

Bieg Trzech Zamków - Sławków

Organizator: Powiat Będzin

Data: 04.09.2022

Miejsce: Sławków

Dystans: NW 5km



| MCE | IMIĘ | NAZWISKO | NR | K/M | K | M | MIJESCOWOŚĆ | KLUB | 2,5km | CZAS BRUTTO | CZAS NETTO | MIN/KM |
|-----|-------------|-----------------|-----|-----|----|----|----------------------|--|----------|-------------|------------|--------|
| 1 | GRZEGORZ | DORS | 524 | M | | 1 | JANÓW | KABEX PODKOWA JANÓW | 00:16:17 | 00:32:31 | 00:32:31 | 06:01 |
| 2 | TOMASZ | SADOWSKI | 645 | M | | 2 | SOSNOWIEC | #CZELADZKI NORDIC | 00:16:28 | 00:33:34 | 00:33:34 | 06:12 |
| 3 | MARIUSZ | RECZULSKI | 641 | M | | 3 | CZĘSTOCHOWA | STOWARZYSZENIE MIŁOŚNIKÓW SPORTU EFEKT | 00:17:09 | 00:34:23 | 00:34:23 | 06:22 |
| 4 | JOANNA | KOŁODZIEJ | 574 | K | 1 | | RUDA ŚLĄSKA | MALINOWE GWIAZDY | 00:16:52 | 00:34:27 | 00:34:27 | 06:22 |
| 5 | DOROTA | BAGIŃSKA | 493 | K | 2 | | SŁAWKÓW | SŁAWKOWSKIE WŁÓCZY - KIJE SAMO SIĘ NIE PRZEJDZIE | 00:17:24 | 00:35:35 | 00:35:35 | 06:35 |
| 6 | JANUSZ | MACHNIK | 595 | M | | 4 | ZAWIERCIE | CLLEO ZAWIERCIE | 00:17:12 | 00:36:32 | 00:36:32 | 06:45 |
| 7 | GRZEGORZ | NOWAK | 617 | M | | 5 | CZELADZ | TO TKKF SATURN CZELADZ | 00:18:00 | 00:37:16 | 00:37:16 | 06:54 |
| 8 | ZOFIA | DEMBOWSKA | 517 | K | 3 | | SIEMIANOWICE ŚLĄSKIE | KATOWICKI NORDIC WALKING | 00:18:14 | 00:37:34 | 00:37:34 | 06:57 |
| 9 | ROMAN | SZWED | 664 | M | | 6 | CZĘSTOCHOWA | NORDIC TEAM CZĘSTOCHOWA | 00:18:34 | 00:37:43 | 00:37:43 | 06:59 |
| 10 | ANNA | SROKOSZ | 656 | K | 4 | | SKOWRONÓW | KABEX PODKOWA JANÓW | 00:18:35 | 00:37:58 | 00:37:58 | 07:01 |
| 11 | MIECZYŚLAW | REMISZEWSKI | 644 | M | | 7 | SOSNOWIEC | TKKF SATURN CZELADZ | 00:18:39 | 00:38:07 | 00:38:07 | 07:03 |
| 12 | PIOTR | PALUDKIEWICZ | 625 | M | | 8 | CZARNY LAS | NORDIC TEAM CZĘSTOCHOWA | 00:18:45 | 00:39:09 | 00:39:09 | 07:14 |
| 13 | EWA | WOŁKOWICZ | 686 | K | 5 | | RADZISZÓW | | 00:19:13 | 00:39:18 | 00:39:18 | 07:16 |
| 14 | PIOTR | NIEMIEC | 613 | M | | 9 | SIEWIERZ | | 00:19:52 | 00:39:45 | 00:39:37 | 07:20 |
| 15 | JANUSZ | WALTER | 670 | M | | 10 | MIKOŁÓW | MALINOWE GWIAZDY | 00:19:28 | 00:40:08 | 00:40:08 | 07:25 |
| 16 | MARZENA | KREZMER | 583 | K | 6 | | ZAWIERCIE | CLLEO ZAWIERCIE | 00:20:04 | 00:40:22 | 00:40:20 | 07:28 |
| 17 | SYLWIA | KASPRZYK | 570 | K | 7 | | MYŚLACHOWICE | SYLVIIJA | 00:19:22 | 00:40:20 | 00:40:20 | 07:28 |
| 18 | ADAM | BUCZKO | 502 | M | | 11 | KRAKÓW | | 00:19:08 | 00:40:22 | 00:40:22 | 07:28 |
| 19 | MONIKA | RADKO-ZIELIŃSKA | 639 | K | 8 | | JAWORZNO | | 00:19:34 | 00:40:43 | 00:40:43 | 07:32 |
| 20 | ANDRZEJ | MYŚLIWIEC | 610 | M | | 12 | KATOWICE | KATOWICKI NORDIC WALKING | 00:20:13 | 00:40:48 | 00:40:47 | 07:33 |
| 21 | JOANNA | WOLA | 684 | K | 9 | | SOSNOWIEC | NIWECZANKA SOSNOWIEC | 00:20:11 | 00:41:01 | 00:41:01 | 07:35 |
| 22 | ANTONI | ŁAZORKO | 594 | M | | 13 | CZĘSTOCHOWA | SMS EFEKT CZĘSTOCHOWA | 00:20:37 | 00:41:35 | 00:41:33 | 07:41 |
| 23 | LIDIA | REJNOWICZ | 642 | K | 10 | | BĘDZIN | | 00:20:36 | 00:41:39 | 00:41:37 | 07:42 |
| 24 | EMILIA | STEFANIAK | 657 | K | 11 | | SOSNOWIEC | HARPAGAN SOSNOWIEC | 00:20:42 | 00:41:42 | 00:41:41 | 07:43 |
| 25 | FABIAN | WYDERKO | 689 | M | | 14 | DĄBROWA GÓRNICZA | | 00:21:14 | 00:42:04 | 00:42:02 | 07:47 |
| 26 | RENATA | JARCZEWSKA | 553 | K | 12 | | GOLENIÓW | | 00:20:38 | 00:42:17 | 00:42:17 | 07:49 |
| 27 | MAGDALENA | GAWROŃSKA | 537 | K | 13 | | MYSZKÓW | | 00:21:05 | 00:42:24 | 00:42:24 | 07:51 |
| 28 | WŁODZIMIERZ | WDZIĘCZNY | 672 | M | | 15 | UP WOJKOWICE | GARTIANIE | 00:21:26 | 00:42:30 | 00:42:27 | 07:51 |
| 29 | TADEUSZ | KOWALCZYK | 579 | M | | 16 | KRAKÓW | LUX TORPEDA MAŁOPOLSKA | 00:20:44 | 00:42:34 | 00:42:33 | 07:52 |
| 30 | MATEUSZ | WAJDZIK | 669 | M | | 17 | SŁAWKÓW | | 00:21:27 | 00:42:40 | 00:42:34 | 07:52 |
| 31 | ANNA | MALCZYK | 597 | K | 14 | | SOSNOWIEC | | 00:20:42 | 00:42:39 | 00:42:39 | 07:53 |

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|----|------------|----------------------|-----|---|----|-------------------------|--|----------|----------|----------|-------|
| 32 | GENADIUSZ | CIEMNOŁOŃSKI | 506 | M | 18 | DĄBROWA GÓRNICZA | | 00:20:49 | 00:42:42 | 00:42:42 | 07:54 |
| 33 | MARIA | ANYŻ | 492 | K | 15 | BĘDZIN | KIJE W DOBRYCH RĘKACH | 00:21:11 | 00:42:45 | 00:42:44 | 07:54 |
| 34 | WIOLETTA | SZOPIŃSKA | 662 | K | 16 | BĘDZIN | | 00:21:20 | 00:42:53 | 00:42:51 | 07:56 |
| 35 | JANE | ŁASICA | 663 | K | 17 | NEW SĄCZ | | 00:21:03 | 00:42:52 | 00:42:51 | 07:56 |
| 36 | AGATA | OLEJ | 619 | K | 18 | JAWORZNO | | 00:21:26 | 00:43:33 | 00:43:33 | 08:03 |
| 37 | MAŁGORZATA | FOKS | 530 | K | 19 | TARNOWSKIE GÓRY | | 00:21:43 | 00:43:47 | 00:43:44 | 08:05 |
| 38 | KATARZYNA | KRAS | 581 | K | 20 | BĘDZIN | | 00:21:37 | 00:43:45 | 00:43:45 | 08:06 |
| 39 | KORNELIA | CZEMPIK | 514 | K | 21 | CHORZÓW | MALINOWE GWIAZDY | 00:21:07 | 00:43:50 | 00:43:50 | 08:07 |
| 40 | ALEKSANDRA | DRYGALSKA | 526 | K | 22 | BĘDZIN | KIJE W DOBRYCH RĘKACH | 00:21:45 | 00:43:56 | 00:43:55 | 08:07 |
| 41 | JOLANTA | WOLNIK | 680 | K | 23 | TARNOWSKIE GÓRY | | 00:21:46 | 00:43:57 | 00:43:56 | 08:08 |
| 42 | ANNA | GOLONKA | 538 | K | 24 | BĘDZIN | | 00:22:39 | 00:44:19 | 00:44:10 | 08:10 |
| 43 | DARIUSZ | JUREK | 560 | M | 19 | SOSNOWIEC | | 00:29:44 | 00:44:19 | 00:44:11 | 08:10 |
| 44 | GRAŻYNA | GARDECKA | 535 | K | 25 | SOSNOWIEC | | 00:29:44 | 00:44:20 | 00:44:11 | 08:10 |
| 45 | MAGDALENA | PAŁKA | 627 | K | 26 | SKAWINA | | 00:22:37 | 00:44:20 | 00:44:16 | 08:11 |
| 46 | IWONA | JUREK | 561 | K | 27 | SOSNOWIEC | | 00:29:44 | 00:44:19 | 00:44:19 | 08:12 |
| 47 | ARKADIUSZ | KANAREK | 565 | M | 20 | BĘDZIN | | 00:21:10 | 00:44:25 | 00:44:22 | 08:12 |
| 48 | ROBERT | FORMOWICZ | 531 | M | 21 | SOSNOWIEC | HARPAGAN SOSNOWIEC | 00:22:05 | 00:44:29 | 00:44:27 | 08:13 |
| 49 | AGNIESZKA | MACIĄGOWSKA | 596 | K | 28 | SKOWRONÓW | KABEX PODKOWA JANÓW | 00:22:17 | 00:44:38 | 00:44:38 | 08:15 |
| 50 | JERZY | HORZELA | 549 | M | 22 | SIEMIANOWICE ŚLĄSKIE | | 00:22:07 | 00:44:47 | 00:44:44 | 08:17 |
| 51 | EWA | JASTRZĘBSKA | 557 | K | 29 | KATOWICE | TRUCHTACZ MYSŁOWICE | 00:21:19 | 00:45:02 | 00:45:02 | 08:20 |
| 52 | ANNA | SOCZAWA | 655 | K | 30 | SOSNOWIEC | | 00:21:53 | 00:45:09 | 00:45:09 | 08:21 |
| 53 | JERZY | GÓRNIK | 541 | M | 23 | KATOWICE | KATOWICE 49 | 00:22:09 | 00:45:26 | 00:45:26 | 08:24 |
| 54 | JUSTYNA | PYRZYK | 637 | K | 31 | DĄBIE | | 00:22:52 | 00:45:32 | 00:45:31 | 08:25 |
| 55 | MAŁGORZATA | KOPEĆ | 575 | K | 32 | SKAWINA | WALKIRIE KIJOWA WATAHA SKAWINA I OKOLICE | 00:23:02 | 00:45:35 | 00:45:31 | 08:25 |
| 56 | DOROTA | KULIŃSKA | 589 | K | 33 | BĘDZIN | KIJE W DOBRYCH RĘKACH | 00:22:55 | 00:46:03 | 00:46:03 | 08:31 |
| 57 | KRYSTYNA | BIEDRA | 496 | K | 34 | BĘDZIN | KIJE W DOBRYCH RĘKACH | 00:22:57 | 00:46:04 | 00:46:03 | 08:31 |
| 58 | RAFAŁ | MOSKAL | 606 | M | 24 | SOSNOWIEC | | 00:23:34 | 00:46:10 | 00:46:06 | 08:32 |
| 59 | PAWEŁ | BUCHACZ | 501 | M | 25 | DĄBROWA GÓRNICZA | GARTIANIE | 00:22:51 | 00:46:22 | 00:46:19 | 08:34 |
| 60 | JOANNA | KOWALCZYK | 578 | K | 35 | KRAKÓW | | 00:23:00 | 00:46:23 | 00:46:20 | 08:34 |
| 61 | KRYSTYNA | DOMIN | 521 | K | 36 | SIEMIANOWICE ŚLĄSKIE | MK TEAM | 00:23:00 | 00:46:44 | 00:46:43 | 08:39 |
| 62 | PAWEŁ | PYTLARZ | 638 | M | 26 | CZELADŹ | TO TKKF SATURN CZELADŹ | 00:23:11 | 00:46:57 | 00:46:55 | 08:41 |
| 63 | GRAŻYNA | GORYNOWICZ-WIECZOREK | 540 | K | 37 | MIKOŁÓW | | 00:23:55 | 00:46:59 | 00:46:57 | 08:41 |
| 64 | PATRYCJA | ORLICKA | 621 | K | 38 | BUKOWNO | DRUŻYNA SMA | 00:23:11 | 00:47:12 | 00:47:09 | 08:43 |
| 65 | MANUELA | PARTYKA | 629 | K | 39 | BĘDZIN | | 00:23:14 | 00:47:18 | 00:47:18 | 08:45 |
| 66 | MAREK | KAŃTOCH | 567 | M | 27 | STRZYŻOWICE | | 00:23:21 | 00:47:24 | 00:47:23 | 08:46 |
| 67 | DOROTA | ZADROGA | 694 | K | 40 | KNURÓW | GORA TEAM | 00:23:19 | 00:47:40 | 00:47:37 | 08:49 |
| 68 | SANDRA | KOWALSKA | 580 | K | 41 | BĘDZIN | | 00:23:15 | 00:47:43 | 00:47:40 | 08:49 |
| 69 | KRYSTYNA | KRÓL | 584 | K | 42 | SOSNOWIEC | HARPAGAN SOSNOWIEC | 00:23:58 | 00:48:07 | 00:48:05 | 08:54 |
| 70 | MARZENA | ŻELEZIK | 700 | K | 43 | BĘDZIN | #BYLEDOMETY | 00:24:20 | 00:48:29 | 00:48:25 | 08:57 |
| 71 | GRAŻYNA | RĄCZKA | 640 | K | 44 | CHORZÓW | MALINOWE GWIAZDY | 00:24:05 | 00:48:31 | 00:48:30 | 08:58 |
| 72 | IRENA | MYŚLIWIEC | 611 | K | 45 | KATOWICE | KATOWICKI NORDIC WALKING | 00:24:13 | 00:49:14 | 00:49:13 | 09:06 |

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| 73 | RYSZARD | NIEŚŁONY | 614 | M | 28 | CHORZÓW | MALINOWE GWIAZDY | 00:25:47 | 00:49:53 | 00:49:41 | 09:12 |
| 74 | VIKTORIA | SINGH | 651 | K | 46 | SOSNOWIEC | | 00:27:40 | 00:49:48 | 00:49:43 | 09:12 |
| 75 | MAREK | ORLICKI | 623 | M | 29 | BUKOWNO | DRUŻYNA SMA | 00:26:06 | 00:50:02 | 00:49:44 | 09:12 |
| 76 | OLGA | MYRTA | 609 | K | 47 | WOJKOWICE KOŚCIELNE | | 00:24:48 | 00:49:47 | 00:49:45 | 09:12 |
| 77 | BEATA | WIĘCEK | 675 | K | 48 | SOSNOWIEC | | 00:24:45 | 00:49:57 | 00:49:53 | 09:14 |
| 78 | KAROLINA | MOSKAL | 605 | K | 49 | SOSNOWIEC | | 00:24:54 | 00:50:35 | 00:50:30 | 09:21 |
| 79 | PAWEŁ | ZADROGA | 695 | M | 30 | KNURÓW | GORA TEAM | 00:25:19 | 00:50:45 | 00:50:39 | 09:22 |
| 80 | JOANNA | KALEMBA | 563 | K | 50 | ZAWIERCIE | | 00:25:46 | 00:50:59 | 00:50:52 | 09:25 |
| 81 | MONIKA | STRADOMSKA | 660 | K | 51 | DĄBROWA GÓRNICZA | | 00:26:06 | 00:51:06 | 00:51:00 | 09:26 |
| 82 | MILENA | MALINOWSKA-JASKULSKA | 599 | K | 52 | SŁAWKÓW | | 00:26:00 | 00:51:18 | 00:51:08 | 09:28 |
| 83 | ANTONI | JASKULSKI | 556 | M | 31 | SŁAWKÓW | | 00:25:58 | 00:51:18 | 00:51:09 | 09:28 |
| 84 | ALEKSANDRA | JS | 559 | K | 53 | MYSŁOWICE | | 00:26:53 | 00:51:22 | 00:51:11 | 09:28 |
| 85 | AGNIESZKA | ORLICKA | 620 | K | 54 | BUKOWNO | DRUŻYNA SMA | 00:26:12 | 00:51:28 | 00:51:14 | 09:29 |
| 86 | KRYSTYNA | WĘGLER | 673 | K | 55 | SOSNOWIEC | OSTRO RUN TEAM | 00:25:30 | 00:51:24 | 00:51:19 | 09:30 |
| 87 | ZBIGNIEW | PARYŻ | 630 | M | 32 | BĘDZIN | TELEELEKTRONIK | 00:26:31 | 00:51:35 | 00:51:19 | 09:30 |
| 88 | BARBARA | STOPIŃSKA | 659 | K | 56 | CHORZOW | MALINOWE GWIAZDY | 00:26:19 | 00:51:33 | 00:51:23 | 09:30 |
| 89 | HENRYK | HARTEL | 543 | M | 33 | CHORZÓW | | 00:26:19 | 00:51:34 | 00:51:28 | 09:31 |
| 90 | ANNA | PAŃKOWSKA | 628 | K | 57 | KATOWICE | | 00:26:54 | 00:51:48 | 00:51:37 | 09:33 |
| 91 | IWONA | ZARADNA-SZYMAŃSKA | 696 | K | 58 | SIEMIANOWICE ŚLĄSKIE | MK TEAM | 00:25:40 | 00:51:56 | 00:51:54 | 09:36 |
| 92 | MONIKA | DĄBROWSKA | 516 | K | 59 | BĘDZIN | | 00:25:45 | 00:52:21 | 00:52:17 | 09:40 |
| 93 | ALEKSANDER | KRAWIEC | 582 | M | 34 | BĘDZIN | | 00:25:45 | 00:52:21 | 00:52:18 | 09:41 |
| 94 | EWA | KOPER | 576 | K | 60 | BUKOWNO | | 00:26:17 | 00:52:45 | 00:52:36 | 09:44 |
| 95 | MAGDALENA | MUCZYŃSKA | 607 | K | 61 | OŁAWA | | 00:26:51 | 00:52:49 | 00:52:38 | 09:44 |
| 96 | AGNIESZKA | JEŻEWSKA | 558 | K | 62 | SOSNOWIEC | WIKING TEAM | 00:25:53 | 00:53:16 | 00:53:11 | 09:50 |
| 97 | DOROTA | WOJCIECHOWSKA | 682 | K | 63 | SOSNOWIEC | WIKING TEAM | 00:25:55 | 00:53:17 | 00:53:12 | 09:51 |
| 98 | BARBARA | KOCOT | 572 | K | 64 | ROGOŹNIK | BOBRY WALKING | 00:26:59 | 00:53:26 | 00:53:17 | 09:52 |
| 99 | MARIOLA | ZYGMUNT | 698 | K | 65 | SOSNOWIEC | | 00:27:37 | 00:53:35 | 00:53:25 | 09:53 |
| 100 | JANINA | LIPIEŃ | 591 | K | 66 | CHORZÓW | MALINOWE GWIAZDY | 00:27:00 | 00:53:35 | 00:53:32 | 09:54 |
| 101 | DANUTA | CYGAN | 511 | K | 67 | ROGOŹNIK | BOBRY WALKING | 00:27:45 | 00:53:52 | 00:53:43 | 09:56 |
| 102 | IRENA | KARPIŃSKA | 568 | K | 68 | DĄBROWA GÓRNICZA | BOBRY WALKING | 00:27:46 | 00:53:53 | 00:53:44 | 09:57 |
| 103 | JAROSŁAW | BLASZKA | 497 | M | 35 | BĘDZIN | BLA - WIL | 00:26:37 | 00:53:49 | 00:53:45 | 09:57 |
| 104 | BOGDAN | ANTOSIEWICZ | 490 | M | 36 | CZELADŹ | | 00:27:05 | 00:53:56 | 00:53:48 | 09:57 |
| 105 | BOGUSŁAWA | ANTOSIEWICZ | 491 | K | 69 | CZELADŹ | #CZELADZBIEGA | 00:27:20 | 00:53:56 | 00:53:49 | 09:57 |
| 106 | ALEKSANDRA | DERLUKIEWICZ | 518 | K | 70 | DĄBROWA GÓRNICZA | | 00:26:56 | 00:53:57 | 00:53:52 | 09:58 |
| 107 | MARIUSZ | DERLUKIEWICZ | 519 | M | 37 | DĄBROWA GÓRNICZA | | 00:26:55 | 00:53:57 | 00:53:52 | 09:58 |
| 108 | MIROŚŁAWA | CYSARZ | 513 | K | 71 | GRÓDKÓW | BOBRY WALKING | 00:27:47 | 00:54:14 | 00:54:03 | 10:00 |
| 109 | SYLWIA | BEDNARSKA | 495 | K | 72 | DĄBROWA GÓRNICZA | WIKING TEAM | 00:28:33 | 00:54:23 | 00:54:16 | 10:02 |
| 110 | BOGUSŁAWA | PAŁKA | 626 | K | 73 | SOSNOWIEC | WIKING TEAM | 00:28:31 | 00:54:23 | 00:54:16 | 10:02 |
| 111 | PAULINA | ORLICKA | 622 | K | 74 | BUKOWNO | | 00:27:38 | 00:54:40 | 00:54:24 | 10:04 |
| 112 | BARBARA | NOWAK | 616 | K | 75 | CHORZÓW | MALINOWE GWIAZDY | 00:27:54 | 00:54:32 | 00:54:31 | 10:05 |
| 113 | MARIANNA | KUCZERA | 587 | K | 76 | BOBROWNIKI | ROGO SENIOR | 00:27:53 | 00:54:33 | 00:54:33 | 10:06 |
| 114 | MILENA | WOJACZEK | 681 | K | 77 | CHORZÓW | E-PLECY | 00:27:08 | 00:55:05 | 00:54:59 | 10:10 |
| 115 | DANUTA | SZALA | 661 | K | 78 | TARNOWSKIE GÓRY | | 00:26:44 | 00:55:04 | 00:55:04 | 10:11 |
| 116 | DOROTA | BOMBA | 499 | K | 79 | TRZEBINIA | NORD WALKERS JAWORZNO | 00:27:32 | 00:55:29 | 00:55:14 | 10:13 |
| 117 | ANNA | BOCHENEK-SITKO | 498 | K | 80 | BĘDZIN | NA PÓŁ | 00:27:57 | 00:55:27 | 00:55:16 | 10:14 |

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| 118 | ANNA | KALUŻNA | 564 | K | 81 | SOSNOWIEC | | 00:29:32 | 00:55:34 | 00:55:30 | 10:16 |
| 119 | DOROTA | MOLEND | 604 | K | 82 | MYŚLACHOWICE | | 00:28:16 | 00:55:46 | 00:55:31 | 10:16 |
| 120 | MAGDALENA | SKAWIŃSKA | 652 | K | 83 | TRZEBINIA-SIERSZA | SIERSZANIE | 00:28:15 | 00:55:45 | 00:55:31 | 10:16 |
| 121 | DOROTA | PAWLIKOWSKA | 632 | K | 84 | MYŚLACHOWICE | | 00:28:20 | 00:56:16 | 00:56:02 | 10:22 |
| 122 | ZYGMUNT | KURPET | 590 | M | 38 | JASTRZĘBIE-ZDRÓJ | WOLNY STRZELEC | 00:28:13 | 00:56:31 | 00:56:25 | 10:26 |
| 123 | HANNA | WYLEŻOŁ | 691 | K | 85 | RUDA ŚLĄSKA | | 00:27:37 | 00:56:56 | 00:56:44 | 10:30 |
| 124 | AGNIESZKA | WYLEŻOŁ | 690 | K | 86 | RUDA ŚLĄSKA | | 00:27:11 | 00:56:56 | 00:56:45 | 10:30 |
| 125 | WIESŁAWA | DASZEK | 515 | K | 87 | RUDA ŚLĄSKA | | 00:27:35 | 00:56:56 | 00:56:46 | 10:30 |
| 126 | SYLWIA | HORZELA | 550 | K | 88 | KATOWICE | | 00:28:48 | 00:56:56 | 00:56:50 | 10:31 |
| 127 | IRENA | MYRTA | 608 | K | 89 | DĄBROWA GÓRNICZA | | 00:27:36 | 00:56:53 | 00:56:52 | 10:31 |
| 128 | EWA | NORMAN | 615 | K | 90 | WOJKOWICE KOŚCIELNE | | 00:27:36 | 00:56:53 | 00:56:52 | 10:31 |
| 129 | BOŻENA | WYLEŻEK | 693 | K | 91 | CHRUSZCZOBRÓD | | 00:30:20 | 00:57:44 | 00:57:40 | 10:40 |
| 130 | MICHAŁ | FLOREK | 529 | M | 39 | KRAKÓW | | 00:33:45 | 00:58:07 | 00:58:04 | 10:45 |
| 131 | EWA | WÓJCIK | 688 | K | 92 | ŻARKI LETNISKO | | 00:29:17 | 00:58:35 | 00:58:27 | 10:49 |
| 132 | JACEK | KOPER | 577 | M | 40 | BUKOWNO | | 00:29:18 | 00:58:36 | 00:58:27 | 10:49 |
| 133 | BOGUMIŁA | WILK | 676 | K | 93 | BĘDZIN | BLA-WIL | 00:29:15 | 00:59:35 | 00:59:33 | 11:01 |
| 134 | BEATA | MAŁECKA-LIBERA | 612 | K | 94 | DĄBROWA GÓRNICZA | SENAT RP | 00:29:36 | 01:00:00 | 00:59:59 | 11:06 |
| 135 | BARBARA | MALINOWSKA | 598 | K | 95 | SŁAWKÓW | | 00:32:46 | 01:06:42 | 01:06:33 | 12:19 |
| 136 | FILIP | WYLEŻOŁ | 692 | M | 41 | RUDA ŚLĄSKA | | 00:19:13 | | | |
| 137 | STANISŁAW | WOJCIK | 683 | M | 42 | DABROWA GORNICZA | | 00:24:48 | | | |
| 138 | MARTA | TUREK | 666 | K | 96 | PIEKARY ŚLĄSKIE | | 00:25:00 | | | |
| 139 | KAROL | SINGH | 648 | M | 43 | SOSNOWIEC | | 00:27:40 | | | |
| 140 | MAGDALENA | MŁYNARCZYK- WITEK | 603 | K | 97 | DĄBROWA GÓRNICZA | | 00:29:36 | | | |
| 141 | WACŁAWA | MAŃKA | 600 | K | 98 | WOJKOWICE | AKADEMIA SPORTU WOJKOWICE | 00:32:01 | | | |
| 142 | MICHALINA | HETMAŃCZYK | 546 | K | 99 | ROGOŹNIK | ROGO SENIOR | 00:44:46 | | | |
| 143 | MARIAN | HETMAŃCZYK | 545 | M | 44 | ROGOŹNIK | ROGO SENIOR | 00:44:48 | | | |
| 144 | STANISŁAWA | JARECKA | 554 | K | 100 | ROGOŹNIK | ROGO SENIOR | 00:44:50 | | | |
| 145 | TERESA | PŁOSZAJ | 634 | K | 101 | ROGOŹNIK | ROGO SENIOR | 00:44:51 | | | |
| 146 | BRYGIDA | SALOMON | 646 | K | 102 | KATOWICE | | 00:51:18 | | | |