICE	1		2007	00:00:32	00:28:06			00:28:06	00:27:35	05:39
207	DARIUSZ	MAŁKIEWICZ	167	M		166	KATOWICE	1	PGB SPORTOWA PACZKA	1974	00:00:24	00:28:13			00:28:13	00:27:48	05:42
208	BARTEK	ADAMOSZEK	285	M		167	KATOWICE	1	AZS AWF K-CE JUDO	2008	00:00:18	00:28:13			00:28:13	00:27:55	05:43
209	OSKAR	WITAŁA	238	M		168	KATOWICE	1		2005	00:00:14	00:28:16			00:28:16	00:28:02	05:45
210	PIOTR	KLAPETEK	66	M		169	KATOWICE	1	ŚKK GOLIAT	2005	00:00:15	00:28:18			00:28:18	00:28:03	05:45
211	IZABELA	LARA	157	K	42		KATOWICE	1		1977	00:00:04	00:28:30			00:28:30	00:28:26	05:49
212	AGNIESZKA	SZATNIEWSKA	390	K	43		BĘDZIN	1	OWOCOWAKRAINA	1978	00:00:16	00:28:35			00:28:35	00:28:19	05:48
213	KAROL	PISZCZEK	199	M		170	CHORZÓW	1		2007	00:00:02	00:28:36			00:28:36	00:28:33	05:51
214	KRZYSZTOF	CZAPSKI	95	M		171	KATOWICE	1		1965	00:00:23	00:28:37			00:28:37	00:28:14	05:47
215	RAFAŁ	TUREK	391	M		172	BĘDZIN	1	OWOCOWAKRAINA	1977	00:00:15	00:28:39			00:28:39	00:28:24	05:49
216	ŁUKASZ	MAŁYSA	51	M		173	ORZESZE	1		1982	00:00:07	00:28:44			00:28:44	00:28:37	05:52
217	PIOTR	NOWAK	180	M		174	ŁAZISKA GÓRNE	1		1972	00:00:07	00:28:48			00:28:48	00:28:41	05:53
218	ANNA	CIELICA	93	K	44		SIEMIANOWICE ŚLĄSKIE	1	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	1975	00:00:12	00:28:58			00:28:58	00:28:46	05:54
219	HANNA	WANHA	339	K	45		MIKOŁÓW	1		1983	00:00:15	00:29:01			00:29:01	00:28:46	05:53
220	JOANNA	MICHALSKA-ĆWIEK	170	K	46		RUDA ŚLĄSKA	1	EKIPA NA KIJACH	1973	00:00:20	00:29:06			00:29:06	00:28:46	05:54
221	ROMAN	BARAN	331	M		175	DĄBROWA GÓRNICZA	1	WIKOSS SPORT	1978	00:00:07	00:29:15			00:29:15	00:29:07	05:58
222	SEBASTIAN	SZEWIOR	360	M		176	KATOWICE	1		1980	00:00:26	00:29:25			00:29:25	00:28:59	05:56
223	KATARZYNA	CAŁA	91	K	47		KATOWICE	1		1976	00:00:08	00:29:25			00:29:25	00:29:17	06:00
224	BARTOSZ	GAWEŁ	322	M		177	WOLBROM	1		1991	00:00:33	00:29:39			00:29:39	00:29:06	05:58
225	ANDRZEJ	SITKO	324	M		178	KATOWICE	1		1987	00:00:22	00:29:45			00:29:45	00:29:23	06:01
226	JANUSZ	URBAŃCZYK	329	M		179	RUDA ŚLASKA	1	GRZYBOWA BIEGA	1964	00:00:06	00:29:49			00:29:49	00:29:43	06:05
227	GRZEGORZ	PADIASEK	335	M		180	RUDA ŚLĄSKA	1	GRZYBOWA BIEGA	1976	00:00:06	00:29:49			00:29:49	00:29:43	06:05
228	ŁUKASZ	KOS	13	M		181	KATOWICE	1	KOS ACADEMY	1979	00:00:19	00:29:50			00:29:50	00:29:31	06:03
229	MAGDALENA	KOS	12	K	48		KATOWICE	1	KOS ACADEMY	1985	00:00:19	00:29:50			00:29:50	00:29:31	06:03
230	MARIUSZ	MAKIEŁA	384	M		182	ZAWIERCIE	1		1974	00:00:29	00:29:54			00:29:54	00:29:25	06:01
231	AGNIESZKA	MAKIEŁA	383	K	49		ZAWIERCIE	1		1976	00:00:29	00:29:54			00:29:54	00:29:25	06:02
232	IZABELA	KRZYŻOWSKA	144	K	50		ORZESZE	1		1973	00:00:07	00:29:56			00:29:56	00:29:48	06:06
233	MATEUSZ	TUREK	389	M		183	BĘDZIN	1	OWOCOWAKRAINA	2009	00:00:16	00:29:58			00:29:58	00:29:42	06:05
234	TOMASZ	KUŚ	152	M		184	ŚWIĘTOCHŁOWICE	1	MIRAZ RACE TEAM	1986	00:00:12	00:30:03			00:30:03	00:29:51	06:07
235	PIOTR	WYSOCKI	337	M		185	KATOWICE	1	BAŁTYCKI	1952	00:00:09	00:30:03			00:30:03	00:29:54	06:07
236	AGNIESZKA	BINASIK	84	K	51		KATOWICE	1	HURAGAN LIGOTA	1974	00:00:22	00:30:05			00:30:05	00:29:43	06:05
237	WOJCIECH	KACPEREK	64	M		186	KATOWICE	1		1981	00:00:00	00:30:09			00:30:09	00:30:09	06:11
238	TOMASZ	KOMUDA	138	M		187	BYTOM	1		1973	00:00:14	00:30:17			00:30:17	00:30:03	06:09
239	BEATA	KUREK	150	K	52		SIEMIANOWICE ŚLĄSKIE	1		1981	00:00:33	00:30:20			00:30:20	00:29:47	06:06
240	DANIEL	ADAMOSZEK	284	M		188	KATOWICE	1		1978	00:00:18	00:30:24			00:30:24	00:30:06	06:10
241	WŁADYSŁAW	PAŃCZYK	189	M		189	WYRY	1		1950	00:00:00	00:30:24			00:30:24	00:30:24	06:14
242	KAROL	PŁOWY	271	M		190	ŻORY	1		2012	00:00:17	00:30:28			00:30:28	00:30:11	06:11
243	MARIUSZ	CHRZANOWSKI	92	M		191	GLIWICE	1		1976	00:00:18	00:30:28			00:30:28	00:30:10	06:11
244	MICHAŁ	WOJCIECHOWSKI	241	M		192	CHORZÓW	1		2007	00:00:13	00:30:28			00:30:28	00:30:16	06:12
245	JOANNA	WOJCIECHOWSKA	240	K	53		CHORZÓW	1		1977	00:00:12	00:30:29			00:30:29	00:30:17	06:12
246	SEBASTIAN	TATUŚ	228	M		193	CHORZÓW	1	SEBA LUBI LOTAĆ	1972	00:00:20	00:30:31			00:30:31	00:30:11	06:11
247	MAREK	KULPA	19	M		194	MIKOŁÓW	1	AKMB PĘDZIWIATR GLIWICE	1973	00:00:42	00:30:38			00:30:38	00:29:56	06:08
248	MONIKA	WYRÓD	244	K	54		TYCHY	1		1978	00:00:20	00:30:39			00:30:39	00:30:19	06:13
249	IZABELA	SZYMURA	223	K	55		RYBNIK	1	DECATHLON RYBNIK & PRZYJACIELE	1976	00:00:15	00:30:45			00:30:45	00:30:30	06:15
250	JADWIGA	NĘDZA	178	K	56		KATOWICE	1	AŁA AŁA	1982	00:00:36	00:30:49			00:30:49	00:30:13	06:11
251	ŁUKASZ	WAŻBIŃSKI	388	M		195	KATOWICE	1		1989	00:00:27	00:30:50			00:30:50	00:30:23	06:13
252	AGNIESZKA	JASIŃSKA-ŁUSZCZKIEWICZ	253	K	57		MYSŁOWICE	1		1971	00:00:24	00:30:56			00:30:56	00:30:32	06:15
253	PIOTR	GRZANKA	309	M		196	GLIWICE	1		1979	00:00:04	00:31:06			00:31:06	00:31:02	06:21
254	ANNA	PRUKOP	201	K	58		KATOWICE	1		1988	00:00:00	00:31:28			00:31:28	00:31:28	06:27
255	MILENA	BUJOCZEK	88	K	59		BYTOM	1		2011	00:00:15	00:31:28			00:31:28	00:31:14	06:24
256	EWA	BUJOCZEK	87	K	60		BYTOM	1		1980	00:00:14	00:31:29			00:31:29	00:31:15	06:24
257	ARTUR	WIĄCEK	361	M		197	KATOWICE	1	PAŁAC MŁODZIEŻY	2008	00:00:29	00:31:37			00:31:37	00:31:08	06:23
258	JAROSŁAW	IWANIECKI	307	M		198	ORZESZE	1		1972	00:00:12	00:31:39			00:31:39	00:31:27	06:27
259	EDYTA	ADAMIAK	77	K	61		SKOCZÓW	1	ŚWIRY STELA	1977	00:00:12	00:31:39			00:31:39	00:31:27	06:27
260	KATARZYNA	DOMAGAŁA	330	K	62		KATOWICE	1	GBK SARENKI	1981	00:00:05	00:31:40			00:31:40	00:31:35	06:28
261	PATRYCJA	PŁOWY	270	K	63		ŻORY	1		1979	00:00:17	00:31:43			00:31:43	00:31:26	06:26
262	ARKADIUSZ	SOLARZ	352	M		199	MIKOŁÓW	1	TKKF HADES MIKOŁÓW	1976	00:00:03	00:31:47			00:31:47	00:31:44	06:30
263	MAGDALENA	STYPKA	219	K	64		KATOWICE	1	OHIO TEAM	2005	00:00:11	00:31:49			00:31:49	00:31:39	06:29
264	AGNIESZKA	WIĄCEK	362	K	65		KATOWICE	1		1981	00:00:29	00:32:00			00:32:00	00:31:31	06:27
265	MARIUSZ	KUR	148	M		200	ZAWIERCIE	1		1972	00:00:21	00:32:20			00:32:20	00:31:59	06:33
266	MIROSŁAW	FORCZEK	281	M		201	GLIWICE	1		1972	00:00:04	00:32:27			00:32:27	00:32:23	06:38
267	DARIUSZ	PIECYK	56	M		202	KATOWICE	1		1976	00:00:30	00:32:53			00:32:53	00:32:22	06:38
268	KATARZYNA	LANGER	156	K	66		CHORZÓW	1	AUGUSTEAM	1975	00:00:12	00:33:07			00:33:07	00:32:56	06:45
269	JAKUB	SYREK	301	M		203	KATOWICE	1		1984	00:00:36	00:33:16			00:33:16	00:32:40	06:41
270	MARCIN	DZIEKAŃSKI	104	M		204	BĘDZIN	1	1977	1977	00:00:16	00:33:16			00:33:16	00:33:00	06:46
271	JOLANTA	ŁĄCZEK	394	K	67		KATOWICE	1		1979	00:00:00	00:33:24			00:33:24	00:33:24	06:51

272	RAJMUND	TOMIK	297	M		205	PIEKARY ŚLĄSKIE	1	AWF KATOWICE	1966	00:00:15	00:33:36		00:33:36	00:33:22	06:50
273	ANASTAZJA	STARIKOVA	213	K	68		KATOWICE	1	GBK SARENKI	1992	00:00:06	00:33:38		00:33:38	00:33:32	06:52
274	CELINA	BURCZYK	90	K	69		KATOWICE	1	HURAGAN LIGOTA	1967	00:00:22	00:33:45		00:33:45	00:33:23	06:50
275	MONIKA	MATUSZEWSKA	280	K	70		GLIWICE	1	NIGHT RUNNERS GLIWICE	1979	00:00:04	00:33:48		00:33:48	00:33:44	06:55
276	JAROSŁAW	MAZUR	374	M		206	KATOWICE	1		1975	00:00:25	00:33:52		00:33:52	00:33:28	06:51
277	PATRYCJA	MAZUR	373	K	71		KATOWICE	1		1979	00:00:24	00:33:53		00:33:53	00:33:29	06:52
278	DARIUSZ	KUBIK	266	M		207	SIEWIERZ	1		1975	00:00:08	00:33:55		00:33:55	00:33:46	06:55
279	SABINA	SZYDŁOWSKA	16	K	72		CHORZÓW	1	AUGUSTEAM	1967	00:00:11	00:33:57		00:33:57	00:33:46	06:55
280	PIOTR	SZYDŁOWSKI	17	M		208	CHORZÓW	1	AUGUSTEAM	1966	00:00:11	00:33:57		00:33:57	00:33:46	06:55
281	PAULINA	BOREK	377	K	73		KATOWICE	1		2004	00:00:16	00:33:58		00:33:58	00:33:41	06:54
282	MICHAŁ	WIECZOREK	237	M		209	RUDA ŚLĄSKA	1		1994	00:00:38	00:34:03		00:34:03	00:33:24	06:50
283	MAREK	HOLIK	44	M		210	CHRUSZCZOBRÓD	1	UKRYTA OPCJA NIEMIECKA	1979	00:00:31	00:34:12		00:34:12	00:33:41	06:54
284	JUSTYNA	PIECYK	57	K	74		KATOWICE	1		1982	00:00:31	00:34:19		00:34:19	00:33:48	06:55
285	ALICJA	GOLAŃSKA	116	K	75		ŚWIEBODZIN	1	POZRUNIACY	2005	00:00:21	00:34:26		00:34:26	00:34:05	06:59
286	ALEKSANDRA	KUBIK	265	K	76		SIEWIERZ	1		1977	00:00:10	00:34:29		00:34:29	00:34:20	07:02
287	SEBASTIAN	STANISZ	29	M		211	KATOWICE	1	UKRYTA OPCJA NIEMIECKA	1984	00:00:28	00:34:35		00:34:35	00:34:08	06:59
288	EWA	CZAPSKA	94	K	77		KATOWICE	1	HURAGAN LIGOTA	1962	00:00:23	00:34:49		00:34:49	00:34:25	07:03
289	KRZYSZTOF	SOLIK	7	M		212	SIEMIANOWICE ŚLĄSKIE	1		1983	00:00:25	00:35:05		00:35:05	00:34:40	07:06
290	KRYSTYNA	SOLIK	20	K	78		SIEMIANOWICE ŚLĄSKIE	1		1959	00:00:26	00:35:15		00:35:15	00:34:49	07:08
291	BARTŁOMIEJ	JURA	372	M		213	KATOWICE	1		1975	00:00:26	00:35:18		00:35:18	00:34:52	07:08
292	MARTA	PALARZ	341	K	79		KATOWICE	1		1983	00:00:13	00:35:39		00:35:39	00:35:26	07:15
293	DANUTA	KRAWCZYK	142	K	80		KATOWICE	1	AŁA AŁA	1982	00:00:37	00:35:43		00:35:43	00:35:06	07:11
294	GRZEGORZ	MATURA	294	M		214	WOJKOWICE	1	ŚĄSIEDZI	1975	00:00:39	00:36:00		00:36:00	00:35:21	07:14
295	MARCIN	BUCHTA	86	M		215	RUDA ŚLĄSKA	1		1980	00:00:40	00:36:03		00:36:03	00:35:23	07:15
296	JOLANTA	KRAWCZYK	333	K	81		RUDA ŚL	1	GRZYBOWA BIEGA	1966	00:00:35	00:36:13		00:36:13	00:35:38	07:18
297	DOROTA	ŻYWICA	252	K	82		KATOWICE	1	HURAGAN LIGOTA	1975	00:00:22	00:36:32		00:36:32	00:36:10	07:24
298	KLAUDIA	DELA	316	K	83		WOLBROM	1		2008	00:00:09	00:36:33		00:36:33	00:36:24	07:27
299	WOJCIECH	DELA	317	M		216	WOLBROM	1		1976	00:00:09	00:36:33		00:36:33	00:36:24	07:27
300	AGATA	DOBEK	100	K	84		SIEMIANOWICE ŚLĄSKIE	1		1984	00:00:11	00:36:33		00:36:33	00:36:22	07:27
301	AGATA	SIDŁO-STAWOWY	382	K	85		KATOWICE	1	DRUŻYNA BIEGOWA	1987	00:00:20	00:36:39		00:36:39	00:36:19	07:26
302	JOANNA	PARUZEL-OSOJCA	191	K	86		ORNONTOWICE	1	ZABIEGANI NAUCZYCIELE	1982	00:00:06	00:36:53		00:36:53	00:36:47	07:32
303	URSZULA	WIĘCKOWSKA	363	K	87		KATOWICE	1	JAPOŃSKA	1970	00:00:28	00:37:04		00:37:04	00:36:36	07:30
304	AGNIESZKA	ŚWIERCZEK	323	K	88		WOLBROM	1		1994	00:00:32	00:37:05		00:37:05	00:36:33	07:29
305	MARTA	DELA	318	K	89		WOLBROM	1		1980	00:00:09	00:37:08		00:37:08	00:36:59	07:34
306	MATEUSZ	PASAK	33	M		217	PIEKARY ŚLĄSKIE	1		2002	00:00:41	00:37:18		00:37:18	00:36:37	07:30
307	AGNIESZKA	PASAK	52	K	90		PIEKARY ŚLĄSKIE	1		1981	00:00:39	00:37:19		00:37:19	00:36:39	07:30
308	MILENA	LYSKO	32	K	91		KATOWICE	1	BIEGAM BO TATA MI KAŻE.	2004	00:00:40	00:37:19		00:37:19	00:36:39	07:30
309	MAREK	MAZUR	48	M		218	ŁAZISKA GÓRNE	1		1979	00:03:08	00:37:32		00:37:32	00:34:24	07:03
310	SONIA	SZLĘDAK	287	K	92		KATOWICE	1	YOLT	1991	00:00:25	00:37:37		00:37:37	00:37:12	07:37
311	ANNA	FAMUŁA	105	K	93		KATOWICE	1	FAMUŁA TEAM	1989	00:00:18	00:37:58		00:37:58	00:37:40	07:43
312	ADAM	MELLER	357	M		219	LĘDZINY	1		2009	00:00:17	00:38:00		00:38:00	00:37:42	07:43
313	PIOTR	MELLER	49	M		220	LĘDZINY	1		1980	00:00:17	00:38:00		00:38:00	00:37:43	07:43
314	MARTA	BOSIACKA	85	K	94		ŚWIĘTOCHŁOWICE	1	REBELLION OF FREE RUNNERS	1989	00:00:16	00:38:47		00:38:47	00:38:32	07:53
315	SYLWIA	SEKTA	206	K	95		SIEMIANOWICE ŚLĄSKIE	1		1983	00:00:33	00:38:53		00:38:53	00:38:20	07:51
316	MAREK	FAMUŁA	106	M		221	KATOWICE	1	FAMUŁA TEAM	1957	00:00:18	00:39:04		00:39:04	00:38:45	07:56
317	ANETA	JANIK	125	K	96		POGÓRZE	1	ŚWIRY STELA	1985	00:00:29	00:39:33		00:39:33	00:39:04	08:00
318	ILONA	JANIK	299	K	97		CHYBIE	1	ŚWIRY STELA	1973	00:00:29	00:39:33		00:39:33	00:39:04	08:00
319	GRZEGORZ	KUGIEL	34	M		222	CHORZÓW	1	DRUŻYNAMOJACUKRZYCA.PL	1980	00:00:20	00:39:48		00:39:48	00:39:28	08:05
320	MACIEJ	SAKOWSKI	204	M		223	KATOWICE	1	HURAGAN LIGOTA	1974	00:00:24	00:40:04		00:40:04	00:39:41	08:08
321	JUSTYNA	OSTROWSKA	188	K	98		GLIWICE	1		1985	00:00:06	00:40:05		00:40:05	00:39:59	08:11
322	OLGIERD	JĘDRUŚ	286	M		224	MYSŁOWICE	1		1956	00:00:28	00:40:24		00:40:24	00:39:56	08:11
323	NATALIA	STANEK	41	K	99		KATOWICE	1		1992	00:00:20	00:41:18		00:41:18	00:40:58	08:23
324	KONSTANCJA	ZOLICH	320	K	100		KATOWICE	1		1965	00:00:33	00:42:09		00:42:09	00:41:35	08:31
325	ZUZANNA	PIETRZYK	15	K	101		TYCHY	1		2007	00:00:01	00:42:10		00:42:10	00:42:09	08:38
326	PIOTR	KRAWCZYK	143	M		225	KATOWICE	1	AŁA AŁA	1985	00:00:38	00:42:13		00:42:13	00:41:35	08:31
327	ALEKSANDRA	PIETRZYK	196	K	102		TYCHY	1	LAKE RUNNERS TYCHY	1976	00:00:03	00:42:21		00:42:21	00:42:18	08:40
328	MIKOŁAJ	ZOLICH	321	M		226	KATOWICE	1		1988	00:00:35	00:42:35		00:42:35	00:42:00	08:36
329	EWA	MAREK	168	K	103		KATOWICE	1		1980	00:00:25	00:43:33		00:43:33	00:43:08	08:50
330	ANTONI	LIPTAK	160	M		227	KATOWICE	1		2011	00:00:41	00:44:57		00:44:57	00:44:16	09:04
331	TOMASZ	GORYCZKA	120	M		228	KATOWICE	1	LUBIĘ BURPEES'Y	1967	00:00:40	00:44:58		00:44:58	00:44:17	09:04
332	EDWARD	KUREK	257	M		229	KATOWICE	1		1939	00:00:05	00:45:13		00:45:13	00:45:08	09:15
333	WOJCIECH	KORCHUT	139	M		230	TYCHY	1		1953	00:00:16	00:45:52		00:45:52	00:45:36	09:20
334	OLIWIA	FRYDRYSIAK	110	K	104		KATOWICE	1	HURAGAN LIGOTA	2005	00:00:18	00:46:35		00:46:35	00:46:17	09:29
335	MARTYNA	FRYDRYSIAK	109	K	105		KATOWICE	1	HURAGAN LIGOTA	2005	00:00:12	00:46:36		00:46:36	00:46:23	09:30
336	ANNA	WIĘCKOWSKA	364	K	106		KATOWICE	1	JAPOŃSKA	2005	00:00:17	00:46:36		00:46:36	00:46:18	09:29
337	ANTEK	ŚWIERZY	6	M		231	KATOWICE	1	SP 67 KATOWICE	2010	00:00:36	00:46:37		00:46:37	00:46:02	09:26
338	WIKTORIA	PIŁAT	258	K	107		DĄBROWA GÓRNICZA	1	W POGONI ZA DUCHEM	2006	00:00:19	00:47:54		00:47:54	00:47:35	09:45
339	MARZENA	HILASZEK	124	K	108		GLIWICE	1		1978	00:00:37	00:48:01		00:48:01	00:47:24	09:43
340	WIOLETTA	OGÓREK	183	K	109		CHORZÓW	1	BATORY LOTO	1974	00:00:32	00:48:05		00:48:05	00:47:33	09:44
341	ADAM	OGÓREK	182	M		232	CHORZÓW	1	BATORY LOTO	1972	00:00:32	00:48:05		00:48:05	00:47:34	09:45

342	JUSTYNA	SŁOTA	210	K	110		RUDA ŚLĄSKA	1	MIECHOWICKA GRUPA BIEGOWA	1979	00:00:27	00:50:12		00:50:12	00:49:45	10:11
343	MATEUSZ	STANEK	37	M		233	KATOWICE	1	MSLABS RUNNING TEAM	1987	00:00:22	00:53:06		00:53:06	00:52:44	10:48
344	DAWID	ŻYCINSKI	250	M		234	KATOWICE	1	BROWAR DOMOWY GARAŻ	1980	00:00:13	00:53:15		00:53:15	00:53:03	10:52
345	OLIWIA	ŻYCIŃSKA	251	K	111		KATOWICE	1	BROWAR DOMOWY GARAŻ	2012	00:00:13	00:53:15		00:53:15	00:53:03	10:52
346	ADAM	KUREK	149	M		235	SIEMIANOWICE ŚLĄSKIE	1		1982	00:00:33	00:55:44		00:55:44	00:55:11	11:18
347	WOJCIECH	KUREK	151	M		236	SIEMIANOWICE ŚLĄSKIE	1		2011	00:00:33	00:55:44		00:55:44	00:55:11	11:18
348	ANIA	GIEROK	268	K	112		KATOWICE	1	BIEGAM BO LUBIĘ	2007	00:00:36	00:57:05		00:57:05	00:56:29	11:34
349	OSKAR	ZIĘTEK	248	M		237	JAWORZNO	1		2016	00:00:00	01:10:27		01:10:27	01:10:27	14:26