

51. Cross Mysłowicki w Biegach Przełajowych

Organizator: Miejski Ośrodek Sportu i Rekreacji w Mysłowicach

Data: 16.03.2024

Miejsce: Mysłowice

Dystans: Bieg 5 km



| MCE | IMIĘ | NAZWISKO | NR | K/M | K | M | MIASTO | KLUB | KAT. WIEK. | MCE KAT. WIEK. | CZAS BRUTTO | CZAS NETTO | MIN/KM |
|-----|-----------|--------------|-----|-----|---|----|------------------|----------------------------|------------|----------------|-------------|------------|--------|
| 1 | RAFAŁ | FORMICKI | 44 | M | | 1 | ZAWIERCIE | CKS BUDOWLANI CZĘSTOCHOWA | M2 | 1 | 00:18:28 | 00:18:28 | 03:42 |
| 2 | WOJCIECH | PEREK | 158 | M | | 2 | BYTOM | MKS MOSM BYTOM | M1 | 1 | 00:19:26 | 00:19:26 | 03:53 |
| 3 | KACPER | LACHETA | 109 | M | | 3 | DĄBROWA GÓRNICZA | | M2 | 2 | 00:20:12 | 00:20:12 | 04:02 |
| 4 | MATEUSZ | MICHALEC | 128 | M | | 4 | CHEŁM ŚLĄSKI | 42K PRO TEAM | M2 | 3 | 00:20:18 | 00:20:18 | 04:04 |
| 5 | PAWEŁ | SKORUPA | 190 | M | | 5 | TYCHY | SKORUPA SPORT | M3 | 1 | 00:20:29 | 00:20:29 | 04:06 |
| 6 | DARIUSZ | WILK | 237 | M | | 6 | BĘDZIN | | M4 | 1 | 00:20:39 | 00:20:39 | 04:08 |
| 7 | PATRYK | RYCHLIK | 178 | M | | 7 | KLUCZE | LISY PUSTYNI | M1 | 2 | 00:20:52 | 00:20:52 | 04:10 |
| 8 | JACEK | SEWERYN | 184 | M | | 8 | MYSŁOWICE | | M4 | 2 | 00:21:02 | 00:21:02 | 04:12 |
| 9 | PAWEŁ | JARZĘBOWICZ | 65 | M | | 9 | ZABORZE | ZADYSZKA OŚWIĘCIM | M4 | 3 | 00:21:03 | 00:21:03 | 04:13 |
| 10 | PATRYK | WIECZOREK | 234 | M | | 10 | OŚWIĘCIM | ZADYSZKA OŚWIĘCIM | M1 | 3 | 00:21:27 | 00:21:27 | 04:17 |
| 11 | ADAM | ŚRUBAS | 218 | M | | 11 | MYSŁOWICE | CARBON SILESIA SPORT | M3 | 2 | 00:21:30 | 00:21:30 | 04:18 |
| 12 | WOJCIECH | POTEMPA | 168 | M | | 12 | BORONÓW | | M2 | 4 | 00:21:41 | 00:21:40 | 04:20 |
| 13 | MACIEJ | WIECZOREK | 233 | M | | 13 | OŚWIĘCIM | ZADYSZKA OŚWIĘCIM | M4 | 4 | 00:21:47 | 00:21:47 | 04:21 |
| 14 | KRZYSZTOF | PRZYBYŁOWSKI | 258 | M | | 14 | MYSŁOWICE | | M3 | 3 | 00:21:52 | 00:21:52 | 04:22 |
| 15 | DOMINIK | OCHOJSKI | 144 | M | | 15 | KATOWICE | | M2 | 5 | 00:21:56 | 00:21:56 | 04:23 |
| 16 | PAWEŁ | PAŁGAN | 154 | M | | 16 | CZELADŹ | | M2 | 6 | 00:21:57 | 00:21:57 | 04:23 |
| 17 | RYSZARD | KRAKOWCZAK | 261 | M | | 17 | OŚWIĘCIM | ZADYSZKA OŚWIĘCIM | M4 | 5 | 00:22:00 | 00:22:00 | 04:24 |
| 18 | TOMASZ | LACHETA | 110 | M | | 18 | DĄBROWA GÓRNICZA | | M5 | 1 | 00:22:05 | 00:22:05 | 04:25 |
| 19 | MICHAŁ | MUSIAŁ | 132 | M | | 19 | RUDA ŚLĄSKA | CYKLOSILESIA TEAM | M4 | 6 | 00:22:08 | 00:22:08 | 04:26 |
| 20 | RAFAŁ | KISIEL | 83 | M | | 20 | MYSŁOWICE | MORS HUBERTUS MYSŁOWICE | M3 | 4 | 00:22:09 | 00:22:09 | 04:26 |
| 21 | WIKTORIA | KRUPOWICZ | 98 | K | 1 | | MYSŁOWICE | ANIA HALSKA COACHING | K2 | 1 | 00:22:20 | 00:22:20 | 04:28 |
| 22 | MARIUSZ | WOJDA | 242 | M | | 21 | SOSNOWIEC | MARELLI | M4 | 7 | 00:22:24 | 00:22:23 | 04:29 |
| 23 | ROMAN | KOSIOREK | 93 | M | | 22 | MYSŁOWICE | NIEZRZESZONY | M6 | 1 | 00:22:32 | 00:22:32 | 04:30 |
| 24 | ZBIGNIEW | OKRAJEK | 146 | M | | 23 | POSĄDZA | | M4 | 8 | 00:22:36 | 00:22:36 | 04:31 |
| 25 | JAKUB | WOJAS | 241 | M | | 24 | MYSŁOWICE | INŻYNIERIA BIEGANIA TEAM | M3 | 5 | 00:22:47 | 00:22:46 | 04:33 |
| 26 | GRZEGORZ | BRYŃSKI | 16 | M | | 25 | TYCHY | | M2 | 7 | 00:23:11 | 00:23:10 | 04:38 |
| 27 | RADOSŁAW | OLESIAK | 148 | M | | 26 | ZABRZE | DARIUSZ ODDAJ MI PIENIĄDZE | M3 | 6 | 00:23:17 | 00:23:17 | 04:39 |
| 28 | PATRYK | SEKUŁA | 181 | M | | 27 | IMIELIN | | M2 | 8 | 00:23:22 | 00:23:22 | 04:40 |
| 29 | ROBERT | PROKSA | 169 | M | | 28 | MYSŁOWICE | | M6 | 2 | 00:23:26 | 00:23:26 | 04:41 |
| 30 | KONRAD | ŁUSZCZ | 116 | M | | 29 | BĘDZIN | BIEGOWA KUŹNIA | M2 | 9 | 00:23:31 | 00:23:31 | 04:42 |
| 31 | IWONA | CHABIOR | 21 | K | 2 | | JAWORZNO | KB MCKIS JAWORZNO | K4 | 1 | 00:23:31 | 00:23:31 | 04:42 |
| 32 | PAWEŁ | ZIĘBA | 254 | M | | 30 | TYCHY | SKORUPA SPORT | M2 | 10 | 00:23:37 | 00:23:37 | 04:43 |
| 33 | VITALII | SUSAK | 207 | M | | 31 | MYSŁOWICE | | M4 | 9 | 00:23:39 | 00:23:38 | 04:44 |
| 34 | DARIUSZ | SMACZYŃSKI | 193 | M | | 32 | DĄBROWA GÓRNICZA | AKTYWNA DABROWA | M6 | 3 | 00:23:44 | 00:23:44 | 04:45 |
| 35 | TOMASZ | NOWORYTA | 140 | M | | 33 | OŚWIĘCIM | SKORUPA SPORT | M4 | 10 | 00:23:50 | 00:23:49 | 04:46 |
| 36 | TOMASZ | WYŁUPEK | 246 | M | | 34 | SOSNOWIEC | KRASOWIACY | M4 | 11 | 00:23:56 | 00:23:56 | 04:47 |

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|----|------------|--------------|-----|---|----|----|---------------------|---|----|----|----------|----------|-------|
| 37 | ARTUR | KIJAK | 81 | M | | 35 | DĄBROWA GÓRNICZA | | M4 | 12 | 00:24:08 | 00:24:08 | 04:50 |
| 38 | BEATA | JARZĘBOWICZ | 64 | K | 3 | | ZABORZE | ZADYSZKA OŚWIĘCIM | K4 | 2 | 00:24:14 | 00:24:14 | 04:51 |
| 39 | BOGUSŁAW | NOWAKOWSKI | 138 | M | | 36 | JAWORZNO | | M3 | 7 | 00:24:20 | 00:24:14 | 04:52 |
| 40 | ALAN | MICHALSKI | 129 | M | | 37 | ŁĘDZINY | | M3 | 8 | 00:24:22 | 00:24:14 | 04:52 |
| 41 | KRZYSZTOF | TEKLA | 225 | M | | 38 | ŁĘDZINY | | M4 | 13 | 00:24:25 | 00:24:24 | 04:53 |
| 42 | BARBARA | GOS | 56 | K | 4 | | MYSŁOWICE | | K5 | 1 | 00:24:26 | 00:24:26 | 04:53 |
| 43 | PAWEŁ | MAKOTA | 122 | M | | 39 | MYSŁOWICE | | M2 | 11 | 00:24:28 | 00:24:27 | 04:54 |
| 44 | SEWERYN | KACZMARCZYK | 71 | M | | 40 | KATOWICE | CROSSFIT OLDMINE KATOWICE | M4 | 14 | 00:24:28 | 00:24:28 | 04:54 |
| 45 | SEBASTIAN | RYCHLIK | 177 | M | | 41 | KLUCZE | | M4 | 15 | 00:24:35 | 00:24:35 | 04:55 |
| 46 | WOJCIECH | FOKS | 42 | M | | 42 | KATOWICE | MIĘDZYMIASTOWI WEILANDT ELEKTRONIK TEAM | M3 | 9 | 00:24:40 | 00:24:33 | 04:56 |
| 47 | DANIEL | TORBA | 226 | M | | 43 | MYSŁOWICE | | M4 | 16 | 00:24:47 | 00:24:46 | 04:57 |
| 48 | KAMIL | BILSKI | 9 | M | | 44 | BĘDZIN | #GRODZIECRUN | M2 | 12 | 00:24:55 | 00:24:55 | 04:59 |
| 49 | MIROSŁAW | ZIARKOWSKI | 253 | M | | 45 | RYBNIK | FIT MORE RYBNIK | M4 | 17 | 00:25:01 | 00:25:01 | 05:00 |
| 50 | ŁUKASZ | PAJĄCZKOWSKI | 153 | M | | 46 | MYSŁOWICE | | M4 | 18 | 00:25:02 | 00:25:00 | 05:00 |
| 51 | MARIUSZ | NYKIEL | 141 | M | | 47 | MYSŁOWICE | SOCIOS SILESIA | M3 | 10 | 00:25:02 | 00:25:02 | 05:00 |
| 52 | MARCIN | SZOCIŃSKI | 213 | M | | 48 | GLIWICE | JASNA CLIMBING TEAM | M4 | 19 | 00:25:09 | 00:25:07 | 05:02 |
| 53 | FILIP | BRACHACZEK | 15 | M | | 49 | SIEMONIA | | M4 | 20 | 00:25:20 | 00:25:13 | 05:04 |
| 54 | GOSIA | MIERZEJEWSKA | 130 | K | 5 | | MYSŁOWICE | | K4 | 3 | 00:25:23 | 00:25:23 | 05:05 |
| 55 | SERGEY | BLINOVSKY | 10 | M | | 50 | WROCLAW | | M4 | 21 | 00:25:26 | 00:25:26 | 05:05 |
| 56 | KAROL | PAWLIK | 157 | M | | 51 | TYCHY | MOSIR MYSŁOWICE | M5 | 2 | 00:25:37 | 00:25:37 | 05:07 |
| 57 | STELLA | BUDKOWSKA | 18 | K | 6 | | MYSŁOWICE | | K1 | 1 | 00:25:50 | 00:25:50 | 05:10 |
| 58 | MARIUSZ | MAGDZIORZ | 119 | M | | 52 | MYSŁOWICE | | M5 | 3 | 00:25:51 | 00:25:51 | 05:10 |
| 59 | ARTUR | PRZEGENDZA | 171 | M | | 53 | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | M4 | 22 | 00:25:54 | 00:25:51 | 05:11 |
| 60 | ADAM | ŚWIERCZ | 219 | M | | 54 | MYSŁOWICE | | M3 | 11 | 00:25:54 | 00:25:53 | 05:11 |
| 61 | PIOTR | WILK | 238 | M | | 55 | OLKUSZ | | M6 | 4 | 00:26:00 | 00:25:57 | 05:12 |
| 62 | ADAM | NĘDZA | 136 | M | | 56 | MYSŁOWICE | | M3 | 12 | 00:26:03 | 00:25:57 | 05:13 |
| 63 | PIOTR | BAWIEC | 8 | M | | 57 | JAWORZNO | | M3 | 13 | 00:26:05 | 00:26:03 | 05:13 |
| 64 | ANDRZEJ | PLICH | 166 | M | | 58 | MYSŁOWICE | | M4 | 23 | 00:26:13 | 00:26:09 | 05:15 |
| 65 | RAFAL | KOWALSKI | 95 | M | | 59 | BĘDZIN | BKB | M4 | 24 | 00:26:19 | 00:26:17 | 05:16 |
| 66 | EWA | NOWAK | 137 | K | 7 | | MYSŁOWICE | | K5 | 2 | 00:26:24 | 00:26:22 | 05:17 |
| 67 | MACIEJ | SOWA | 198 | M | | 60 | MYSŁOWICE | DEADLINE TEAM | M4 | 25 | 00:26:27 | 00:26:25 | 05:17 |
| 68 | BARTOSZ | GOMÓŁKA | 55 | M | | 61 | MYSŁOWICE | | M4 | 26 | 00:26:29 | 00:26:22 | 05:18 |
| 69 | ŁUKASZ | SŁOMIANY | 192 | M | | 62 | MYSŁOWICE | | M4 | 27 | 00:26:31 | 00:26:31 | 05:18 |
| 70 | RAFAŁ | PAWELEC | 156 | M | | 63 | WOJKOWICE | MORS HUBERTUS MYSŁOWICE | M4 | 28 | 00:26:36 | 00:26:34 | 05:19 |
| 71 | MARCIN | ŻURAW | 257 | M | | 64 | MYSŁOWICE | | M3 | 14 | 00:26:36 | 00:26:29 | 05:19 |
| 72 | GRZEGORZ | MATYSEK | 126 | M | | 65 | KATOWICE | | M3 | 15 | 00:26:37 | 00:26:36 | 05:19 |
| 73 | DOMINIK | BARTAS | 5 | M | | 66 | MYSŁOWICE | | M3 | 16 | 00:26:37 | 00:26:26 | 05:19 |
| 74 | JUSTYNA | TABORSKA | 222 | K | 8 | | JAWORZNO | | K3 | 1 | 00:26:55 | 00:26:55 | 05:23 |
| 75 | MARCIN | KUJAWSKI | 104 | M | | 67 | BIERUŃ | | M4 | 29 | 00:26:57 | 00:26:46 | 05:23 |
| 76 | PAWEŁ | BARAŃSKI | 4 | M | | 68 | JAWORZNO | | M4 | 30 | 00:26:58 | 00:26:53 | 05:24 |
| 77 | AGNIESZKA | ŁUKASZEWSKA | 115 | K | 9 | | DĄBROWA GÓRNICZA | | K4 | 4 | 00:27:00 | 00:27:00 | 05:24 |
| 78 | PRZEMYSŁAW | SROGA | 200 | M | | 69 | MYSŁOWICE | | M4 | 31 | 00:27:01 | 00:26:55 | 05:24 |
| 79 | ARKADIUSZ | SROGA | 199 | M | | 70 | MYSŁOWICE | | M4 | 32 | 00:27:04 | 00:26:58 | 05:25 |
| 80 | JOANNA | MENŻYK | 127 | K | 10 | | MYSŁOWICE | MORS HUBERTUS MYSŁOWICE | K5 | 3 | 00:27:06 | 00:27:06 | 05:25 |
| 81 | ARTUR | CZADO | 25 | M | | 71 | BĘDZIN | | M3 | 17 | 00:27:13 | 00:27:09 | 05:27 |
| 82 | KACPER | SZOSTKOWSKI | 259 | M | | 72 | ZABRZE | | M2 | 13 | 00:27:16 | 00:27:12 | 05:27 |
| 83 | RAFAŁ | SUCHECKI | 205 | M | | 73 | RUDA ŚLĄSKA | | M2 | 14 | 00:27:20 | 00:27:08 | 05:28 |

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|-----|------------|-------------|-----|---|-----|------------------|---|----|----|----------|----------|-------|
| 84 | GRZEGORZ | PINKAWA | 164 | M | 74 | KATOWICE | GISZOWIEC BIEGA RAZEM | M4 | 33 | 00:27:24 | 00:27:15 | 05:29 |
| 85 | PAWEŁ | GARNCARZ | 50 | M | 75 | BĘDZIN | BIEGOWA KUŹNIA | M5 | 4 | 00:27:26 | 00:27:26 | 05:29 |
| 86 | PIOTR | PAŁGAN | 155 | M | 76 | CZELADŹ | BREMBO | M3 | 18 | 00:27:27 | 00:27:27 | 05:29 |
| 87 | ALEKSANDRA | MAGDZIORZ | 118 | K | 11 | MYSŁOWICE | ROCKOMOTYWY | K4 | 5 | 00:27:33 | 00:27:33 | 05:31 |
| 88 | KALINA | KRUK | 97 | K | 12 | ZABRZE | II LO W ZABRZU | K1 | 2 | 00:27:33 | 00:27:33 | 05:31 |
| 89 | DAMIAN | PERUŃ | 159 | M | 77 | SOSNOWIEC | FRAJDA | M3 | 19 | 00:27:34 | 00:27:29 | 05:31 |
| 90 | SŁAWOMIR | SMOLIK | 194 | M | 78 | ŚWIĘTOCHŁOWICE | FATKILLERARMY | M5 | 5 | 00:27:37 | 00:27:35 | 05:31 |
| 91 | KAROLINA | ROGUS | 175 | K | 13 | MYSŁOWICE | | K3 | 2 | 00:27:39 | 00:27:38 | 05:32 |
| 92 | BARTOSZ | TABIŚ | 221 | M | 79 | MYSŁOWICE | | M3 | 20 | 00:27:44 | 00:27:37 | 05:33 |
| 93 | POLA | ZIARKOWSKA | 251 | K | 14 | RYBNIK | FIT MORE RYBNIK | K1 | 3 | 00:27:47 | 00:27:45 | 05:33 |
| 94 | JULIA | STOLECKA | 203 | K | 15 | IMIELIN | UKS CHROMIK MYSŁOWICE | K1 | 4 | 00:27:50 | 00:27:50 | 05:34 |
| 95 | MAREK | JAŚKOWSKI | 66 | M | 80 | SOSNOWIEC | TATA SZCZEPANA | M4 | 34 | 00:27:54 | 00:27:45 | 05:35 |
| 96 | TOMASZ | ŚWIĘTNICKI | 220 | M | 81 | BYTOM | | M4 | 35 | 00:27:57 | 00:27:50 | 05:35 |
| 97 | MAREK | SERAFIŃSKI | 183 | M | 82 | SOSNOWIEC | | M5 | 6 | 00:27:59 | 00:27:58 | 05:36 |
| 98 | ALEKSANDRA | WOJNOWSKA | 243 | K | 16 | PASZKÓWKA | | K3 | 3 | 00:28:06 | 00:28:06 | 05:37 |
| 99 | NORBERT | OWCZAREK | 152 | M | 83 | DĄBROWA GÓRNICZA | | M4 | 36 | 00:28:14 | 00:28:02 | 05:39 |
| 100 | KATARZYNA | RAJKIEWICZ | 174 | K | 17 | MYSŁOWICE | | K4 | 6 | 00:28:16 | 00:28:14 | 05:39 |
| 101 | ZBIGNIEW | MUSIAŁ | 133 | M | 84 | KATOWICE | AUGUSTEAM | M6 | 5 | 00:28:21 | 00:28:12 | 05:40 |
| 102 | NATALIA | ZAKRZEWSKA | 248 | K | 18 | MYSŁOWICE | | K2 | 2 | 00:28:22 | 00:28:19 | 05:40 |
| 103 | DOMINIKA | BRZEZIŃSKA | 17 | K | 19 | ZABRZE | SOCIOS SILESIA | K4 | 7 | 00:28:28 | 00:28:27 | 05:42 |
| 104 | ADAM | TRĄBAŁA | 229 | M | 85 | MYSŁOWICE | KILOMETRY POMOCY | M5 | 7 | 00:28:31 | 00:28:27 | 05:42 |
| 105 | IZABELA | KLICH | 86 | K | 20 | MYSŁOWICE | BIEGAMYSŁOWICE | K3 | 4 | 00:28:34 | 00:28:31 | 05:43 |
| 106 | MATEUSZ | KABOT | 70 | M | 86 | BOJSZOWY | STOWARZYSZENIE SPORTU I REKREACJI PROACTIVE | M3 | 21 | 00:28:38 | 00:28:37 | 05:44 |
| 107 | ADRIAN | CZEP CZOR | 27 | M | 87 | MYSŁOWICE | | M3 | 22 | 00:28:38 | 00:28:29 | 05:44 |
| 108 | JAN | BARTULA | 260 | M | 88 | WADOWICE | | M4 | 37 | 00:28:40 | 00:28:26 | 05:44 |
| 109 | IGOR | WITKOWSKI | 239 | M | 89 | BĘDZIN | | M1 | 4 | 00:28:44 | 00:28:43 | 05:45 |
| 110 | ANDRZEJ | SOWA | 197 | M | 90 | MYSŁOWICE | #PROJEKTMYSŁOWICE | M3 | 23 | 00:28:45 | 00:28:35 | 05:45 |
| 111 | DAWID | DRZEWIECKI | 36 | M | 91 | BĘDZIN | | M3 | 24 | 00:28:48 | 00:28:44 | 05:46 |
| 112 | TOMASZ | PIECHULA | 160 | M | 92 | KATOWICE | | M4 | 38 | 00:28:50 | 00:28:45 | 05:46 |
| 113 | WIESŁAW | MACIEJOWSKI | 117 | M | 93 | OLKUSZ | OLKUSZBIEGA | M6 | 6 | 00:28:51 | 00:28:47 | 05:46 |
| 114 | MATEUSZ | ŁUKASZEK | 114 | M | 94 | MYSŁOWICE | DEADLINE TEAM | M3 | 25 | 00:28:52 | 00:28:51 | 05:46 |
| 115 | ROBERT | WIELGUS | 236 | M | 95 | KATOWICE | DAJEM RADE | M4 | 39 | 00:28:59 | 00:28:51 | 05:48 |
| 116 | JACEK | KĘPA | 79 | M | 96 | MYSŁOWICE | | M4 | 40 | 00:29:01 | 00:28:50 | 05:48 |
| 117 | DAWID | KĄŻMIERCZYK | 78 | M | 97 | MYSŁOWICE | | M3 | 26 | 00:29:16 | 00:29:11 | 05:51 |
| 118 | MARCIN | STABRAWA | 201 | M | 98 | MYSŁOWICE | | M4 | 41 | 00:29:24 | 00:29:11 | 05:53 |
| 119 | CZESŁAW | CHRZANOWSKI | 22 | M | 99 | SOSNOWIEC | MYSŁOWICKI KLUB BIEGACZA NO 1 | M6 | 7 | 00:29:37 | 00:29:28 | 05:55 |
| 120 | MACIEJ | SIEKA | 186 | M | 100 | MYSŁOWICE | | M4 | 42 | 00:29:38 | 00:29:28 | 05:56 |
| 121 | KONRAD | WOJTANOWSKI | 244 | M | 101 | MYSŁOWICE | | M3 | 27 | 00:29:40 | 00:29:31 | 05:56 |
| 122 | ANDRZEJ | DOMBEK | 33 | M | 102 | MYSŁOWICE | BIEGAMYSŁOWICE | M5 | 8 | 00:29:44 | 00:29:43 | 05:57 |
| 123 | DARIUSZ | JAKUBOWSKI | 63 | M | 103 | TYCHY | JAKUBS TEAM | M1 | 5 | 00:29:45 | 00:29:44 | 05:57 |
| 124 | PIOTR | NOWAKOWSKI | 139 | M | 104 | SOSNOWIEC | | M3 | 28 | 00:29:47 | 00:29:35 | 05:57 |
| 125 | MAŁGORZATA | ŁUKASZEK | 113 | K | 21 | MYSŁOWICE | DEADLINE TEAM | K3 | 5 | 00:29:49 | 00:29:46 | 05:58 |
| 126 | GRZEGORZ | TARGOŃSKI | 223 | M | 105 | ZAWIERCIE | KTS CZWÓRKA ZAWIERCIE | M4 | 43 | 00:29:50 | 00:29:43 | 05:58 |
| 127 | NORBERT | LASOK | 111 | M | 106 | MYSŁOWICE | | M1 | 6 | 00:29:51 | 00:29:44 | 05:58 |
| 128 | DANIEL | KAWALEC | 76 | M | 107 | TYCHY | | M4 | 44 | 00:29:52 | 00:29:48 | 05:58 |
| 129 | ALEKSANDRA | OSMAN | 149 | K | 22 | MYSŁOWICE | | K1 | 5 | 00:29:53 | 00:29:51 | 05:59 |
| 130 | KRZYSZTOF | PIĘTA | 161 | M | 108 | SOSNOWIEC | SOSNA SOSNOWIEC | M6 | 8 | 00:29:53 | 00:29:53 | 05:59 |
| 131 | EMIL | FILIPIAK | 41 | M | 109 | SOSNOWIEC | | M1 | 7 | 00:30:02 | 00:29:58 | 06:00 |

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| 132 | GRZEGORZ | KLAMUT | 84 | M | 110 | JAWORZNO | | M3 | 29 | 00:30:04 | 00:29:59 | 06:01 |
| 133 | PRZEMEK | KURCOŃ | 105 | M | 111 | ŁĘDZINY | | M3 | 30 | 00:30:08 | 00:29:59 | 06:02 |
| 134 | ADRIAN | DUBEL | 37 | M | 112 | JAWORZNO | | M3 | 31 | 00:30:13 | 00:30:05 | 06:03 |
| 135 | BARTOSZ | OWCZAREK | 151 | M | 113 | DĄBROWA GÓRNICZA | | M1 | 8 | 00:30:15 | 00:30:03 | 06:03 |
| 136 | MAREK | CISZEWSKI | 24 | M | 114 | ZAWIERCIE | KTS CZWÓRKA ZAWIERCIE | M5 | 9 | 00:30:19 | 00:30:14 | 06:04 |
| 137 | MAREK | GAJEWSKI | 49 | M | 115 | MYSŁOWICE | BDB TEAM | M4 | 45 | 00:30:20 | 00:30:10 | 06:04 |
| 138 | AGATA | SZYMECZKO | 216 | K | 23 | OŚWIĘCIM | SKORUPA SPORT | K3 | 6 | 00:30:21 | 00:30:19 | 06:04 |
| 139 | ARTUR | SIEMION | 187 | M | 116 | SIEMIANOWICE ŚLĄSKIE | | M4 | 46 | 00:30:33 | 00:30:29 | 06:07 |
| 140 | PIOTR | SASS | 180 | M | 117 | MYSŁOWICE | SIŁA MYSŁOWICE | M4 | 47 | 00:30:35 | 00:30:28 | 06:07 |
| 141 | TADEUSZ | GŁÓD | 54 | M | 118 | JAWORZNO | | M6 | 9 | 00:30:39 | 00:30:34 | 06:08 |
| 142 | AGNIESZKA | KANIA | 73 | K | 24 | MYSŁOWICE | | K4 | 8 | 00:30:47 | 00:30:40 | 06:09 |
| 143 | MICHAŁ | SZMATLOCH | 211 | M | 119 | MYSŁOWICE | FRAJDA | M3 | 32 | 00:30:53 | 00:30:36 | 06:11 |
| 144 | KRZYSZTOF | JEŻYK | 69 | M | 120 | GLIWICE | | M3 | 33 | 00:30:54 | 00:30:51 | 06:11 |
| 145 | JACEK | SURLAS | 206 | M | 121 | GLIWICE | | M5 | 10 | 00:31:05 | 00:31:05 | 06:13 |
| 146 | MATEUSZ | KUREK | 107 | M | 122 | MYSŁOWICE | | M3 | 34 | 00:31:06 | 00:30:48 | 06:13 |
| 147 | RAFAŁ | SKUTNIK | 191 | M | 123 | MYSŁOWICE | KLUB HDK PCK BASIA | M3 | 35 | 00:31:08 | 00:30:56 | 06:14 |
| 148 | RAFAŁ | KIMZA | 82 | M | 124 | MYSŁOWICE | | M2 | 15 | 00:31:08 | 00:30:53 | 06:14 |
| 149 | KRYSTYNA | KAMIŃSKA | 72 | K | 25 | MYSŁOWICE | | K5 | 4 | 00:31:18 | 00:31:15 | 06:16 |
| 150 | DOMINIK | WRONA | 245 | M | 125 | MYSŁOWICE | | M4 | 48 | 00:31:22 | 00:31:14 | 06:16 |
| 151 | ROBERT | STOLORZ | 204 | M | 126 | MYSŁOWICE | | M4 | 49 | 00:31:26 | 00:31:09 | 06:17 |
| 152 | RAFAŁ | PSZYK | 172 | M | 127 | SOSNOWIEC | | M4 | 50 | 00:31:34 | 00:31:30 | 06:19 |
| 153 | MACIEJ | MASŁOŃ | 125 | M | 128 | ŚWIĘTOCHŁOWICE | | M3 | 36 | 00:31:35 | 00:31:32 | 06:19 |
| 154 | MAREK | OBORZYŃSKI | 143 | M | 129 | SOSNOWIEC | POGORIA BIEGA | M4 | 51 | 00:31:43 | 00:31:38 | 06:21 |
| 155 | ANNA | OBORZYŃSKA | 142 | K | 26 | SOSNOWIEC | POGORIA BIEGA | K4 | 9 | 00:31:43 | 00:31:40 | 06:21 |
| 156 | EMILIA | BARTOSZEK | 6 | K | 27 | SOSNOWIEC | | K4 | 10 | 00:31:49 | 00:31:45 | 06:22 |
| 157 | MICHAŁ | KNAFEL | 87 | M | 130 | SOSNOWIEC | STUDIO TAŃCA I FITNESS IFLY | M3 | 37 | 00:31:51 | 00:31:43 | 06:22 |
| 158 | MARCIN | KUBASZCZYK | 102 | M | 131 | SOSNOWIEC | | M3 | 38 | 00:31:52 | 00:31:38 | 06:22 |
| 159 | HENRYK | SĘK | 185 | M | 132 | SUSZEC | | M5 | 11 | 00:31:53 | 00:31:48 | 06:23 |
| 160 | WERONIKA | CZADO | 26 | K | 28 | BĘDZIN | | K2 | 3 | 00:31:57 | 00:31:54 | 06:23 |
| 161 | SŁAWEK | G | 46 | M | 133 | MYSŁOWICE | | M4 | 52 | 00:32:02 | 00:31:54 | 06:24 |
| 162 | PRZEMYSŁAW | ZDZIECHIEWICZ | 250 | M | 134 | IMIELIN | ZIELONY IMIELIN | M5 | 12 | 00:32:07 | 00:31:23 | 06:25 |
| 163 | TOMASZ | GLABA | 53 | M | 135 | JAWORZNO | PRZESUNĄĆ GRANICĘ MOŻLIWOŚCI | M4 | 53 | 00:32:09 | 00:32:03 | 06:26 |
| 164 | ADRIAN | SKOREK | 189 | M | 136 | MYSŁOWICE | | M2 | 16 | 00:32:18 | 00:32:07 | 06:28 |
| 165 | VEDAT | DOGAN | 31 | M | 137 | MYSŁOWICE | | M4 | 54 | 00:32:25 | 00:32:24 | 06:29 |
| 166 | ŁUKASZ | DESZCZYŃSKI | 30 | M | 138 | MYSŁOWICE | MORS HUBERTUS MYSŁOWICE | M3 | 39 | 00:32:28 | 00:32:18 | 06:30 |
| 167 | KRZYSZTOF | BŁANIA | 13 | M | 139 | KATOWICE | SH TAX | M6 | 10 | 00:32:29 | 00:32:28 | 06:30 |
| 168 | KRZYSZTOF | DZIWISZ | 40 | M | 140 | MYSŁOWICE | | M3 | 40 | 00:32:38 | 00:32:29 | 06:32 |
| 169 | MARCIN | LIPIŃSKI | 112 | M | 141 | MYSŁOWICE | SIŁA MYSŁOWICE | M3 | 41 | 00:32:39 | 00:32:28 | 06:32 |
| 170 | JULIA | DERES | 29 | K | 29 | CZELADŹ | | K2 | 4 | 00:32:42 | 00:32:36 | 06:32 |
| 171 | KLAUDIA | SZCZAWIŃSKA | 209 | K | 30 | KATOWICE | | K3 | 7 | 00:32:51 | 00:32:43 | 06:34 |
| 172 | AGNIESZKA | PRUSZYŃSKA | 170 | K | 31 | KATOWICE | | K2 | 5 | 00:33:05 | 00:32:51 | 06:37 |
| 173 | PIOTR | OLEKS | 147 | M | 142 | BĘDZIN | | M5 | 13 | 00:33:17 | 00:33:17 | 06:39 |
| 174 | RYSZARD | DUBIAŃSKI | 38 | M | 143 | RĘDZINY | | M6 | 11 | 00:33:22 | 00:33:17 | 06:40 |
| 175 | KAMIL | PIKUL | 162 | M | 144 | MYSŁOWICE | | M4 | 55 | 00:33:24 | 00:33:18 | 06:41 |
| 176 | TOMASZ | TRACZ | 228 | M | 145 | MYSŁOWICE | | M3 | 42 | 00:33:24 | 00:33:12 | 06:41 |
| 177 | PAULINA | KNAFEL | 88 | K | 32 | SOSNOWIEC | STUDIO TAŃCA I FITNESS IFLY | K3 | 8 | 00:33:32 | 00:33:24 | 06:42 |
| 178 | MARIAN | GRUSZKA | 57 | M | 146 | MYSŁOWICE | MORS HUBERTUS MYSŁOWICE | M6 | 12 | 00:33:33 | 00:33:23 | 06:43 |

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|-----|------------|--------------|-----|---|-----|----------------------|------------------------------|----|----|----------|----------|-------|
| 179 | ANIKA | SAPETA | 179 | K | 33 | MYSŁOWICE | | K3 | 9 | 00:33:41 | 00:33:33 | 06:44 |
| 180 | ŁUKASZ | KARCZEWSKI | 74 | M | 147 | MYSŁOWICE | | M3 | 43 | 00:34:00 | 00:33:46 | 06:48 |
| 181 | PAWEŁ | ZIĘTARA | 255 | M | 148 | SOSNOWIEC | KTS CZWÓRKA ZAWIERCIE | M4 | 56 | 00:34:11 | 00:34:04 | 06:50 |
| 182 | DARIUSZ | SZMIGIEL | 212 | M | 149 | MYSŁOWICE | TRUCHTACZ MYSŁOWICE | M5 | 14 | 00:34:15 | 00:34:03 | 06:51 |
| 183 | YEHOR | POPELNYTSKYI | 167 | M | 150 | MYSŁOWICE | | M2 | 17 | 00:34:31 | 00:34:25 | 06:54 |
| 184 | MICHAŁ | BOROWY | 14 | M | 151 | KATOWICE | | M4 | 57 | 00:34:34 | 00:34:21 | 06:55 |
| 185 | JAKUB | DROZDZ | 35 | M | 152 | BIELSKO-BIAŁA | | M4 | 58 | 00:34:43 | 00:34:33 | 06:57 |
| 186 | EDYTA | WIELGUS | 235 | K | 34 | KATOWICE | DAJEM RADEĘ | K4 | 11 | 00:34:50 | 00:34:39 | 06:58 |
| 187 | KAMIL | BACZYŃSKI | 3 | M | 153 | SIEWIERZ | FRAJDA | M3 | 44 | 00:35:02 | 00:34:53 | 07:00 |
| 188 | MIRKA | SZWEDA | 214 | K | 35 | KATOWICE | HURAGAN LIGOTA | K6 | 1 | 00:35:08 | 00:34:57 | 07:02 |
| 189 | KLEMENTYNA | ŚLIZ | 217 | K | 36 | JAWORZNO | | K4 | 12 | 00:35:26 | 00:35:21 | 07:05 |
| 190 | ANNA | PULUT | 173 | K | 37 | DĄBROWA GÓRNICZA | | K4 | 13 | 00:35:27 | 00:35:25 | 07:05 |
| 191 | PRZEMYSŁAW | MYKIETNIK | 134 | M | 154 | MYSŁOWICE | | M3 | 45 | 00:35:30 | 00:35:21 | 07:06 |
| 192 | ADAM | ZAJĄC | 247 | M | 155 | JAWORZNO | SCANFIL MYSŁOWICE | M3 | 46 | 00:35:31 | 00:35:22 | 07:06 |
| 193 | MARCIN | FRYT | 45 | M | 156 | MYSŁOWICE | BIEGAMYŚLOWICE | M4 | 59 | 00:35:33 | 00:35:26 | 07:07 |
| 194 | EWA | NADOLSKA | 135 | K | 38 | GLIWICE | | K5 | 5 | 00:35:39 | 00:35:38 | 07:08 |
| 195 | SEBASTIAN | BUDKOWSKI | 19 | M | 157 | MYSŁOWICE | | M4 | 60 | 00:35:42 | 00:35:39 | 07:08 |
| 196 | KLAUDIA | JAKUBOWSKA | 61 | K | 39 | TYCHY | JAKUBS TEAM | K1 | 6 | 00:35:46 | 00:35:44 | 07:09 |
| 197 | JOANNA | KAWALEC | 77 | K | 40 | TYCHY | | K4 | 14 | 00:35:49 | 00:35:46 | 07:10 |
| 198 | ANNA | SZYGUŁA | 215 | K | 41 | KATOWICE | MK TEAM SIEMIANOWICE ŚLĄSKIE | K5 | 6 | 00:35:56 | 00:35:50 | 07:11 |
| 199 | AGNIESZKA | TRACZ | 227 | K | 42 | MYSŁOWICE | | K4 | 15 | 00:35:57 | 00:35:45 | 07:11 |
| 200 | ŁUKASZ | KOZIOŁ | 96 | M | 158 | MYSŁOWICE | | M4 | 61 | 00:36:00 | 00:35:49 | 07:12 |
| 201 | MONIKA | KOŁTON | 92 | K | 43 | KATOWICE | | K3 | 10 | 00:36:16 | 00:36:13 | 07:15 |
| 202 | ANGELINA | BUJAK | 20 | K | 44 | MYSŁOWICE | FRAJDA | K3 | 11 | 00:36:16 | 00:36:01 | 07:15 |
| 203 | JACEK | GAJEWSKI | 48 | M | 159 | GLIWICE | STAŚ TEAM | M5 | 15 | 00:36:27 | 00:36:17 | 07:17 |
| 204 | STANISŁAW | KRZESIŃSKI | 99 | M | 160 | SOSNOWIEC | | M6 | 13 | 00:36:44 | 00:36:38 | 07:21 |
| 205 | EWA | GEMBUŚ | 52 | K | 45 | BLACHOWNIA | NORDIC TEAM CZĘSTOCHOWA | K6 | 2 | 00:36:47 | 00:36:46 | 07:21 |
| 206 | DOROTA | MAJCHRZAK | 120 | K | 46 | BLACHOWNIA | CHCE CI SIĘ | K4 | 16 | 00:36:47 | 00:36:45 | 07:21 |
| 207 | EWA | MALINOWSKA | 124 | K | 47 | MYSŁOWICE | | K3 | 12 | 00:36:47 | 00:36:38 | 07:21 |
| 208 | WERONIKA | JAKUBOWSKA | 62 | K | 48 | TYCHY | JAKUBS TEAM | K1 | 7 | 00:37:01 | 00:36:59 | 07:24 |
| 209 | ŁUKASZ | DEPTA | 28 | M | 161 | SIEMIANOWICE ŚLĄSKIE | | M4 | 62 | 00:37:05 | 00:36:53 | 07:25 |
| 210 | JADWIGA | MALEC | 123 | K | 49 | KATOWICE | | K4 | 17 | 00:37:06 | 00:37:01 | 07:25 |
| 211 | MARTA | KOŁODZIEJ | 91 | K | 50 | MYSŁOWICE | STUDIO TAŃCA I FITNESS IFLY | K4 | 18 | 00:37:12 | 00:37:03 | 07:26 |
| 212 | MARCIN | KOŁODZIEJ | 90 | M | 162 | MYSŁOWICE | | M4 | 63 | 00:37:12 | 00:37:02 | 07:26 |
| 213 | SYLWIA | AKSAMIT | 1 | K | 51 | ZAWIERCIE | KTS CZWÓRKA ZAWIERCIE | K5 | 7 | 00:37:30 | 00:37:23 | 07:30 |
| 214 | MAGDALENA | DOROBISZ | 34 | K | 52 | SOSNOWIEC | | K4 | 19 | 00:37:37 | 00:37:25 | 07:31 |
| 215 | KATARZYNA | RÓŻYCKA-FRYT | 176 | K | 53 | MYSŁOWICE | BIEGAMYŚLOWICE | K4 | 20 | 00:37:39 | 00:37:31 | 07:32 |
| 216 | ALEKSANDRA | WĘDZICHA | 232 | K | 54 | MYSŁOWICE | | K3 | 13 | 00:37:49 | 00:37:38 | 07:34 |
| 217 | AGNIESZKA | JEŻEWSKA | 68 | K | 55 | SOSNOWIEC | WIKING TEAM | K4 | 21 | 00:38:04 | 00:37:54 | 07:37 |
| 218 | MAŁGORZATA | BACIA | 2 | K | 56 | BĘDZIN | WIKING TEAM | K4 | 22 | 00:38:04 | 00:37:54 | 07:37 |
| 219 | DOMINIKA | IWAN | 59 | K | 57 | MYSŁOWICE | | K2 | 6 | 00:38:23 | 00:38:10 | 07:41 |
| 220 | GRZEGORZ | KOWALEWSKI | 94 | M | 163 | MYSŁOWICE | | M3 | 47 | 00:38:23 | 00:38:10 | 07:41 |
| 221 | URSZULA | SKOMRO | 188 | K | 58 | GLIWICE | STAŚ TEAM | K2 | 7 | 00:38:26 | 00:38:16 | 07:41 |
| 222 | JUSTYNA | KURZAWA | 108 | K | 59 | MYSŁOWICE | BIEGAMYŚLOWICE | K4 | 23 | 00:38:26 | 00:38:19 | 07:41 |
| 223 | SONIA | ODOR | 145 | K | 60 | MYSŁOWICE | SIŁA MYSŁOWICE | K3 | 14 | 00:38:28 | 00:38:16 | 07:42 |
| 224 | MONIKA | SUSZCZYK | 208 | K | 61 | MYSŁOWICE | SIŁA MYSŁOWICE | K4 | 24 | 00:38:28 | 00:38:17 | 07:42 |

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|-----|-----------|------------|-----|---|-----|-----------|----------------------------|----|----|----------|----------|-------|
| 225 | IZABELA | GAJEWSKA | 47 | K | 62 | GLIWICE | STAŚ TEAM | K5 | 8 | 00:38:33 | 00:38:22 | 07:43 |
| 226 | CZESŁAW | WIZNER | 240 | M | 164 | MYSŁOWICE | --- | M6 | 14 | 00:38:51 | 00:38:39 | 07:46 |
| 227 | PAULA | BŁACHUT | 12 | K | 63 | MYSŁOWICE | | K1 | 8 | 00:38:51 | 00:38:37 | 07:46 |
| 228 | MAJA | DOLIŃSKA | 32 | K | 64 | IMIELIN | | K2 | 8 | 00:38:52 | 00:38:37 | 07:46 |
| 229 | ALICJA | OTLINGER | 150 | K | 65 | MYSŁOWICE | | K4 | 25 | 00:39:00 | 00:38:53 | 07:48 |
| 230 | MATYLDA | ŻEBROWSKA | 256 | K | 66 | MYSŁOWICE | MORS HUBERTUS MYSŁOWICE | K5 | 9 | 00:39:00 | 00:38:47 | 07:48 |
| 231 | ANNA | JEWUŁA | 67 | K | 67 | MYSŁOWICE | BIEGAMYŚLOWICE | K4 | 26 | 00:39:00 | 00:38:54 | 07:48 |
| 232 | DAWID | DUDEK | 39 | M | 165 | MYSŁOWICE | | M4 | 64 | 00:39:32 | 00:39:24 | 07:54 |
| 233 | FELIX | WARCZEK | 231 | M | 166 | MYSŁOWICE | | M2 | 18 | 00:39:52 | 00:39:36 | 07:58 |
| 234 | ANETTA | SERAFIŃSKA | 182 | K | 68 | SOSNOWIEC | | K5 | 10 | 00:41:07 | 00:41:01 | 08:13 |
| 235 | DOROTA | PINKAWA | 163 | K | 69 | KATOWICE | GISZOWIEC BIEGA RAZEM | K1 | 9 | 00:41:11 | 00:41:02 | 08:14 |
| 236 | MAGDALENA | SZMATLOCH | 210 | K | 70 | MYSŁOWICE | FRAJDA | K5 | 11 | 00:41:39 | 00:41:24 | 08:20 |
| 237 | SYLWIA | BARTULA | 7 | K | 71 | SOSNOWIEC | | K4 | 27 | 00:41:50 | 00:41:36 | 08:22 |
| 238 | ANITA | KLEMENC | 85 | K | 72 | MYSŁOWICE | | K3 | 15 | 00:41:53 | 00:41:38 | 08:23 |
| 239 | SABINA | TARŁOWSKA | 224 | K | 73 | MYSŁOWICE | | K4 | 28 | 00:42:16 | 00:42:15 | 08:27 |
| 240 | ANNA | SOBOLEWSKA | 195 | K | 74 | MYSŁOWICE | | K1 | 10 | 00:42:34 | 00:42:28 | 08:31 |
| 241 | MIRELA | HOLEWA | 58 | K | 75 | ŁĘDZINY | | K3 | 16 | 00:43:03 | 00:43:03 | 08:37 |
| 242 | AGNIESZKA | KICZKAJŁO | 80 | K | 76 | MYSŁOWICE | | K3 | 17 | 00:43:52 | 00:43:38 | 08:46 |
| 243 | PIOTR | CHWAST | 23 | M | 167 | OLKUSZ | | M3 | 48 | 00:43:53 | 00:43:38 | 08:47 |
| 244 | EDWARD | KUREK | 106 | M | 168 | KATOWICE | | M6 | 15 | 00:49:51 | 00:49:49 | 09:58 |